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Educational Background

Ph.D.	Arizona State University	2003	Curriculum and Instruction (Physical Education)
M.S.	Texas Christian University	1998	Exercise Physiology
B.A.	Northern Kentucky University	1996	Physical Education (Recreation/Fitness)

Experience

University of Kentucky Lexington, Kentucky (5/17 - present) Position: Professor
University of Kentucky Lexington, Kentucky (5/10 – 5/17) Position: Associate Professor
University of Kentucky Lexington, Kentucky (8/04 – 5/10) Position: Assistant Professor
Cal Poly – Pomona Pomona, California (9/03 –8/04) Position: Assistant Professor

Refereed Publications

Beddoes, Z, Castelli, D., & Beighle, A. (in press). Implementing physical activity into classrooms: Teacher profiles. *Journal of Teaching Physical Education*.

Sims, M., Erwin, H. E., Abel, A., Clasey, J., Beighle, A., & Fedewa, A. (in press). Descriptive analysis of the System for Observing Dance Activities in the Classroom Environment (SODANCE). *Journal of Dance Education*.

Weaver, R. G., Beighle, A. E., Erwin, H., Whitfield, M., Beets, M. W., Hardin, J. (2018). Identifying and quantifying the unintended variability in common systematic observation instruments to measure youth physical activity. *Journal of Physical Activity and Health, 15*(9), 651-660.

Thornton, M., Erwin, H., Beighle, A. E., Abel, M. G. (2018). Relationship between physical activity and behavior in primary students. *Health Behavior Policy, 5*(6), 116-124.

Gaudreault, K. L., Kinder, C., Ivy, V., Beighle, A. E., Erwin, H. (2018). Children's physical activity levels in a physical activity focused afterschool program: A pilot study. *International Journal of Kinesiology in Higher Education*.

Beighle, A. (2018) Less is more: Thoughts on simplifying and personalizing teacher education. *Journal of Physical Education Recreation and Dance, 89*(2).

- Erwin, H., Beighle, A. E., Ash, R., Montemayor, B. (2017). Perceptions of using sit-to-stand desks in a middle school classroom. *To appear in Health Promotion Practice.*
- Johnson, C. E., Erwin, H. E., Kipp, L., & Beighle, A. (2017). Student perceived motivational climate, enjoyment, and physical activity in middle school physical education. *Journal of Teaching in Physical Education, 36*, 398-408.
- Erwin, H. E., Beighle, A., & Eckler, S.* (2017). PETE preparation for CSPAP at the University of Kentucky. *Journal of Physical Education, Recreation, and Dance. 88(1)*, 36-41.
- Weaver, R. G., Webster, C.A., Erwin, H., Beighle, A., Beets, M.W., Choukroun, H., Kaysing, N., (2016). Modifying the System for Observing Fitness Instruction Time to Measure Teacher Competencies Related to Physical Activity Promotion: SOFIT+. *Measurement in Physical Education and Exercise Science. 20(2)*, 121-130.
- Sims, M.*, Abel, M., Clasey, J., Beighle, A., Fedewa, A. & Erwin, H. (2016). Development of a system for observing dance activities in the classroom environment. (SODANCE). *Research in Dance Education*, DOI: 10.1080/14647893.2016.1150451
- Weaver, R.G., Beets, M.W., Beighle, A., Webster, C., Huberty, J., Moore, J. (2016). Strategies to Increase Afterschool Program Staff Skills to Promote Healthy Eating and Physical Activity. *Health Promotion Practice. 17(1)*, 88-97.
- Beets, M.W., Weaver, R.G., Turner-McGrievy, G., Beighle, A., Moore, J.B., Webster, C.A., Khan, M., Saunders, R. (2016) Compliance with the Healthy Eating Standards in YMCA After-School Programs. *Journal of Nutrition Education and Behavior, 48(8)*, 555-562.
- Koufoudakis, R. M.*, Erwin, H. E., Beighle, A., & Thornton, M. (2016). How feedback and goal-setting impact children's recess physical activity. *International Journal of Exercise Science, 9(4)*, 497-506.
- Weaver, R.G., Moore, J. B., Huberty, J., Freedman, D. A., Turner-McGrievy, G., Beighle, A., Ward, D. S., Pate, R., Saunders, R., Brazendale, K., Chandler, J.L., Ajja, R., Kyrlyiuk, R., Beets, M. W. (2016) Process Evaluation of Making HEPA Policy Practice: A Group Randomized Trial. *Health Promotion Practice, 17(5)*, 631-647.
- Heidorn, B., Weaver, R.G., Beighle, A. (2016) Physical Activity AND Physical Education: A Combined Approach. *Journal of Physical Education, Recreation, and Dance. 87(4)*, 6-7.
- Brazendale K., Chandler J. L., Beets M. W., Weaver R.G., Beighle A., Huberty J. L., Moore J. B. (2015). Maximizing children's physical activity using the LET US Play principles, *Preventive Medicine. doi: 10.1016/j.ypmed.2015.03.012*
- Weaver, R. G., Beets, M. W., Hutto, B., Saunders, R., Moore, J. B., Turner-McGrievy, G., Huberty, J., Ward, D. S., Pate, R., Beighle, A., & Freedman, D., (2015). Making Healthy Eating and Physical Activity Policy Practice: Process evaluation of a group randomized controlled

intervention targeting healthy eating and physical activity in afterschool programs. *Health Education Research*. 30(6), 849-865.

Beighle, A. (2015). Embracing a Brand. *Journal of Physical Education Recreation and Dance*. 86(7), 5-6.

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Brazendale, K., Beets, M.W., Weaver, R.G., Huberty, J.L., Pate, R.R., & Beighle, A. (2015). Wasting our time? Allocation versus accumulated physical activity in afterschool programs, *Journal of Physical Activity and Health*.12(8), 1061-1065.

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Weaver, R.G., Beets, M.W., Saunders, R., Webster, C., Beighle, A., (2014). A Comprehensive Professional Development Training's Effect on Afterschool Program Staff Behaviors to Promote Healthy Eating and Physical Activity. *Journal Public Health Management and Practice*. 20(4), E6-E14.

