

UNIVERSITY OF KENTUCKY
DEPARTMENT OF KINESIOLOGY AND HEALTH PROMOTION
115 SEATON CENTER • PHONE (859) 257-5311
E-MAIL: HEATHER.ERWIN@UKY.EDU

HEATHER E. ERWIN

EDUCATION

2006 University of Illinois at Urbana-Champaign Urbana, IL
Ph.D. – Pedagogical Kinesiology

2003 University of Arkansas Fayetteville, AR
M.Ed. – Adapted Physical Education

2001 Central Missouri State University Warrensburg, MO
B.S. – Physical Education

PROFESSIONAL EXPERIENCE

2006-present University of Kentucky Lexington, KY
Director of Graduate Studies (2013-present)
Full Professor (2018-present)
Associate Professor (2012-2018)
Assistant Professor (2006-2012)

- ❖ KHP 200: History and Philosophy of Physical Education and Sport
- ❖ KHP 250: Team Sports
- ❖ KHP 300: Psychology and Sociology of Physical Education and Sport
- ❖ KHP 344: Physical Education in the Secondary School
- ❖ KHP 382: Physical Education for the Elementary Teacher
- ❖ KHP 579: Adapted Physical Education
- ❖ KHP 601: Teaching Effectiveness in Kinesiology and Health Education
- ❖ KHP 644: Research Techniques Applied to Kinesiology and Health Promotion
- ❖ UK 101: Academic Orientation (for KHP majors)
- ❖ QEP Presentation U! Faculty Fellows Cohort #6 (Fall 2016-Fall 2017)
- ❖ Quality Matters Certification (Summer 2017)

2003-2006 University of Illinois at Urbana-Champaign Urbana, IL
Head Instructor

- ❖ Kinesiology 268: Children's Movement
- ❖ Kinesiology 361: Curriculum in Grades K-6
- ❖ Kinesiology 363: Instructional Strategies in Physical Education

*University of Illinois Teaching Assistant/Sports Fitness Program
Coordinator*

- ❖ Aquatics Coordinator/Assistant Director
- ❖ Individual/Dual Activities Coordinator

2001-2003 Springdale School District
Elementary Physical Education Teacher

Springdale, AR

- ❖ T.G. Smith Elementary Springdale, AR
- ❖ Bernice Young Elementary Springdale, AR

PUBLICATIONS

Blogs

Monthly contributor to Moving Minds Blogs: <https://blog.moving-minds.com/>

Manuscripts

Gaudreault, K.L, Kinder, C., Ivy, V., Beighle, A. & **Erwin, H.** (in press).
Children's physical activity levels in a physical activity focused afterschool
program: A pilot study. *International Journal of Kinesiology in Higher
Education*.

Sims, M., **Erwin, H. E.**, Abel, A., Clasey, J., Beighle, A., & Fedewa, A.
(2019). Descriptive analysis of the System for Observing Dance Activities
in the Classroom Environment (SODANCE). *Journal of Dance
Education*. DOI: 10.1080/15290824.2019.1572153

Erwin, H. E., Fedewa, A., Wilson, J., & Ahn, S. (2019). The effect of doubling
the amount of recess on elementary student disciplinary referrals and
achievement over time. *Journal of Research in Childhood Education*,
<https://doi.org/10.1080/02568543.2019.1646844>

Thornton Adler, M., **Erwin, H. E.**, Beighle, A., & Abel, M. G. (2018).
Relationship between physical activity and behavior in primary students.
Health Behavior and Policy Review, 5(6), 116-124

Weaver, R. G., Beighle, A., **Erwin, H. E.**, Whitfield, M., Beets, M. W., & Hardin,
J. (2018). Identifying and quantifying the unintended variability in
common systematic observation instruments to measure youth physical
activity. *Journal of Physical Activity and Health*, 15(9), 651-660.

Erwin, H. E. (2018). Exploring teacher and student perceptions of the impact of
two recess periods per day. *Texas Education Review*, 6(2), 58-69.

