

STEPHANIE LYNN BENNETT

DEPARTMENT OF KINESIOLOGY AND HEALTH PROMOTION

UNIVERSITY OF KENTUCKY

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EDUCATION

- **Ph.D. - Middle Tennessee State University (2006)** Murfreesboro, TN
Major: Health and Human Performance
Concentration: Health Education
Dissertation: Effectiveness of Florida's Community Partnerships on the Reduction of Tobacco Use Among Adolescents
- **M.S. - Arkansas State University (1997)** Jonesboro, AR
Major: Physical Education
Concentration: Exercise Science
- **B.S. - Williams Baptist College (1996)** Walnut Ridge, AR
Major: Physical Education
Endorsements: Coaching and History

ACADEMIC POSITIONS

Assistant Professor (Special Title Series); Department of Kinesiology and Health Promotion, University of Kentucky – Lexington, KY (Jan. 2016 – Present)

Lecturer; Department of Kinesiology and Health Promotion, University of Kentucky – Lexington, KY (Aug. 2010 – Dec. 2015)

Assistant Professor; Department of Physical Education, University of Southern Indiana, Evansville, IN (Aug. 2005 – May 2010)

Instructor; Health Exercise Science and Sports Department, Texas Tech University, Lubbock, TX (Aug. 2003 – May 2005)

Graduate Teaching Assistant; Department of Health and Human Performance, Middle Tennessee State University, Murfreesboro, TN (Aug. 1999 – June 2003)

Full-time Instructor; Department of Health, Physical Education and Sport Sciences, Arkansas State University, Jonesboro, AR (Aug. 1998 – May 1999)

Adjunct Instructor; Mid-South Community College, West Memphis, AR (Spr. 1998)

Adjunct Instructor; Delta Vocational Technical College, Marked Tree, AR (Spr. 1998)

TEACHING EXPERIENCES

University of Kentucky

KHP 220-Sexuality Education
KHP 222-Drug Education
KHP 230-Human Health & Wellness
KHP 250-Team Sports
KHP 270-Introduction to Health Education and Health Promotion
KHP 310 – Applied Health Education Practice
KHP 325 – Community Organizing in Health Promotion
KHP 330-Planning and Implementing School Health Education Programs
KHP 577- Practicum
KHP 590 – Advanced Health Concepts
KHP 677 –Planning Health Promotion Programs

University of Southern Indiana

PED-281-Personal Health
PED-186-Fitness and Wellness
PED-382-Community Health
PED-388-School Health
PED-493-Emotional Health of Children in Sport
PED-403-Teaching Sensitive Issues in Health
PED-286-Safety Education
PED-493-Program Planning & Evaluation

Texas Tech University

HLTH 4307-Program Planning & Evaluation
HLTH 2360-Community Health
HLTH 3301-Epidemiology
HLTH 1302-Foundations of Health Education
HLTH-1300-Patterns of Healthy Living

Middle Tennessee State University

HLTH-1530 Health and Wellness - (as PhD TA)

Arkansas State University

Consumer Health
Current Issues in Health
Drug Use and Abuse in Society
Human Sexuality
Foundations of Physical Fitness
Concepts of Physical Fitness

Mid-South Community College

Health and Safety Education - (adjunct)

Delta Vocational Technical College

Concepts of Physical Fitness - (adjunct)

PUBLICATIONS

Journal Articles (Refereed)

Whitney, E., & **Bennett, S.** (In-Press - expected in print Fall 2020). Pre-service educators' perceptions of armed intruder training. *Journal of School Safety*.

Reeves, BN, Rojas-Guyler, L., Brown, J., Bennett, K., and **Bennett, S.** (April 2020 Submitted for Revisions - Manuscript ID JACH-2018-05-0184.R2) - Attitudes toward health care needs and utilization of university health center among LGBT and non-LGBT college students, *Journal of American College Health*.

Mark, K.P., Vowels, L., **Bennett, S.** & Norwick, J. (2018). Sources for the formation of sexual values in lesbian, gay, bisexual, and straight adults and the impact on sexual satisfaction and desire. *American Journal of Sexuality Education*. (doi:10.1080/15546128.2018.1470950).

Fettrow, L., Sanford, R. L., & **Bennett, S.** (2017) - Pre-service educators perceptions of child abuse/neglect (CAN) training: Recommendations for practice. *Journal of Health Education Teaching*, 8(1), 1-16.

Bower, G. G., & **Bennett, S.** (2010). Examining women's coaching desires: perspectives from assistant women basketball coaches. *Indiana AAHPERD Journal*, 39(3), 22-29.