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Beighle, A., & Morrow, J. (2014). Promoting physical activity: Addressing barriers and moving forward. *Journal of Physical Education Recreation and Dance*. 85(7), 23-26.

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Huberty, J., Beets, M. W., Beighle, A., Saint-Maurice, P.F., & Welk, G. (2014). Effects of Ready for Recess, an environmental intervention, on physical activity in 3rd - 6th grade children. *Journal of Physical Activity and Health*. 11(2), 384-395.

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- Weaver, R. G., Beets, M.W., Webster, C., Beighle, A. & Huberty, J. (2012). A conceptual model for training afterschool program staffers to promote physical activity and nutrition. *Journal of School Health, 82*(4), 186-195.
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- Beets, M. W., Beighle, A., Bottai, M., Rooney, L., & Tilley, F. (2012). Pedometer-determined step count guidelines for afterschool programs. *Journal of Physical Activity and Health. 9*(1), 71-77.
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- Huberty, J.L., Beets, M.W., Beighle, A., & Welk, G.J. (2011). Environmental modifications to increase physical activity during recess: Preliminary findings from Ready for Recess. *Journal of Physical Activity and Health*. 8(Suppl), S249-S256.
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- Erwin, H. E., Abel, M., Beighle, A., & Beets, M. (2011). Effects of integrating physical activity with mathematics on activity levels. *Health Promotion Practice*. 12(2), 244-251.
- Huberty, J.L., Beets, M.W., Beighle, A., & Balluff, M. (2010). Movin after school: A community-based support for policy change in the afterschool environment. *Childhood Obesity*. 6(6), 337-341.
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- Erwin, H. E., Docheff, D., & Beighle, A. (2010). Get kids moving in the classroom. *Journal of Physical Education, Recreation and Dance*. 81(9), 15-17.
- Beighle, A., Erwin, H. E., Beets, M. W., & Morgan, C. F. (2010). Comprehensive school physical activity programs: Introduction. PElinks4u online publication at <http://www.pelinks4u.org/articles/cspap0610.htm>
- Beighle, A. (2010). Maximizing recess physical activity. PElinks4u online publication at <http://www.pelinks4u.org/articles/Beighle0610.htm>.
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Abstracts

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Books

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Chapters

- Beighle, A. E., Erwin, H., Webster, C. (2020). Physical activity during school. In R. Carson & C. Webster (Ed.), *CSPAP: Evidence-based Research to Practice*. Champaign, IL:
- Dudley, D., Beighle, A., Erwin, H., Cairney, J., Schaefer, L., and Murfay, K. (in press). Physical education based physical activity interventions. In Brusseau, T, Fairclough, S, & Lubans, D (Eds.) *The Routledge Handbook for Youth Physical Activity*. New York: Routledge
- Beighle, A. (2007). Active and Healthy Schools. In Pangrazi, R.P., *Dynamic Physical Education for Elementary School Children* (15th ed.) pp 296-308. San Francisco: Benjamin Cummings.

Beighle, A. (2007). Cooperative Skills. In Pangrazi, R.P., *Dynamic Physical Education for Elementary School Children* (15th ed.) pp 520-537. San Francisco: Benjamin Cummings.

Beighle, A. (2007). Integrating Academic Concepts. In Pangrazi, R.P., *Dynamic Physical Education for Elementary School Children* (15th ed.) pp 213-234. San Francisco: Benjamin Cummings.

Beighle, A. (2007). Lifetime Activities. In Pangrazi, R.P., *Dynamic Physical Education for Elementary School Children* (15th ed.) pp 582-608. San Francisco: Benjamin Cummings.

Position Statements, Reports, & Manuals

Beighle, A. (2012) *Increasing physical activity through recess. A research brief*. San Diego, CA: Robert Wood Johnson – Active Living Research.

Beighle, A. & Erwin, H. (2010). *Child care setting and physical activity manual*. Kentucky Department of Public Health, Frankfort, KY.

Centers for Disease Control and Prevention and National Association for Sport and Physical Education (in review). *Developing a Comprehensive School Physical Activity Program: A Guide for Schools (working title)*. Atlanta, GA

Move More After-School Collaborative (2009). *Move More North Carolina: Recommended standards for after-school physical activity*. North Carolina Division of Public Health, Raleigh, NC.

National Association for Sport and Physical Education (2008). *Comprehensive school physical activity programs: A position statement from the National Association for Sport and Physical Education*. Reston, VA.

Centers for Disease Control and Prevention (2006). *Physical education curriculum analysis tool (PECAT)*. Atlanta, GA.

Beighle, A. (2005). *Getting Kids Physically Active: A guide for after-school staff*. Lexington Fayette Urban County Government Health Department and University of South Florida Prevention Research Center.

Corbin, C., Pangrazi, R., Beighle, A., Le Masurier, G., & Morgan, C. (2004). *Physical activity for children: A statement of guidelines for children ages 5-12*. 2nd Ed. NASPE Publications.

Grants

Funded Grants

March 2015 Identifying Best Practice: Increasing Physical Activity During Physical Education. (NIH/NHLBI – R21). Co-PI – Aaron Beighle, \$275,000 under review.