- Erwin, H. E.**, Brusseau, T., Carson, R., Hodge, S., & Kang, M. (2018). SHAPE America's 50 Million Strong™: Critical research questions related to physical activity. *Research Quarterly for Exercise and Sport*, 89(3), 286-297.
- Fedewa, A. F., Fettrow-Whitney, E., **Erwin, H. E.**, Ahn, S., & Farook, M. (2018). Academic- and aerobic-based movement breaks: Are there differential effects on physical activity and achievement? *Research Quarterly for Exercise and Sport*, 89(2), 153-163.
- Fedewa, A. F., Cornelius, C., **Erwin, H. E.**, & Ahn, S. (2018). Examining the influence of teacher behavior on curriculum-based movement breaks. *Journal of Educational Research*, 111(5), 584-593.
- Erwin, H. E.**, Beighle, A., Routen, A. C., & Montemayor, B. (2017). Perceptions of using sit-to-stand desks in a middle school classroom. *Health Promotion Practice*. doi: 1524839917730046
- Johnson, C. E., **Erwin, H. E.**, Kipp, L., & Beighle, A. (2017). Student perceived motivational climate, enjoyment, and physical activity in middle school physical education. *Journal of Teaching in Physical Education*, 36, 398-408.
- Erwin, H. E.** (2017). Multiple recess periods per day: Creatively scheduling instructional time. *Journal of Physical Education, Recreation, and Dance*, 88(8), 3-4.
- Fedewa, A. F., Abel, M. G., & **Erwin, H. E.** (2017). The effects of using stationary bicycle desks in classrooms on adolescents' physical activity. *Journal of Occupational Therapy, Schools & Early Intervention*, 10(1), 78-89.
- Erwin, H. E.** (2017). Full STEAM Ahead in Physical Education. *Journal of Physical Education, Recreation, and Dance*, 88(1), 3-4.
- McMullen, J., Ickes, M., Noland, M., **Erwin, H. E.**, & Helme, D. (2017). Development of "College CHEF," a campus-based, culinary nutrition program. *American Journal of Health Education*, 48, 22-31.
- Erwin, H. E.**, Beighle, A., & Eckler, S. (2017). PETE preparation for CSPAP at the University of Kentucky. *Journal of Physical Education, Recreation, and Dance*, 88(1), 36-41.

- Koufoudakis, R. M, **Erwin, H. E.**, Beighle, A., & Thornton, M. (2016). How feedback and goal-setting impact children's recess physical activity. *International Journal of Exercise Science*, 9(4), 497-506.
- Erwin, H. E.**, Rose, S. A., Small, S. R., & Perman, J. (2016). Physical activity levels in an after school program with high needs participants. *Afterschool Matters*, 23, 33-38.
- Erwin, H. E.**, Fedewa, A. L., Ahn, S., & Thornton, M. (2016). Elementary students' physical activity levels and behavior when using stability balls. *American Journal of Occupational Therapy*, 70(2), 700220010.
- Weaver, R. G., Webster, C. A., **Erwin, H. E.**, Beighle, A., Beets, M. W., Choukroun, H., & Kaysing, N. (2016). Modifying the System for Observing Fitness Instruction Time to measure teacher competencies related to physical activity promotion: SOFIT+. *Measurement in Physical Education and Exercise Science*, 20(2), 121-130.
- Sims, M. E., Abel, M., Clasey, J., Beighle, A., Fedewa, A., & **Erwin, H. E.** (2016). Validation of the System for Observing Dance Activities in the Classroom Environment. *Research in Dance Education*. DOI: 10.1080/14647893.2016.1150451
- Erwin, H. E.** (2016). The use of social media by physical educators – How do we ensure quality control? *Journal of Physical Education, Recreation, and Dance*, 87(2), 3-4.
- Fedewa, A. L., **Erwin, H. E.**, Young, D. J. & Alumbaugh, A. (2015). Physical activity and children with disabilities. *American Exchange Quarterly*, 19(2), 74-80.
- Webster, C., Russ, L., Spyridoula, V., Goh, T. L., & **Erwin, H. E.** (2015). Integrating movement in academic classrooms: Understanding, applying, and advancing the knowledge base. *Obesity Reviews*, 16, 691-701.
- Fedewa, A., Ahn, S., **Erwin, H. E.**, & Davis, M. C. (2015). A randomized controlled design investigating the effects of classroom-based physical activity on children's fluid intelligence and achievement. *School Psychology International*, 36(2), 135-153.
- Centeio, E. E., **Erwin, H. E.**, & Castelli, D. M. (2014). Comprehensive School Physical Activity Programs: Characteristics trained teachers. *Journal of Teaching in Physical Education*, 33, 492-510.