Phillips, I., Opatrny, M., **Bennett, S.**, & Ordner, D. (2009) Homeownership impact on habitat for humanity partner families. *Social Development Issues*, 31(3), 48-65.

Bower, G. G., **Bennett, S.**, & Frimming, R. (2009). Connect the SMART way: implementing a youth fitness and nutrition program. *Indiana Health Physical Education, Recreation, & Dance (IAHPERD) Journal*, 38(2), 11-14.

Bower, G. G., & **Bennett, S.** (2009). The examination of the advantages of a mentoring relationship during a metadiscrete physical education field experience. *ICHPER-SD Journal of Research*, 4(2), 19-25.

Bower, G. G., **Bennett, S.**, McCullough, J., Cagle, L., St. Clair, J., & Thompson, B. (2008). Results of a collaborative CHD risk-factor screening and counseling program on a university campus. *Indiana Health Physical Education, Recreation, & Dance (IAHPERD) Journal*, 37(3), 12-16.

Kamla, J., **Bennett, S.**, & Marcum, P., (2008). Getting our majors involved in IAHPERD. *Indiana Health Physical Education, Recreation, & Dance (IAHPERD) Journal*, 27-31.

Book Review

Bennett, S. (2010) - Why She Plays: The World of Women's Basketball by Christine Baker. Review of entire book. Book review for *Women's Sports and Physical Activity Journal (WSPAJ)*.

Reports (Unpublished)

Baker, C. C., Banerjea, N., **Bennett, S.**, Mujumdar, S., Opatrny, M., Partridge, D., & Phillips, I. (2010). Understanding the Cycle of Poverty that Occurs in Successive Generations. Prepared for Vanderburgh Community Foundation of Evansville, IN.

Phillips, I., **Bennett, S.**, Opatrny, M., Priest, R., & Khayum, M. (2008). Habitat for Humanity Impact Study. Prepared for Habitat for Humanity of Evansville, IN.

PRESENTATIONS

National Presentations

Reeves, BN, Rojas-Guylar, L., Brown, J., Bennett, K., and **Bennett, S.** - *Health Service Attitudes among LGBTQ College Students: Implications for Health Educators* (presentation at 2019 NASPA Strategies Conference, Washington, D.C. Jan. 17-19, 2019). General session 1 hour)

Reeves, BN, Rojas-Guylar, L., Brown, J., Bennett, K., and **Bennett, S.** - *Attitudes toward Healthcare Needs and Utilization of University Health Center among LGBT and non-LGBT College Students* (Poster Presentation ACHA (American College Health Association) May 29-June 1, 2018).

Bennett, S., Brown, J., Reeves, B., & Bennett, K. (2016, March). *Differences in Utilization of University Health Services Between LGBT and Non-LGBT Populations*. 20-minute oral presentation Society for Public Health Education (SOPHE) National Conference, Charlotte, NC.

Mark, K. & **Bennett, S.** (2015, November). *The Impact of Sexual Value Sources on Satisfaction and Desire in Sexually Diverse Men and Women*. Oral presentation for the Society of the Scientific Study of Sexuality (SSSS) National Conference, Albuquerque, NM.

Fettrow, E., Sanford, R. L., & **Bennett, S.** (2015, October). *Child Abuse/Neglect (CAN) training study: Recommendations for practice*. Poster session at the American School Health Association (ASHA) National Conference, Orlando, FL.

Bennett, S., Mark, K. (2015, April). *The importance of sexual values in identity development: A qualitative exploration in a sexually diverse sample*. 20-minute oral presentation Society for Public Health Education (SOPHE) National Conference, Portland, OR.

Bennett, S., Mark, K. (2014, March). *A Thematic Analysis of the Value Placed on Sex by College Students and Its Implications for Sexual Health Education in Adolescence and Young Adulthood*. 20-minute oral presentation Society for Public Health Education (SOPHE) National Conference, Baltimore, MD.

Frimming, R., **Bennett, S.** (2011, October). *With A Little Help from My Class: Fitness and Nutrition Modification Project*. Poster session at the American School Health Association (ASHA) National Conference, Louisville, KY.

Bower, G. G., **Bennett, S.** (2011, April). *Examining mentoring relationships between head and assistant basketball coaches*. Poster session at the American Association for Health, Physical Education, Recreation, and Dance (AAHPERD-NAGWS) National Convention, San Diego, CA.