- May 2011 International Perspective on School-Based Physical Activity for Youth. Submitted April 4, 2011. (University of Kentucky, Office of the Vice President for Research, Research Support Grant). Co-PI – Aaron Beighle, \$5,000 funded.
- June 2010 P 20 School Health and Wellness Lab (University of Kentucky, College of Education). Co-PI – Aaron Beighle, \$50,000 funded.
- January 2010 School-based physical activity international collaboration. (University of Kentucky, College of Education). Co-PI – Dr. Aaron Beighle; \$4,825 funded.
- December 2008 UK Physical Activity and Wellness Schools (UK PAWS) Institute Conference and Workshop Awards (UK Vice President for Research and College of Education Associate Dean’s Office) PI – Dr. Aaron Beighle; \$3000 funded.
- May 2008 Effects of environmental changes at recess on physical activity (PA) levels in socioeconomically disadvantaged children in Nebraska. (Robert Wood Johnson Foundation- Active Living Research) PI – Dr. Jennifer White; Co-I – Dr. Aaron Beighle; \$352,641 funded.
- November 2007 Relation of Children’s Perceptions of Their Environment to Physical Activity Levels: A Mixed Methodology Approach (AAHPERD Research Consortium Grant Program - Phase II application) PI – Dr. Heather Erwin; Co-I – Dr. Aaron Beighle; \$9,000 funded.
- September 2007 Fellow - *Postgraduate Course on Research Directions and Strategies in Physical activity and Public Health* hosted by the University of South Carolina Prevention Research Center and the CDC.
- September 2007 Using Pedometers to Measure Moderate Intensity Physical Activity in Youth (*Walk4Life Pedometer Grant*) PI – Dr. Aaron Beighle; \$2000 funded.
- September 2007 Improving Health through Physical Activity (University of Kentucky’s Health Education through Extension Leadership Program PI – Dr. Melody Noland; Co-I Dr. Aaron Beighle, \$60,097 funded
- June 2007 Get Healthy Kentucky Schools (Kentucky Governor’s Office for Wellness and Physical Activity) Co-PI – Dr. Aaron Beighle; \$6000 funded.
- November 2006 Integrating Kinesthetic Learning Experiences in Elementary Classrooms (University of Kentucky – College of Education) PI – Dr. Heather Erwin; Co-I – Dr. Aaron Beighle; \$6,000 funded.
- December 2003 Travel funding for presentations at AAHPERD convention in New Orleans, LA. (*Cal Poly – Pomona – Faculty Center for Professional Development Grants*); \$900 funded.

- November 2003 Examining the physical activity levels of students during discretionary time (*Research, Scholarship, and Creative Activities Program (RSCS) – California Faculty Association*) PI – Dr. Aaron Beighle; \$3000 funded.
- November 2003 Travel funds to present at the AAHPERD convention in New Orleans, LA (*Cal Poly Pomona – CLASS College Travel Grant*); \$600 funded.
- September 2003 Examining the physical activity of children (*Walk4Life Pedometer Grant*) PI – Dr. Aaron Beighle; \$8000 funded.

Grant Proposals

- June 2014 Identifying Best Practice: Increasing Physical Activity During Physical Education. (NIH/NHLBI – R21). Co-PI – Aaron Beighle, \$275,000 requested.
- March 2013 Presidential Youth Fitness Program Evaluation. (Presidential Youth Fitness Program). Co-PIs – Aaron Beighle & Heather E. Erwin; \$706,018 requested.
- December 2012 Promoting healthy lifestyles in children by implementing CHANGE!: A school-based physical activity and healthy eating intervention. (Bupa Foundation Multi-Country grant). PI – Stuart Fairclough; Co-I – Heather E. Erwin; \$1,213,655 requested.
- September 2011 A One-year Study of CSPAP Implementation by Two Cohorts of Certified Directors of Physical Activity. Submitted September 15, 2011. (National Association for Sport and Physical Education Research Consortium, \$30000 requested).
- August 2011 Building the Next Generation of Active Youth through Directors of Comprehensive School Physical Activity Programs. Submitted August 1, 2011. (Robert Wood Johnson Foundation – Active Living Research Rapid Response, \$150,000 requested). Co-PI Dr. Aaron Beighle
- April 2011 International Perspective on School-Based Physical Activity for Youth. Submitted April 4, 2011. (University of Kentucky, Office of the Vice President for Research, Research Support Grant, \$4,098 requested). Co-PI-Dr. Heather Erwin, Dr. Aaron Beighl
- October 2010 PAWS (Physical Activity and Wellness Supervisors) for Good Health in Schools. (Foundation for a Healthy Kentucky, Kentucky Healthy Futures Initiative, \$787,488 requested). PI- Dr. Heather Erwin, Co-I – Dr. Aaron Beighle
- October 2010 Connect UK-US New Partnership Fund. (British Council Connect: A Meeting of Minds, \$20,000 requested). PI-Dr. Stuart Fairclough, Co-I – Dr. Aaron Beighle
- May 2009 The effects of structured v autonomy supportive activity opportunities on children's afterschool program PA. (Robert Wood Johnson Foundation- Active Living Research) PI – Dr. Aaron Beighle; \$399,896 not funded.

- January 2009 ¡A Mover y Aprender Cardinal Valley! Submitted February 4, 2009. (Salud America! - Robert Wood Johnson Foundation) PI – Dr. Heather Erwin; Co-I – Dr. Aaron Beighle; \$73, 864 not funded.
- September 2006 Impact of Perceived Access and Physical Activity Preferences on Children’s Physical Activity Levels (AAHPERD Research Consortium Grant Program - Phase II application) PI – Dr. Aaron Beighle; \$15,000 not funded.
- June 2005 Promoting physical activity through quality physical education (University of Kentucky Research Support Grant) PI- Dr. Aaron Beighle; \$17,160 not funded.
- November 2005 Community based childhood obesity prevention (Robert W. Johnson Foundation and Injury Prevention Coalition for Kids) PI – Dr. Susan Pollack; Co-I – Dr. Aaron Beighle; \$60,000 not funded.
- December 2005 Promoting physical activity for Kentucky’s youth (University of Kentucky, Summer Faculty Fellowship Program) PI – Dr. Aaron Beighle; \$6,000 not funded.
- October 2004 An Intervention to Promote Walking to School as a Means to Increase Physical Activity (AAHPERD Research Consortium Grant Program) PI – Dr. Kim Miller, Co-I – Dr. Aaron Beighle; \$5,000 not funded.
- December 2004 School-based Physical Activity Decreases Body Mass Index (RFA-ES-04-003, entitled “Obesity and the Built Environment”) PI – Dr. Joan Griffith; Co-I – Dr. Aaron Beighle; \$250,000 not funded.
- December 2004 The Built Environment as a Contributor to Obesity in School-aged Children. (RFA-ES-04-003) entitled “Obesity and the Built Environment”) PI – Dr. Janet Kurzynke; Co-I – Dr. Aaron Beighle; \$250,000 not funded
- December 2004 Understanding the Physical Activity Levels of Kentucky’s Youth (University of Kentucky, Summer Faculty Fellowship Program) PI – Dr. Aaron Beighle; \$6,000 not funded.
- April 2003 Making every step count: A program to increase the physical activity of children via pedometer implementation in physical education (*Carol M White Physical Education Program (PEP) Grant*) Co-PI – Mrs. Deb Pangrazi; Co-PI – Dr. Aaron Beighle; \$250,000 not funded.