- Erwin, H. E.,** Beets, M. W., Centeio, E., & Morrow, J. R. (2014). Best practices and recommendations for increasing physical activity for youth. *Journal of Physical Education, Recreation and Dance, 85*(7), 27-34.
- Carson, R. L., Castelli, D., Beighle, A., & **Erwin, H.** (2014). School-based physical activity promotion: A conceptual framework for research and practice. *Childhood Obesity, 10*, 100-106.
- Erwin, H. E.,** Ickes, M. J., Ahn, S., & Fedewa, A. F. (2014). Impact of recess interventions on children's physical activity – A meta-analysis. *American Journal of Health Promotion, 28*, 159-167.
- Erwin, H. E.,** Beighle, A., Carson, R. L., & Castelli, D. M. (2013). Comprehensive school-based physical activity programs: A review. *Quest, 65*, 412-428.
- Webster, C., **Erwin, H. E.,** & Parks, M. (2013). Relationships between and changes in preservice classroom teachers' efficacy beliefs, willingness to integrate movement, and perceived barriers to movement integration. *Physical Educator, 70*, 314-335.
- Fedewa, A. L., Candelaria, A., **Erwin, H. E.,** & Clark, T. P. (2013). Incorporating Physical activity into the schools using a three-tiered approach. *Journal of School Health, 83*(4), 290-297.
- Erwin, H. E.,** Babkes Stellino, M., Beets, M. W., Beighle, A., & Johnson, C. E. (2013). Physical education lesson content and teacher style and elementary students' motivation and physical activity levels. *Journal of Teaching in Physical Education, 32*, 321-334.
- Ickes, M. J., **Erwin, H. E.,** & Beighle, A. (2013). Systematic review of recess interventions to increase physical activity. *Journal of Physical Activity and Health, 10*, 910-926.
- Erwin, H. E.,** Koufoudakis, R. M., & Beighle, A. (2013). Children's physical activity levels and reactivity during indoor recess videos. *Journal of School Health, 83*, 322-327.
- Beighle, A., & **Erwin, H. E.** (2013). FRIG'N physical education: Management strategies to maximize physical education. *Journal of Physical Education, Recreation and Dance, 84*(1), 16-17.
- Swanson, M., Schoenberg, N., **Erwin, H. E.,** & Davis, R. (2013). Perspectives on physical activity and exercise among Appalachian youth. *Journal of Physical Activity and Health, 10*, 42-47.

- Erwin, H. E.**, Fedewa, A. L., & Ahn, S. (2012). Student academic performance outcomes of a classroom physical activity intervention: A pilot study. *International Electronic Journal of Elementary Education*, 4, 473-487.
- Sims, M., & **Erwin, H. E.** (2012). A set of descriptive case studies of four dance faculty members' pedagogical practices. *Journal of Dance in Education*, 12, 131-140.
- Alderman, B. L., Benham-Deal, T. B., Beighle, A., **Erwin, H. E.**, & Olson, R. L. (2012). Physical education's contribution to daily physical activity among middle school youth. *Pediatric Exercise Science*, 24, 634-648.
- Fairclough, S. J., Beighle, A., **Erwin, H. E.**, & Ridgers, N. (2012). School day segmented physical activity patterns of high and low active children. *BioMed Central*, 12, 406.
- Sallis, J. F., McKenzie, T. L., Beets, M. W., Beighle, A., **Erwin, H. E.**, & Lee, S. M. (2012). Physical education's role in public health: Steps forward and backward over 20 years and HOPE for the future. *Research Quarterly for Exercise and Sport*, 83, 125-135.
- Erwin, H. E.**, Abel, M. G., Beighle, A., Noland, M. P., Worley, B., & Riggs, R. (2012). The contribution of recess to children's school-day physical activity. *Journal of Physical Activity and Health*, 9, 442-448.
- Beighle, A., **Erwin, H. E.**, Morgan, C. F., & Alderman, B. (2012). Children's in-school and out-of-school physical activity during two seasons. *Research Quarterly for Exercise and Sport*, 83, 103-107.
- Erwin, H. E.**, Fedewa, A., Beighle, A., & Ahn, S. (2012). A quantitative review of physical activity, health, and learning outcomes associated with classroom-based physical activity interventions. *Journal of Applied School Psychology*, 28, 14-36.
- Beets, M. W., Banda, J., **Erwin, H. E.**, & Beighle, A. (2011). A pictorial view of the physical activity socialization of young adolescents outside of school. *Research Quarterly for Exercise and Sport*, 82(4), 769-778.
- Graber, K. C., **Erwin, H. E.**, Woods, A. M., Rhoades, J., & Zhu, W. (2011). A national profile of teacher education faculty: The construction of an online survey. *Measurement in Physical Education and Exercise Science*, 15(4), 245-256.
- Beets, M. W., Morgan, C. F., Banda, J., Bornstein, D., Byun, W., Mitchell, J., Munselle, L., Rooney, L., Beighle, A., & **Erwin, H.** (2011). Convergent validity of pedometer and accelerometer estimates of moderate-to-