Frimming, R. E., Polsgrove, M. J., & **Bennett, S.** (2011). *Increasing Health and Fitness Knowledge by Using Social Media*. Presentation at the American Association for Health, Physical Education, Recreation, and Dance (AAHPERD-NAGWS) National Convention, San Diego, CA.

Frimming, R., **Bennett, S.**, & Polsgrove, M. (2010). *Ask Boots: Boosting Optimal Outcomes Through Social Media*; Poster session at the Institute for Healthcare Advancement's Ninth Annual Health Literacy Conference, "Health Literacy in the Real World: Programs & Solutions That Work," Irvine, CA.

Ellspermann, S., **Bennett, S.**, & Jones E. (2009). *Engaging Diverse Faculty in Applied Research: Habitat for Humanity Study*; Poster session at the National Outreach Scholarship Conference, Pathways of Engagement: Connecting Civic Purpose to Learning and Research - Locally and Globally, Athens, GA.

Bower, G. G., & **Bennett, S.** (2009) *Developing effective mentoring relationships: Increasing head coaching desires of female assistant basketball coaches*. Presented at the North American Society for Sport Management (NASSM) Conference, Columbia, S.C.

Huang, G., Davis-Brezette, J. D., Kamla, J., **Bennett, S.**, & Bower, G.G. (2009). *Relationship of physical fitness and academic performance in college students*, Paper presentation at the AAHPERD National Convention, Tampa, FL.

Bower, G. G., **Bennett, S.**, McCullough, J., Cagle, L., St. Clair, J., & Thompson, B. (2007). *Results of a student led CHD risk factor screening and counseling program on a university campus*. Paper presented for the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE) Conference, Clearwater, FL.

State Presentations

Bower, G. G. & **Bennett, S.** (2008) *Fighting childhood obesity: The development of a SMART youth fitness and nutrition intervention program*. Paper presentation for Indiana Alliance of Health Physical Education, Recreation, & Dance (IAHPERD) Conference in Indianapolis, IN

Bennett, S (2007). *An Exploratory Study: College Students Stated Sexual Behaviors and Stated Values of Sex*. Poster presentation for Indiana Alliance of Health Physical Education, Recreation, & Dance (IAHPERD) Conference in Indianapolis, IN

Bower, G.G., McCullough, J., Cagle, L., **Bennett, S.**, St. Clair J., Thompson, B., Leung, R., & Huang, G. (2006). *Examination a university campus supporting a low-risk coronary heart disease lifestyle*. Paper presentation for Indiana Alliance of Health Physical Education, Recreation, & Dance (IAHPERD) Conference in Indianapolis, IN

Bennett, S. (2006). *An examination of the effects of the activities of florida's community partnerships on tobacco use among youth*. Poster presentation for Indiana Alliance of Health Physical Education, Recreation, & Dance (IAHPERD) Conference in Indianapolis, IN

Regional Presentation

Bennett, S. & Frimming, R. (2009). *Sex education information and teaching strategies*. Presentation for IAHPERD Regional Conference in Vincennes, IN.

Local Presentation

Ellspermann, S., Phillips, I., **Bennett, S.**, Opatrny, M., Priest, R., & Khayum, M. (2008) *Habitat for Humanity Impact study*. Presentation to the Evansville Rotary Club.

GRANTS

Funded

Bennett, S. & Phillips, I. (Fall 2008) awarded the Bower-Suhrheinrich Faculty Enhancement Award – Vanderburgh County All Stars Project - \$3460.00

Bennett, S. & Frimming, R. (Fall 2008) awarded the Center for Academic Creativity's Teaching Enhancement Award –With a Little Help from My Friends - PED 281 Behavior Modification Project - \$4000.00

Bower, G. G., Frimming, R., & **Bennett, S.** (Fall 2008). Awarded the Bower-Suhrheinrich Faculty Enhancement Award – SMART Youth Fitness & Nutrition After-School Program - \$3829.55

Bower, G. G. & **Bennett, S.** (2008). Indiana Association for Health, Physical Education, Recreation, and Dance Mini Grant. SMART Youth Fitness & Nutrition DVD intervention program - \$1458.00

Bower, G. G. & **Bennett, S.** (2007). Bower-Suhrheinrich Faculty Enhancement Award. SMART Youth Fitness & Nutrition After-School Program - \$3504.00.

Bower, G. G. & **Bennett, S.** (2007). Bower-Suhrheinrich Faculty Enhancement Award. Developing effective mentoring relationships: Increasing head coaching desires of female assistant basketball coaches - \$1300.00.