Presentations

Keynotes

Beighle, A. Shanghai America School Physical Education In-Service. “Making your physical education program yours”. Invited presentation (2018)

Beighle, A. Changing how we keep score in physical education. Wisconsin Best Practices in PE Health Conference. Invited Presentation (2018)

- Beighle, A. Butterflies and Dominoes. El Paso Public Schools Annual Kick Off Day. Invited Presentation.
- Beighle, A. (2015). Butterflies and Dominos: Thriving in Physical education. Keynote presentation at the Asian Pacific Physical Education Conference. Hong Kong, China. November, 2015
- Beighle, A. (2013). Recess: The good, the bad, and the ugly. Keynote presentation at the Southwest District AHPERD conference. Las Vegas, NV. March, 2013
- Beighle, A. (2012). Physical activity: A leading learning indicator. Keynote presentation at the Minnesota Action for Health Kids Conference. Minneapolis, MN. December 2012
- Parker, M., and Beighle, A. (2012). Moving beyond either/or: Building common ground in physical education. Keynote presentation at the NASPE Physical Education Teacher Education Conference. Las Vegas, NV. October 2012.
- Beighle, A. (2012). Comprehensive School Physical Activity Programs. Keynote presentation to the Nebraska Action for Healthy Kids Conference. Lincoln, NE. May 2012.
- Beighle, A. (2011). Branding the Profession. Keynote Address: West Virginia Association for Health and Physical Education. Annual State Conference. Sutton, WV. October 2011.
- Beighle, A. (2011). School-based physical activity promotion. Keynote presentation at the West Virginia Health and Physical Education Academy. Sutton, WV. July 2011.
- Beighle, A. (2009). *Getting Kids Physically Active*. Keynote presentation at the Kentucky Coalition for School Age Childcare Annual Conference. March 11, 2009, Louisville, KY.
- Beighle, A. (2006). *Active healthy schools: A culture*. Keynote presentation made at the Kentucky Growing Healthy Kids conference, Lexington, KY. November 2006.

National

- Beighle, A., & Erwin, H. E. (2016, April). *Branding physical education: Capitalizing on SHAPE America's "Health.Moves.Minds."* Oral presentation at the Society for Health and Physical Educators Conference, Minneapolis, MN.
- Weaver, R.G., Huberty, J., Moore, J.B., Freedman, D., Turner-McGrievy, G., Beighle, A., Ward, D., Pate, R., Saunders, R., Beets, M.W. (2016, March) *Making Healthy Eating and Physical Activity Policy Practice: Process Evaluation of Group Randomized Controlled Trial*. Poster presented at the Active Living Research Conference, Clearwater, FL.
- Moore JB, Singletary CR, Carson RL, Pate RR, Beighle AE, Castelli DM, Webster CA, Peluso AG, Beets MW (2016, February). An implementation framework for comprehensive school physical activity programs: Be a Champion! Annual Meeting, Active Living Research, Clearwater Beach, FL.
- Weaver, R.G., Huberty, J., Freedman, D, Turner-McGrievy, G., Beighle, A., Ward, D., Pate, R., Hutto, B., Saunders, R., and Beets, M.W. (2015, February). Process Evaluation of a

Complex Policy Intervention: Targeting physical activity in afterschool programs. Poster presented at the Active Living Research Conference, San Diego, CA.

Beighle, A., & Erwin, H. E. (2015, March). Motivation in the gym: Theory to practice. Presentation at the Society for Health and Physical Educators Conference, Seattle, WA.

Erwin, H. E., & Beighle, A. (2015, October). Physical education for the classroom teacher course – Using a CSPAP approach. Oral presentation at the Physical Education Teacher Education Conference, Atlanta, GA.

Beighle, A., & Erwin, H. E. (2015, October). CSPAP, PETE, and PA...Oh My! Oral presentation at the Physical Education Teacher Education Conference, Atlanta, GA.

Carson, R. L., Pulling, A. C., Wolak, M. A., Castelli, D. M., & Beighle, A. (2014, April). *Facilitators and inhibitors of the DPA program and CSPAP implementation*. Research paper accepted for oral presentation at the annual meeting of the American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO.

McKey, K., Pulling, A. C., Randazzo, K. D., Raguse, A. L., Castelli, D. M., Beighle, A., & Carson, R. L. (2014, April). Schoolwide physical activity programs delivered by Directors of Physical Activity. In R. L. Carson (Chair), *Examples of comprehensive school physical activity program intervention research*. Symposium accepted for presentation at the annual meeting of the American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO.

Beighle, A. (2014, February). *Achieving relevance in PE*. Presentation at the Southern District Alliance for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.

Beighle, A., & Erwin, H. E. (2014, February). *Using a four part lesson in PE*. Presentation at the Southern District Alliance for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.

Erwin, H., Beighle, A. E., (2014, April). Incorporating active assessments in physical education. American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO.

Erwin, H. E., Beighle, A., Moore, E., Thornton, M., & Johnson, C. (2014, February). *Teaching fitness activities K-12*. Presentation at the Southern District Alliance for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.

Erwin, H. E., & Beighle, A. (2014, February). *Boosting physical activity during physical education time*. Presentation at the Southern District Alliance for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.