- vigorous physical activity of youth. *Journal of Physical Activity and Health*. 8(Suppl.), S295-S305.
- Fedewa, A. L., & **Erwin, H. E.** (2011). Stability balls and students with attention and hyperactivity concerns: Implications for on-task and in-seat behavior. *American Journal of Occupational Therapy*, 63, 393-399.
- Erwin, H. E.**, Beighle, A., Morgan, C. F., & Noland, M. P. (2011). Effect of a low-cost, teacher-directed classroom intervention on elementary students' physical activity. *Journal of School Health*, 81, 455-461.
- Erwin, H. E.**, Abel, M., Beighle, A., & Beets, M. (2011). Effects of integrating physical activity with mathematics on activity levels. *Health Promotion Practice*, 12, 244-251.
- Webster, C., Monsma, E., & **Erwin, H. E.** (2010). The role of biographical characteristics in preservice classroom teachers' school physical activity promotion attitudes. *Journal of Teaching in Physical Education*, 29, 358-377.
- Erwin, H. E.**, Docheff, D., & Beighle, A. (2010). Get kids moving in the classroom. *Journal of Physical Education, Recreation and Dance*, 81(9), 15-17.
- Beighle, A., **Erwin, H. E.**, Beets, M. W., Morgan, C. F., & Le Masurier, G. C. (2010). America on the move: School-based physical activity promotion. *International Journal of Physical Education*, 47(2), 2-16.
- Beighle, A., Beets, M. W., **Erwin, H. E.**, Huberty, J., Moore, J. B., & Stellino, M. (2010). Physical activity promotion in afterschool programs. *After School Matters*, 11, 24-32.
- Erwin, H. E.** (2010, June). Implementing classroom physical activity. PELinks4u online publication at <http://www.pelinks4u.org/articles/erwin0610.htm>
- Beets, M. W., Beighle, A., **Erwin, H. E.**, & White, J. (2009). Review of after-school programs to increase physical activity – A meta-analysis. *American Journal of Preventive Medicine*, 36, 527-537.
- Beighle, A., **Erwin, H. E.**, Castelli, D., & Ernst, M. (2009). Preparing physical educators for the role of physical activity director. *Journal of Physical Education, Recreation and Dance*, 80, 24-29.
- Erwin, H. E.**, & Castelli, D. M. (2008). National physical education standards: A summary of student performance and its correlates. *Research Quarterly for Exercise and Sport*, 79, 495-505.

- Erwin, H. E.** (2008). Middle school students' leisure activity engagement: Implications for park and recreation administrators. *Journal of Park and Recreation Administration, 26*(3), 59-74.
- Erwin, H. E.** (2008). Test-retest reliability of a preadolescent environmental access to physical activity questionnaire. *Journal of Physical Activity and Health, 5*(Suppl. 1), S62-S72.
- Woods, M. K., & **Erwin, H. E.** (2008). Using good B.E.H.A.V.I.O.R. in creating the learning environment. *Journal of Physical Education, Recreation, and Dance, 79*(4), 14-16.
- Erwin, H. E.**, Woods, A. M., Woods, M. K., & Castelli, D. (2007). The association of children's environmental access in relation to motor competence, physical activity, and fitness. *Journal of Teaching in Physical Education, 26*, 404-415.
- Castelli, D., & **Erwin, H. E.** (2007). A comparison of personal attributes and experiences among physically active and inactive children. *Journal of Teaching in Physical Education, 26*, 375-389.
- Castelli, D. M., Hillman, C. H., Buck, S., & **Erwin, H. E.** (2007). Physical fitness and academic achievement in 3rd and 5th grade students. *Journal of Sport and Exercise Psychology, 29*, 239-252.
- Erwin, H. E.**, & Bachtel, A. (2007). TAG (Teaching Active Games) for the holidays. *Strategies, 21*, 21-24.
- Lambdin, D., & **Erwin, H. E.** (2007). School wellness policy: Community connections. *Journal of Health, Physical Education, Recreation and Dance, 78*(6), 29-32.
- Conn, J. H., & **Erwin, H. E.** (2007). Dying for proper supervision in physical education. *Indiana Journal of Health, Physical Education, Recreation, and Dance, 36*, 42-44.
- Erwin, H.**, & Valley, J. (2005). Creating a web site for advocacy. *Teaching Elementary Physical Education, 16*(5), 26-30.
- Erwin, H.** (2005). Developing future physical educators through the sports fitness program. *Illinois Journal for Health, Physical Education, Recreation, and Dance, 55*, 5-7.
- Erwin, H.**, & Castelli, D. (2004). Building and facilitating physical education through web quests. *Teaching Elementary Physical Education, 15* (5), 28-31.