Bower, G.G., McCullough, J., Cagle, L., **Bennett, S.**, St. Clair J., Thompson, B. & Huang, G. (2005). Awarded the IAHPERD Mini Grant – Coronary Heart Disease Study on College Students - \$1870.00

Bower, G.G., McCullough, J., Cagle, L., **Bennett, S.**, St. Clair J., & Thompson, B (2005). Awarded the Bower-Suhrheinrich Faculty Enhancement Award - Coronary Heart Disease Study on College Students - \$2078.00

Grants (Non-funded)

Bennett, S. & Frimming, R. (Summer 2009). Heroes Initiative – funding through Welborn Foundation - \$26,000.00

SERVICE AND LEADERSHIP

University

- University of Kentucky – Deans’ Inter-Professional Honors Colloquium (DIHC) – Serving as faculty of record and faculty facilitator (Fall/Spring 2019 – Present)
- Second Year Success Program – Served as a student mentor – (Fall/Spring 2019-2020)
- University of Kentucky – Office of Student Conduct – Serve as Chair on Community Hearing Boards (Fall 2018 to Present)
- University of Kentucky – Office of Student Conduct – Serve on Community Hearing Boards (Fall 2017/Spring 2018)
- University of Kentucky – Deans’ Inter-Professional Honors Colloquium (DIHC) – Served as a faculty facilitator (Spring 2018)
- University of Southern Indiana- Served on the Center for Applied Research Regional Advisory Committee and Faculty Advisory Committee (2009-2010)
- University of Southern Indiana-Served on the University Core Curriculum Committee (2008-2010)

College

- University of Kentucky – College of Education Courses & Curricula Committee (Fall 2017 – Present)
- University of Kentucky – College of Education CMIS Committee (Fall 2016-Spring 2017)
- University of Kentucky – Served on College of Education Scholarship Committee (2011 - 2014)

Department

- KHP 577 - Practicum Coordinator – (Aug. 2010 – May 2020)
- Liaison for KHP to meet with prospective students – (2012 – Present)
- Advising Health Promotion Minors – (2012 – Present)
- University of Kentucky –Scholarship and Awards Committee – Lovaine Lewis Scholarship/Spring & Hackensmith Award/Fall (Spring 2010- Spring 2018)
- University of Kentucky – Served on search committee for Lecturer position in KHP (Summer 2016)

- University of Kentucky – Served on search committee for Assistant Professor position in Health Promotion (Spring 2014)
- University of Kentucky – Served on search committee for Lecturer position in Sport Leadership (Spring 2013)
- University of Kentucky – Served on 2 search committees; one lecturer, one assistant professor for health promotion (Spring 2012)
- University of Kentucky – Served on Lovaine Lewis Scholarship Committee (Fall 2011)
- University of Kentucky – Served on Search Committee for Lecturer position (Fall 2010)
- University of Southern Indiana -Coordinator for the PED-186 Fitness/Wellness and PED-281 Personal Health Sciences courses at USI (2005-2010).
- University of Southern Indiana-Physical Education Department Liaison for the College Achievement Program (CAP) at USI. (2005-2010)

Doctoral Student Committees (in Progress)

- Summer 2020 Karen Heavin (Education Sciences) – *Bridging the Gap: Effects of Dual Credit College Algebra on Postsecondary Education Outcomes* – **(outside examiner)**
- Fall 2019 Marjorie Stanek (Kinesiology and Health Promotion) – *Sexual Health in Kentucky's Public High Schools* – **(committee member)**
- Fall 2018 Jeff Reed (Family Science) – *Perceived parental factors influence on emerging adult's sexual attitudes: a factorial vignette approach* – **(committee member)**

Doctoral Student Committees

- Fall 2019 Catherine Nunn (Educational Leadership) – *Superintendents and the Micropolitics of Innovation in Rural School Districts* – **(outside examiner)**
- Fall 2018 Julie Lasslo (Kinesiology and Health Promotion) – *The influence of patient-provider interaction, self-concept, and the socio-physical environment on pelvic exam seeking behavior, anxiety, and satisfaction* (KHP) – **(committee member)**
- Fall 2017 Shannon Phelps (Kinesiology and Health Promotion) – *Understanding and promoting parent-child sexual health communication* – **(outside examiner)**

Masters Student Thesis Committees (in Progress)

Summer 2020 Kamryn Michel (Kinesiology and Health Promotion) – *Exploring positive identity and relationship satisfaction in bisexual women in relationships with men* –
(committee member)