Erwin, H., Beighle, A. E., Johnson, C., Moore, E., Thornton, M., Benton, D., (2014, April). *Impact of professional development on student activity during physical education*. American Alliance for Health, Physical Education, Recreation and Dance. St. Louis, MO

Beighle, A., & Erwin, H.E. (2013). Maximizing Physical Activity in Physical Education. Presentation at the AAHPERD National Conference. Charlotte, NC. April 2013.

- Beighle, A., & Erwin, H. E. (2013). *PECAT for Higher Education Institutions*. Invited presentation at the American Cancer Society/Centers for Disease Control and Prevention Advanced Academy, Atlanta, GA. February, 2013.
- Beighle, A., & Erwin, H. E. (2013). *Implementing classroom-based physical activity and HOPSports*. Presentation at John Cooper School, The Woodlands, TX. January, 2013.
- Erwin, H., Beighle, A. E., Fedewa, A. L., Candelaria, A., Schwartz, J., (April 2013) *Relationship between physical activity and student behaviors: An exploratory study* American Alliance for Health, Physical Education, Recreation and Dance, Charlotte, NC.
- Beighle, A., and Castelli, D. (2012). PETE and the Director of Physical Activity: A conversation. Presentation at the NASPE Physical Education Teacher Education Conference. Las Vegas, NV. October 2012.
- Van der Mars, H., McKenzie, T., Lounsbery, M., Beighle, A., and Kanters, M. (2012). Advocacy for physical education policy development: Calling all PETE faculty. Presentation at the NASPE Physical Education Teacher Education Conference. Las Vegas, NV. October 2012.
- Erwin, H., Beighle, A. Benton, D., Scanlan, T., and Wooten, S. (2012). Physical activity and physical education: One district's move to improve. Poster presentation at the NASPE Physical Education Teacher Education Conference. Las Vegas, NV. October 2012.
- Beighle, A. (2012). CDC's guide for integrating the Physical Education Curriculum Analysis Tool into PE teacher prep programs. Presentation at the NASPE Physical Education Teacher Education Conference. Las Vegas, NV. October 2012.
- Beighle, A., (2012). Quality physical education: The role of standards. Invited presentation to the Mississippi 2012 Standards Revision Committee. Jackson, MS. July 2012.
- Beighle, A. and Lee, S. (2011). Assessing physical activity with pedometers. Webinar for PEP Grant recipients. Washington, D.C. November 2011.
- Beighle, A., and Erwin, H. E. (2011). Dynamic Physical Education within the United Kingdom framework. Invited presentation at Liverpool John Moores University in Liverpool, England. November 2011.
- Erwin, H. E., and Beighle, A. (2011). Implementing Dynamic Physical Education in the secondary schools. Invited presentation at Liverpool John Moores University in Liverpool, England. November 2011.
- Beighle, A., and Erwin, H.E. (2011). Lessons Learned: Implementing Classroom Physical Activity. Presentation at the National Conference for the American School Health Association. Louisville, KY. October 2011.
- Beighle, A., Lepore, M., and Abbadessa, E. (2011). Physical Education: The Foundation. NASPE CSPAP Webinar Series. Reston, VA. October 2011.
- Beighle, A. (2011). Comprehensive School Physical Activity Programs. Invited presentation at the GOPHER PEP Summit 2011. Owotonna, MN. October 2011.

Beighle, A. (2011). *Physical Education Curriculum Analysis Tool*. Sterling, KS. September 2011.

Carson, R. Castelli, D., Beighle, A., Roberts, G., Moore, M. and Ward, K. (2011). NASPE Director of Physical Activity Training. Fort Worth TX. June 2011

Castelli, D., Beighle, A., and Carson, R. (2011). NASPE Director of Physical Activity Training. Wichita, KS. July 2011.

Beighle, A., Carson, R., and Castelli, D. (2011). NASPE Director of Physical Activity Training. Kansas City, KS. July 2011.

Beighle, A., Carson, R., and Castelli, D. (2011). Learn about the NASPE Director of Physical Activity Training and Certification Program. Presented at the American Alliance for Health Physical Education Recreation and Dance. San Diego, CA. March 2011

Beighle, A., Huberty, J., and Beets, M.(2011) Environmental modification to increase physical activity during recess: Preliminary findings from Ready for Recess. Presented at the Active Living Research Conference. San Diego, CA. February 2011

Beighle, A. (2010). *Physical Education Curriculum Analysis Tool*. Austin TX. November 2010.

Beighle, A. (2010). Picture this: Physical activity in the schools. CDC DASH Adolescent and School Health Partner Meeting. Kansas City, MO. October 2010.

Beighle, A. (2010). *Physical Education Curriculum Analysis Tool*. Jackson MS. October 2010.

Erwin, H. & Beighle A. (2010). Effectiveness of a low-cost classroom based physical activity intervention. Presentation at the National Conference for the American School Health Association. Kansas City, MO. October 2010

Beighle, A. (2010). *Physical Education Curriculum Analysis Tool*. Woodstock IL. August 2010.

Beighle, A. (2010). School-based physical activity promotion: Maximizing minutes. Invited presentation at the Virginia Summit on Childhood Obesity. Richmond, VA. May 2010

Beighle, A. (2010). *Physical Education Curriculum Analysis Tool*. Bridgewater, NJ. February 2010.

Bergeson, C., Beighle, A., Chriqui, J., Schneider, L., & Topper, L. (2009). What it takes to achieve high physical activity and physical education standards in schools. Invited panel presentation at the Weight of the Nation conference. Washington, DC. July 2009.

Beighle, A (2009). Leading school-based physical activity promotion: The role of the physical educator. Presentation at the National Association for Sport and Physical Education's Physical Education Teacher Educators Conference. Myrtle Beach, SC, October, 2009.

Beighle, A. (2009). *Physical Education Curriculum Analysis Tool*. Bridgewater, NJ. October 2009.