Conn (Erwin), H. E. (2004). The effect of cup stacking on reaction time, movement time, and ambidexterity in fourth grade students. *Missouri Journal of Health, Physical Education, Recreation, and Dance*, 14, 8-16.

Erwin, H. (2004). Expectations versus realities of a beginning physical education teacher. *Arkansas Journal of Health, Physical Education, Recreation, and Dance*, 39 (1), 27-28.

Books, Chapters, and Manuals

- Dudley, D., Beighle, A., **Erwin, H. E.**, & Murfay, K. (in progress). Physical education-based physical activity interventions. In T. Brusseau, S. Fairclough, & D. Lubans (Eds.) *The Routledge Handbook of Youth Physical Activity*. Routledge: London, UK.
- Erwin, H. E.**, & Centeio, E. E. (2020). Advocating for CSPAPs. In R. Carson & C. Webster (Eds.). *CSPAP: Evidence-based Research to Practice*. Human Kinetics: Champaign, IL.
- Beighle, A., **Erwin, H. E.**, & Webster, C. (2020). Physical activity during school. In R. Carson & C. Webster (Eds.). *CSPAP: Evidence-based Research to Practice*. Human Kinetics: Champaign, IL.
- Darst, P. W., Pangrazi, R. P., Brusseau, T., & **Erwin, H. E.** (2015). *Dynamic physical education for secondary school students*. (8th ed.). San Francisco: Pearson-Benjamin Cummings.
- Erwin, H. E.** (2015). *Instructor's resource manual and test bank for Dynamic physical education for secondary students* by Darst, P. W., Pangrazi, R. P., Brusseau, T., & Erwin, H. E. (8th ed.). San Francisco: Pearson-Benjamin Cummings.
- Erwin, H. E.** (2013). Coordinated school health program: Role of physical education. In D. C. Wiley & A. C. Cory (Eds.). *Encyclopedia of School Health*. Sage Publications: Thousand Oaks, CA.
- American Alliance for Health, Physical Education, Recreation and Dance. (2013). *Comprehensive school physical activity programs: Helping students achieve 60 minutes of physical activity each day* [Position statement]. Reston, VA: Author. Contributing author.
- Erwin, H. E.** (2013). *Instructor's resource manual and test bank for Dynamic physical education for elementary school children* by Pangrazi, R. P. & Beighle, A. (17th ed.). San Francisco: Pearson-Benjamin Cummings.
- Erwin, H. E.** (2012). Physical education. In J. Rippe (Ed.). *Encyclopedia of Lifestyle Medicine and Health*. Sage Publications: Thousand Oaks, CA.
- Erwin, H. E.** (2012). *Instructor's resource manual and test bank for Dynamic physical education for secondary school students* by Darst, P. W., Pangrazi, R. P., Sariscsany, M. J., & Brusseau, T. (7th ed.). San Francisco: Pearson-Benjamin Cummings.

Erwin, H. E., & Sariscsany, M. J. (2010). *Instructor's resource manual and test bank for Dynamic physical education for elementary school children* by Pangrazi, R. P. & Beighle, A. (16th ed.). San Francisco: Pearson-Benjamin Cummings.

Erwin, H. E. (2009). *Instructor's manual and test bank for Promoting physical activity and health in the classroom* by Pangrazi, R. P., Beighle, A., & Pangrazi, D. San Francisco: Pearson-Benjamin Cummings.