Masters Student Non-Thesis Committees

Spring 2020 Hend Alotaibi

Spring/Fall 2019 Danielle Augustine, Neil Goldstein, Anna Buchanan, Lindsey Woods, Erika Karle

Spring/Fall 2018 Vilma Bursac, Cassidy Cantrell

Spring/Fall 2017 Chanetta Cottrell, Kathy Adams, Shannon Vinci, Ethan Mattingly, Ashley Miller, Heather Leger, Megan Berger

Spring/Fall 2016 Megan Kidd, Chanetta Cottrell, Courtney Gill, Caitlyn Ottaway, Alana Miller

Spring/Fall 2015 Megan Kidd, Robin Kleven, Kelsey Sheron, Kristy Young, Chris Medl, Michael Westneat, Ashley Jones

Community

- Partners for Youth of Lexington – elected/serve as board chair (Spring 2018 - present)
 - As board chair oversee bi-monthly meetings.
 - Toyota Scholarship Banquet – As board chair introduce keynote speaker and handout awards (Fall 2018 and 2019)
 - Spotlight on Youth Event – As board chair I attend the 2-hour event, held every April, and present the “Shine On Award” to an outstanding young person in the community (Spring 2018 and 2019)
- Partners for Youth of Lexington – served as a Board Member – (Fall 2015 – Spring 2018)
- Partners for Youth of Lexington – serve as grant reviewer (Spr. 2012 - Present)
- Montessori High School; Lexington, KY (November 2018) – Guest speaker; taught sex education for two weeks.
- *Fall speaker for Partners for Youth Grassroots Networking Event: Thursday Oct. 13, 2016 at The Phoenix Building from 1:00 to 4:30pm. Speaking to partners on program evaluation.*
- *Volunteered for Great Shake Event at Northern Elementary: Wednesday June 29, 2016. Event took place from 9am to noon. Conducted student interviews with K-5 students. Students were graded by rubric on communication skills and table manners.*

- *Summer speaker for Partners for Youth Grassroots Celebration/Networking Event:* Tuesday May 24, 2016 at The Lyric from 10am to 2:00pm. Spoke to a group on program evaluation.
- Lexington Fayette Urban County Government (LFUCG) Partner Agency Selection Advisory Committee – served as grant reviewer (Spr. 2013 – Spr. 2015)
- Kentucky Department of Education (Nutrition & Obesity) sub-committee (2011 – 2014)
- Glenwood Middle School, Evansville, IN – SMART Program – An afterschool program that focused on improving fitness and nutrition (Fall 2008 & Fall 2009)
- Glenwood Middle School, Evansville, IN – Tennis Mentoring and Character-Building Program – an afterschool program that focused on learning tennis skills and character building (Spring 2009 & Spring 2010)
- Healthier Evansville Project - served on planning committee (2006-2009)
- School and Community Health Council - (Physical Activity and Nutrition Committee) (2006-2009)

Professional Service (Reviewer)

- Article: American Journal of Sexuality Education: "Sexual Pleasure and Satisfaction: Commitment and Time Matter." (May 2019) – Manuscript ID WAJS-2019-0019
- Article: American Journal of Sexuality Education: "Sexual Values: Variations by Sexual Identity and Relationship Status." (July 2018) -- Manuscript ID WAJS-2018-0040
- Article: Journal of American College Health: "Observances of LGBT-Specific Bullying at a State University." (July 2018) -- Manuscript ID JACH-2018-06-0026
- Article: American Journal of Sexuality Education: "Bisexual Latino men's motivations for sex" has been submitted to American Journal of Sexuality Education." (October 2018) -- Manuscript ID WAJS-2018-0059

National Organization Service

- Served as a judge for the AAHE 2010 Undergraduate Case Study Competition at the National AAHPERD Conference held in Indianapolis, IN
- Served as a reviewer for the American Association of Health Education. Reviewed submitted proposals for the 2010 National AAHPERD Conference held in Indianapolis, IN
- Served as a presider for AAHE sessions at the 2010 National AAHPERD Conference.

State Organization Service

- Served on the Health Education Planning Committee for Indiana AHPERD from (2005-2010).

mPROFESSIONAL AFFILIATIONS

- Society of Public Health Education/American Association of Health Education (SOPHE/AAHE) – *(2014 – 2018)*

PROFESSIONAL AFFILIATIONS

- American School Health Association (ASHA) – *(2011-2012)*
- Indiana Association of Health, Physical Education, Recreation, & Dance (IAHPERD) – *(2005 – 2010)*
- American Association of Health, Physical Education, Recreation, & Dance (AAHPERD) – *(2003 – 2012)*