Beighle, A, Beets, M.W, Erwin, H., & Morgan, C. F. (2009). School-Based Physical Activity

Promotion for Youth: A Comprehensive Approach. Tutorial presentation at the annual meeting of the American Alliance for Health Physical Education Recreation and Dance. Tampa, FL. April 2009

Beets, M. W., Beighle, A., Erwin, H. E., & White, J. (2009). Impact of After-School Programs to Increase Physical Activity: A meta-analysis. Paper presented at the AAHPERD National Convention and Exposition. Tampa, FL. April 2009

Beighle, A. (2009). *Physical Education Curriculum Analysis Tool*. Jackson, MS. February 2009.

Beighle, A. (2008). *Physical Education Curriculum Analysis Tool*. Muncie, IN. October 2008.

Beighle, A. (2008). Getting more for your movement: Maximizing physical activity experiences. Presentation at the Dreaming a Lean and Green School: A Symposium on Healthy Food, Fitness and Environments, Denver, CO. September 2008

Miller, A. D., Erwin, H., Abel, M., & Beighle, A. (2008). *Making math move: The influence of integrated physical activity on elementary students' math motivation*. Poster presented at the American Educational Research Association, New York, NY.

Beighle, A. (2008). *Physical Education Curriculum Analysis Tool*. Pre-conference workshop at the Virginia Health and Physical Activity Institute. Harrisonburg, VA July 2008.

Beighle, A. & Beets, M. (2007). *Effects of a comprehensive physical activity program: Using school wellness policies to promote physical activity*. Poster presentation at the annual American Public Health Association meeting. Washington, D.C. November 2007.

Beighle, A. and Erwin, H. (2007). Creating a physical activity culture in schools: A physical activity director approach. Presentation at the Physical Activity in Contemporary Education Conference. Champaign, IL. September 2007.

Erwin, H. and Beighle, A. (2007). The Influence of Integrating Kinesthetic Learning Experiences in Elementary Classrooms. Presentation at the Physical Activity in Contemporary Education Conference. Champaign, IL. September 2007.

Beighle, A. (2007). *Physical Education Curriculum Analysis Tool*. Pre-conference workshop at the Virginia Health and Physical Activity Institute. Harrisonburg, VA July 2007.

Beighle, A. (2007). *Physical Education Curriculum Analysis Tool*. Pre-conference workshop at the Tennessee Association for Health Physical Education Recreation and Dance; Franklin, TN.

Griffith, J., Gantz, S., & Beighle, A. (2006). *Pediatric overweight: Bringing it home*. Workshop presented at the annual Pediatric Academic Societies meeting. April 29-May 2, 2006, San Francisco, CA.

Beighle, A. (2006). *Getting Kids Physically Active*. Teleconference presentation sponsored by the Centers for Disease Control. December 13, 2006.

Beighle, A. & Morgan, C. (2006). *Using pedometers in physical education*. Presentation at the annual meeting of the American Alliance for Health Physical Education Recreation and Dance, April 25-29, 2006, Salt Lake City, UT.

Morgan, C.F, Beighle, A., & Pangrazi, R.P. (2005). *Does physical education benefit the least active children?* Oral presentation made at the annual conference of the American Alliance for Health Physical Education Recreation and Dance, Chicago, IL.

Pangrazi, R. P., Beighle, A., Geigert, N., Tighe, F., & DeLine, J. (2004). *The changing face of elementary school: Childhood obesity*. AAHPERD National Convention, New Orleans, Louisiana.

Darst, P., Darst, C., Beighle, A., & Anderson, T. (2004). *University PETE programs and experienced teachers: A collaborative approach to professional development*. AAHPERD National Convention, New Orleans, Louisiana.

Darst, P., Darst, C., Morgan, C.F., & Beighle, A. (2004). *Promoting physical activity with middle school students: Innovative fitness ideas, introductory activities, and novel sports and games*. Southwest AHPERD Annual Conference, Santa Fe, New Mexico.

Vincent, S.D., Prusak, K., & Beighle, A. (2003). *Using pedometers and self-fitness testing to promote lifestyle physical activity*. Northwest District, Southwest District, and State of Nevada American Alliance for Health, Physical Education, Recreation and Dance Combine Conventions. Reno, Nevada.

Pangrazi, R.P., Darst, P.W., Orlowicz, C., Beighle, A., & Morgan, C.M. (2003). *Motivating and monitoring physical activity for all*. Northwest District, Southwest District, and State of Nevada Association for Health, Physical Education, Recreation and Dance Combined Conventions. Reno, Nevada.

Pangrazi, R.P., Pangrazi, D., Prusak, K., Vincent, S.D., & Beighle, A. (2002). *Management, pedometers, and physical fitness*. American Alliance for Health, Physical Education, Recreation, and Dance Annual Meeting. San Diego, CA.

Corbin, C.B., Pangrazi, R.P., Vincent, S.D., & Beighle, A. (2002). *Physical activity for children: Preparing future guidelines*. American Alliance for Health, Physical Education, Recreation, and Dance Annual Meeting. San Diego, CA.

International

Beighle, A. & Erwin, H. (2015). Maximizing physical activity during physical education. Asian Pacific Physical Education Conference. Hong Kong, China. November, 2015

Erwin, H. & Beighle, A. (2015). Motivating students in physical education. Asian Pacific Physical Education Conference. Hong Kong, China. November, 2015

Beighle, A., & Erwin, H. E. (2011). *Dynamic Physical Education within the United Kingdom framework*. Presentation at Liverpool John Moores University in Liverpool, England. November, 2011.

Erwin, H. E., & Beighle, A. (2011). *Implementing Dynamic Physical Education in the secondary schools*. Presentation at Liverpool John Moores University in Liverpool, England. November, 2011.

State

Beighle, A. and Erwin, H. (2011). Do we have to run the mile today? Presented at the annual conference for the Kentucky Association for Health Physical Education Recreation and Dance, Lexington, KY. November 2011.

Beighle, A. (2011). Let's Move in Kentucky Schools. Presented at the annual conference for the Kentucky Association for Health Physical Education Recreation and Dance, Lexington, KY. November 2011.

Beighle, A. (2011). Putting the PHYSICAL back in physical education. Presented at the annual conference for the Kentucky Association for Health Physical Education Recreation and Dance, Lexington, KY. November 2011.