Abstracts

- Erwin, H. E.,** Koufoudakis, R. M., Beighle, A., & Thornton, M. (2014). *Using goal setting to increase children's recess physical activity*. In R. L. Carson (Chair), *Examples of Comprehensive School Physical Activity Program Intervention Research*. Symposium presentation at the annual meeting of the American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO.
- Thornton, M. L., Moore, E., Johnson, C., **Erwin, H. E.,** & Babkes-Stellino, M. (2014). *Relationship between recess physical activity levels and the built environment*. Presentation submitted to the American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO.
- Erwin, H. E.,** Beighle, A., Johnson, C., Moore, E., Thornton, M., & Benton, D. (in press). Impact of professional development on student activity during physical education. *Research Quarterly for Exercise and Sport*.
- Erwin, H. E.,** Beighle, A., Fedewa, A. L., Candelaria, A., & Schwartz, J. (in press). Relationship between physical activity and student behaviors: An exploratory study. *Research Quarterly for Exercise and Sport*.
- Erwin, H. E.,** Schwartz, J. C., Beighle, A., Stellino, M., Abel, M. G., & Koufoudakis, R. M. (2011). Lesson influence on motivation and physical activity in physical education, *Research Quarterly for Exercise and Sport*, 82(Suppl. 1), A39.
- Erwin, H. E.,** Koufoudakis, R. M., Beighle, A., & Schwartz, J. C. (2011). Elementary children's physical activity during indoor recess videos, *Research Quarterly for Exercise and Sport*, 82(Suppl. 1), A39.
- Erwin, H. E.,** Beets, M. W., Beighle, A., & Sims, M. (2010). Relation of social and physical environments to children's physical activity. *Research Quarterly for Exercise and Sport*, 81(Suppl. 1), A108.
- Erwin, H. E.** (2009, September/October). The question: What is the link between physical activity/physical fitness and academic performance? *UpdatePlus*, 30.
- Erwin, H. E.** (2009, May/June). The question: How do neighborhood environments influence children's physical activity and obesity? *UpdatePlus*, 26.
- Beets, M. W., Beighle, A., **Erwin, H. E.,** & Huberty, J. (2009). Impact of after-school programs to increase physical activity – A meta-analysis. *Research Quarterly for Exercise and Sport*, 80(Suppl. 1), A22.

- Nichols, J. K., **Erwin, H. E.**, & Beighle, A. (2009). Physical activity levels of children in and out of school. *Research Quarterly for Exercise and Sport*, 80(Suppl. 1), A32.
- Castelli, D. M., McMahon, M., Frakes, R., & **Erwin, H. E.** (2009). Fitness4Everyone: Longitudinal change through physical education programming. *Research Quarterly for Exercise and Sport*, 80(Suppl. 1), A52.
- Erwin, H. E.** (2009, March/April). The question: Does autonomy influence girls' self-determination and physical activity during physical education? *UpdatePlus*, 25.
- Castelli, D. M., **Erwin, H. E.**, & Woods, M. K. (2008). Effects of media on physical education performance outcomes. *Research Quarterly for Exercise and Sport*, 79(Suppl. 1), A44.
- Erwin, H. E.**, Castelli, D., & Woods, M. K. (2007). Standards-based outcomes of 4th and 5th grade students. *Research Quarterly for Exercise and Sport*, 78(Suppl. 1), A55.
- Castelli, D., Woods, M. K., Nordmeyer, E. E., Valley, J., Graber, K. C., **Erwin, H. E.**, Bolton, K., & Woods, A. M. (2007). Perceived versus actual motor competence in children. *Research Quarterly for Exercise and Sport*, 78(Suppl. 1), A51-A52.
- Woods, A. M., Bolton, K. N., **Erwin, H. E.**, Graber, K. C., Castelli, D., Valley, J., & Woods, M. K. (2007). Influences of perceived motor competence and motives on children's physical activity. *Research Quarterly for Exercise and Sport*, 78(Suppl. 1), A77.
- Castelli, D. M., & **Erwin, H. E.** (2006). Relationship between children's fitness levels and complex motor performance. *Medicine and Science in Sports and Exercise*, 38(5), Supplement S474-S475.
- Castelli, D.M., **Erwin, H.E.**, Buck, S., & Hillman, C.H. (2006). The relationship between motor skill competency and cognitive processes in children. *Research Quarterly for Exercise and Sport*, 71(Suppl. 1), A22.
- Erwin, H.**, & Castelli, D. (2005). Complex motor task relationships with fitness and physical activity in children. *Research Quarterly for Exercise and Sport*, 76(Suppl. 1), A14-15.
- Erwin, H.E.**, & Castelli, D.M. (2005). Do physical activity and fitness influence motor competency? *Missouri Journal of Health, Physical Education, Recreation, and Dance*, 15, 80.

Buck, S. M., Hillman, C. H., Castelli, D., **Erwin, H.**, Son, A., & Bice, M. (2004). The influence of physical fitness on cognitive processing in 7-11 year old children. *Journal of Sport & Exercise Psychology*, 26, S44.

PRESENTATIONS

National

Erwin, H. E., & Thornton M. (2020, April). *Elementary faculty perceptions of adding an additional recess period during the school day*. Poster presentation at the Society for Health and Physical Educators Conference, Salt Lake City, UT. (conference cancelled)

Erwin, H. E., Weight, E., & Harry, M. (2020, April). *The impact of the Walking Classroom intervention on student learning, post-activity academic performance, and mood*. Poster presentation at the Society for Health and Physical Educators Conference, Salt Lake City, UT. (conference cancelled)

Beighle, A., **Erwin, H. E.**, & Murfay, K. (2020, April). *Social emotional learning in physical education: Strategies for being intentional*. Presentation at the Society for Health and Physical Educators Conference, Salt Lake City, UT. (conference cancelled)

Beighle, A., **Erwin, H. E.**, Murfay, K., Sen, G., & Abadi, E. (2020, April). *Making physical education motivational and meaningful: Theory to practice*. Presentation at the Society for Health and Physical Educators Conference, Salt Lake City, UT. (conference cancelled)

Richards, K. A. R., Furness, S., **Erwin, H. E.**, Kinder, C., McMullen, J., Martinnen, R., Johnson, I., & Culp, B. (2020, April). *Recruitment and retention, moving forward, now what?* Presentation at the Society for Health and Physical Educators Conference, Salt Lake City, UT. (conference cancelled)

Centeio, E., **Erwin, H. E.**, & Connolly, M. (2020, April). *Conversations beyond the SHAPE CAEP SPA era*. Presentation at the Society for Health and Physical Educators Conference, Salt Lake City, UT. (conference cancelled)

Connolly, M., Furness, S., Parker, M., Centeio, E., **Erwin, H. E.**, & Richards, K.A.R. (2020, April). *Including SEL into your higher education curriculum*. Presentation at the Society for Health and Physical Educators Conference, Salt Lake City, UT. (conference cancelled)

Centeio, E., Marita, J., & **Erwin, H.** (2020, April). *Elementary and secondary classroom teachers' efficacy for providing physical activity breaks*. Presentation at the American Educational Research Association Conference, San Francisco, CA. (conference cancelled)

Murfay, K., Beighle, A., **Erwin, H.**, & Manley, J. (2019, September). *Physical education in STEAM: A public health model*. Presentation at the

Integrated Public Health and Physical Education Conference, Columbia, SC.

- Willis, L., **Erwin, H. E.**, Beighle, A., & Clasey, J. (2019, September). *Does physical activity intensity predict cognition in elementary students?* Presentation at the Integrated Public Health and Physical Education Conference, Columbia, SC.
- Burgeson, C., Carson, R., Dauenhauer, B., **Erwin, H.**, & McLaughlin, G. (2019, September). *Active Schools' collective impact, goal and shared progress measures.* Presentation at the Integrated Public Health and Physical Education Conference, Columbia, SC.
- Willis, L., & **Erwin, H. E.** (2019, April). *Impact of additional physical education time on academic performance in elementary children.* Presentation at the Society for Health and Physical Educators Conference, Tampa, FL.
- Blase, C., **Erwin, H. E.**, Crandall, K. J., Cui, J., Abel, M., & Clasey, J. (2019, April). *Comparing children's physical activity during three recess conditions.* Presentation at the Society for Health and Physical Educators Conference, Tampa, FL.
- Ickes, M., **Erwin, H.**, McMullen, J., Bollinger, L., Wiggins, A., Berger, M., & Cantrell, C. (2018, April). *An evaluation of WalkUK: Wayfinding signs to promote walking for transportation among college students.* Poster presentation at the Society for Public Health Education Conference, Columbus, OH.
- Erwin, H. E.**, & Beighle, A. (2018, March). *"He's like the Dr. Seuss of PE."* Poster presentation at the Society for Health and Physical Educators Conference, Nashville, TN.
- Eckler, S. T., Beighle, A., & **Erwin, H. E.** (2018, March). *Analyzing physical educators' teaching behaviors using an observational recording system.* Poster presentation at the Society for Health and Physical Educators Conference, Nashville, TN.
- Erwin, H. E.**, Beighle, A., Routen, A. C., & Montemayor, B. (2017, March). *Feasibility of sit-to-stand desks in a middle school classroom.* Presentation presented at the Society for Health and Physical Educators Conference, Boston, MA.
- Fettrow-Whitney, E. A., Fedewa, A., **Erwin, H.**, Ahn, S., & Farook, M. (2017, January). *Academic-based movement breaks and aerobic-based movement breaks? Is there a differential effect for children's physical activity, achievement, and behavior?* Poster presentation at the Southern Society for Health and Physical Educators Conference, Baton Rouge, LA.