Beighle, A. Comprehensive School Physical Activity Programs. Kentucky School Boards Association NASBE Physical Activity Advisory Council Meeting. Frankfort, KY. March 2011.

Beighle, A., & Benton, D. School physical activity promotion. Kentucky Safe and Health Schools Conference. Louisville, KY. November 2010.

Beighle, A. & Erwin, H. Maximizing physical activity during the school day. Action for Health Kids professional development. Beattyville, KY. November 2010.

Beighle, A. (2010). Physical activity in schools: Impacting learning and health. At Louisville Health Schools Symposium, Louisville, KY. June 2010.

Erwin, H. & Beighle, A. (2010). School physical activity. At Kentucky Education Collaborative for State Agency Children Annual Conference. Richmond, KY. July 2010

Beighle, A. (2007). *Quality Physical Education*. Presentation at the Kentucky Regional School-based Physical Activity Conference, October 4, 2007, Grayson, Kentucky (Presented at 4 other locations throughout Kentucky).

Beighle, A. (2007). *Physical Activity in the Classroom*. Presentation at the Kentucky Regional School-based Physical Activity Conference, October 4, 2007, Grayson, Kentucky. (Presented at 4 other locations throughout Kentucky)

Beighle, A. (2007). *Using Recess to Increase Physical Activity*. Presentation at the Kentucky Regional School-based Physical Activity Conference, October 4, 2007, Grayson, Kentucky. (Presented at 4 other locations throughout Kentucky)

Beighle, A. (2007). *School-based physical activity promotion*. Presentation at the Family Resource Youth Service Centers Annual Victory over Violence Conference, July 12, 2007.

Beighle, A. (2007). *The PECAT: A brief overview*. Presentation at the Kentucky Physical Activity Conference. February 23, 2007; Louisville, Kentucky.

- Beighle, A. (2007). *Physical Education Curriculum Analysis Tool*. Pre-conference workshop at the Kentucky Physical Activity Conference. February 22, 2007; Louisville, Kentucky
- Beighle, A. (2007). *Physical Activity in the Schools*. Presentation made at the meeting of the Family Resource Youth Service Centers Northern Kentucky Region. February 1 and 6, 2007, Florence, Kentucky.
- Beighle, A. (2005). *An active overview of physical education*. Invited presentation at the Health Promotions Schools of Excellence Institute, June 7th, Louisville, Kentucky.
- Beighle, A. (2005). *Physical activity and learning: What can schools do?* Invited presentation at the Coordinated School Health Institute, June 22nd, Lexington, Kentucky.
- Beighle, A. (2005). *Monitoring student physical activity level: Using the Activitygram*. Invited presentation for the Practical Living Academy at Eastern Kentucky University, June 29th, Richmond, Kentucky.
- Beighle, A. (2005). *Promoting physical activity in the schools*. Invited presentation at the Coordinated School Health Institute, July 18th, Bowling Green, Kentucky.
- Beighle, A. (2005). *Using pedometers to enhance physical education*. Presented at the annual conference for the Kentucky Association for Health Physical Education Recreation and Dance, October 28th, Louisville, Kentucky.
- Beighle, A. (2005). *Physical activity, physical fitness, and academic achievement*. Presented at the annual conference for the Kentucky Association for Health Physical Education Recreation and Dance, October 29th, Louisville, Kentucky.
- McElwain, P, Beighle, A., Donica, B, Wagoner, C., Benton, D., Ciarroccki, B. & Adams-Blair, H. (2005). *What does the physical activity and nutrition bill mean to you?* Presented at the annual conference for the Kentucky Association for Health Physical Education Recreation and Dance, October 29th, Louisville, Kentucky.
- Beighle, A. (2004). *Using pedometers in schools*. Invited presentation at Kentucky's Physical Activity Committee meeting, Frankfort, KY.
- Beighle, A. & Metzker, A. (2004). *Using pedometer in physical education*. California Association for Health Physical Education Recreation and Dance Convention, Pasadena, California.
- Beighle, A. & Ernst, M. (2004). *Physical activity and physical fitness for youth*. California Association for Health Physical Education Recreation and Dance Convention, Pasadena, California.
- Beighle, A., Jones, B., & Smith, J. (2002). *Using pedometers, fitness routines and fitness self-testing to promote physical activity*. Texas Association for Health Physical Education Recreation and Dance Annual Meeting. Fort Worth, Texas.
- Beighle, A., Jones, B., & Brockhagen, K. (2002). *Teaching responsible behavior in elementary physical education*. Texas Association for Health Physical Education Recreation and

Dance Annual Meeting. Fort Worth, Texas.

Beighle, A., & Morgan, C.F. (2002). *Pedometer activities to promote lifestyle activity*. Arizona Association for Health, Physical Education, Recreation, and Dance Annual Meeting. Tucson, AZ.

Beighle, A. (2002). *Pedometers in the school setting*. Arizona/Nevada Summit. Kingman, AZ.

Orlowicz, C., & Beighle, A. (2002). *Education through movement*. Washington School District Summer Academy 2002. Phoenix, AZ.

Fairfield, G., Darst, C. & Beighle, A. (2001). *Using pedometers in the school setting*. Arizona Association for Health, Physical Education, Recreation, and Dance Annual Meeting. Phoenix, AZ.

Graduate Student Masters and Doctoral Committees

Masters or Rank II committee

Emily Brenner – Co-Chair (Masters/Thesis)
Justin Nichols – Committee Member (Masters/Thesis)
Jackie Branham – Committee Member (Masters/Thesis)
Miles Noland – Committee Member (Rank II)
Amy Crumbaugh – Chair (Masters)
Seth Eckler – Chair (Masters/Thesis)
Jenna Schwartz – Chair (Masters/Thesis)
Ryann Koufadakis – Committee Member (Masters/Thesis)
Beth Eddy – Committee Member (Masters/Thesis)
Jerry Smith – Committee Member (Masters)
Paul Ciurlys – Committee Member (Masters)
Adam Borman – Committee Member (Masters)
John Kimbel – Committee Member (Masters)

Doctorate or Rank I committee

Jill Day – Committee Member (Doctorate/Dissertation)
Lisa Carr – Committee Member (Rank I)
Kathy Yeary – Committee Member (Rank I)
Justin Nichols – Co-Chair
AJ Mortar - Co-Chair
Meredith Sims – Committee Member
Eric Moore – Chair
Christine Johnson – Committee Member
Michelle Thornton – Committee Member
Paul Lovelace – Committee Member
Jill Priesmeyer – Committee Member
Seth Eckler – Chair
Ken Murfay - Chair
Lauren Willis – Committee Member

Teaching

KHP 250 – Teaching Teams Sports (2 semesters)
KHP 260 - Teaching Individual Activities (5 semesters)

KHP 263 – Curriculum Design and Development for Development Sport Skills (5 semesters)
KHP 280 – Introduction to Coaching
KHP 360 – Elementary Physical Education Methods (2 semesters)
KHP 361 – Field Experiences (Health Education/Physical Education)
KHP 369 – Student Teaching – Physical Education
KHP 382 – Physical Education for the Classroom Teacher
KHP 546 – Teaching Effectiveness (2 semesters)
KHP 546 – Promoting Lifelong Physical Activity for Youth (2 semesters)
KHP 602 – Promoting Lifelong Physical Activity for Youth

Service

Department

Student Teaching Coordinator
University Supervisor for Student Teachers
Search Committee – Pedagogy Position 2005
Search Committee – Pedagogy Position 2006
NCATE 2007 Initial Program Committee
NCATE 2007 Advanced Program Committee
Lovaine Lewis Scholarship Selection Committee 2009
Lovaine Lewis Scholarship Selection Committee 2010
UK Physical Activity Wellness Schools Institute – Co-Director 2009-present
Tenure and Promotion Rubric Committee - Chair

College

College of Education Undergraduate Retention Recruitment for Student Success Committee
College of Education Professional Development Committee
College of Education Inclusiveness Task Force
College of Education NCATE standard 3 committee
College of Education Courses and Curriculum committee
College of Education Faculty Council (Alternate Fall 2014)

University

Institutional Review Board – Non medical alternate member

Local

Lexington Fayette County Health Department Tweens Nutrition and Fitness Coalition.
Fayette County Public Schools Physical Education Curriculum Committee – Chair
Fayette County Public Schools Health Advisory Board
Fayette County Public Schools Physical Education Professional Development Provider

State

UK Regional Representative for “Commonwealth Governor’s Wellness Summit”
Grant Reviewer, Associated Students of Arizona State University (2003)
AzAHPERD Board of Directors (2000-2001)
Kentucky Action for Healthy Kids Task Force
Reviewer for Get Moving Kentucky! Youth health lesson plans
Action for Healthy Kids Bluegrass Region Member
Kentucky Physical Activity Advisory Board
Kentucky Physical Activity Conference Planning Committee
KAHPERD Physical Education Summer Workshop Co-Chair

HEEL nominee for the National Physical Activity Guidelines Advisory Committee
Kentucky Board of Education School Health Committee – National Association of School Boards
of Education Project
Kentucky Physical Activity Advisory Board – Chair
Kentucky Coordinated School Health Advisory Council
Kentucky Action for Health Kids Advisory Committee
Kentucky Department of Education Coordinated School Health Higher Education Committee

National

NASPE Physical Education Teacher Education Conference Planning Committee (2006).
NASPE Elementary Physical Education Teacher of the Year Selection Committee (2007)
Reviewer for the Center for Disease Control and Prevention’s Health Education Curriculum
Analysis Tool
Trainer for the Centers for Disease Control and Prevention’s Physical Education Curriculum
Analysis Tool
Contributing Writer for the Center for Disease Control and Prevention’s Physical Education
Curriculum Analysis Tool
National Association for Sport and Physical Education Teacher of the Year Selection Committee
(2004)
Column editor for *Teaching Elementary Physical Education (2003-2006)*
Manuscript reviewer for *Teaching Elementary Physical Education*
Manuscript reviewer for *Quest*
Manuscript reviewer for *Research Quarterly for Exercise and Sport*
Session Presider – Free Communication Session, AAHPERD National Conference 2009, Tampa,
FL.
National Physical Activity Plan. Invited member of the Working Group for the Education sector.
Centers for Disease Control. Invited member or writing team for “Developing a Comprehensive
School Physical Activity Program: A Guide for Schools (*working title*).
NASPE Physical Education Steering Committee
NASPE Physical Education Steering Committee – Chair
NASPE Director of Physical Activity Task Force
National Physical Activity Plan – Education Sector academic representative
NASPE Delegate Representative for the Physical Education Steering Committee
Research Consortium Student Works-in-Progress Poster Session Mentor 2011
NASPE PETE Luncheon Presider 2011
AAHPERD Let’s Move in Schools – Task Force
Let’s Move Active Schools Physical Activity Leader Training Development
Let’s Move Active Schools Physical Activity Leader Lead Trainer for Train the Trainer

Honors and Awards

Fellow – 2007 Postgraduate Course on Research Directions and Strategies in physical Activity and
Public Health.

Metzler-Freedman Exemplary Paper Award – Journal of Teaching in Physical Education for “Systematic success in physical education: The east valley phenomenon. Prusak, K., Pennington, T., Graser, S., Beighle, A. & Morgan, C.

American Educational Research Association *Exemplary Paper Award - Research Learning and Instruction in Physical Education Special Interest Group* for Sallis, J.F., McKenzie, T.L., Beets, M.W., Beighle, A., Erwin, H., & Lee, S. (2012). Physical education’s role in public health: Steps forward and backward over 20 years and HOPE for the future. *Research Quarterly for Sport and Exercise and Sport*. 83(2), 125-135.

Northern Kentucky University 2015 College of Education and Human Services Outstanding Alumnus Award.

Professional Memberships

Member of the Society for Health and Physical Education (SHAPE)

Member of the Kentucky Association for Health, Physical Education, Recreation and Dance