Webster, C. A., Weaver, R., Stylianou, M., Spyridoula, V., Welk, G., Beets, M. W., **Erwin, H. E.**, ...Pedros, M. (2016, April). In C. Webster (Chair), *New developments in Comprehensive School Physical Activity Program measurement*. Workshop session at the Society for Health and Physical Educators America conference, Minneapolis, MN.

Beighle, A., & **Erwin, H. E.** (2016, April). *Branding physical education: Capitalizing on SHAPE America's "Health.Moves.Minds."* Oral presentation at the Society for Health and Physical Educators Conference, Minneapolis, MN.

Erwin, H. E., Goc Karp, G., & Carson, R. (2015, October). *Professional preparation programs for CSPAP leaders*. Panel discussion at the Physical Education Teacher Education Conference, Atlanta, GA.

Erwin, H. E., & Beighle, A. (2015, October). *Physical education for the classroom teacher course – Using a CSPAP approach*. Oral presentation at the Physical Education Teacher Education Conference, Atlanta, GA.

Beighle, A., & **Erwin, H. E.** (2015, October). *CSPAP, PETE, and PA...Oh My!* Oral presentation at the Physical Education Teacher Education Conference, Atlanta, GA.

Fettrow, E., & **Erwin, H. E.** (2015, October). *Using GoNoodle to teach health concepts in the elementary/middle school*. Oral presentation at the American School Health Association Conference, Orlando, FL.

Thornton, M., **Erwin, H. E.**, Moore, E., & Johnson, C. (2015, March). Effects of stability balls on student activity and teacher perceptions. Oral presentation at the Society for Health and Physical Educators Conference, Seattle, WA.

Thornton, M., Babkes Stellino, M., Moore, E., Johnson, C., & **Erwin, H. E.** (2015, March). *Gender inequalities in elementary recess physical activity*. Poster presentation at the Society for Health and Physical Educators Conference, Seattle, WA.

Carson, R. L., **Erwin, H. E.**, Goc Carp, G, Heidorn, B., Webster, C. A., van der Mars, H., Bauenhauer, B., & Brusseau, T. A. (2015, March). In R. L. Carson (Chair), *Integrating CSPAP in PETE programs: Sharing insights and identifying strategies*. Workshop session conducted at the Society for Health and Physical Educators America conference, Seattle, WA.

Babkes Stellino, M., Thornton, M., & **Erwin, H. E.** (2015, March). *Elementary teachers' autonomy support for children's recess physical activity*

motivation. Oral presentation at the Society for Health and Physical Educators Conference, Seattle, WA.

Beighle, A., & **Erwin, H. E.** (2015, March). *Motivation in the gym: Theory to practice*. Presentation at the Society for Health and Physical Educators Conference, Seattle, WA.

Erwin, H. E., & Beighle, A. (2014, April). *Incorporating active assessments in physical education*. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, St. Louis, MO.

Beighle, A., & **Erwin, H. E.** (2014, February). *Using a four part lesson in PE*. Presentation at the Southern District Alliance for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.

Erwin, H. E., Beighle, A., Moore, E., Thornton, M., & Johnson, C. (2014, February). *Teaching fitness activities K-12*. Presentation at the Southern District Alliance for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.

Erwin, H. E., & Beighle, A. (2014, February). *Boosting physical activity during physical education time*. Presentation at the Southern District Alliance for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.

Beighle, A., & **Erwin, H. E.** (2013, April). *Maximizing physical activity in physical education*. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Charlotte, NC.

Erwin, H. E., Beighle, A., Johnson, C., Moore, E., Thornton, M., & Benton, D. (2013, April). *Impact of professional development on student activity during physical education*. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance, Charlotte, NC.

Erwin, H. E., Beighle, A., Fedewa, A. L., Candelaria, A., & Schwartz, J. (2013, April) *Relationship between physical activity and student behaviors: An exploratory study*. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance, Charlotte, NC.

Erwin, H. E., Beighle, A., Benton, D., Scanlan, T., & Wooten, S. (2012, October). *Physical activity in physical education: One district's move to improve*. Presentation at the Physical Education Teacher Education Conference, Las Vegas, NV.

Stellino, M. B., **Erwin, H. E.**, & Beighle, A. (2012, June). *Exploration of children's school- and home-based physical activity correlates: An*

Expectancy-Value Theory approach. Presentation at the North American Society for the Psychology of Sport and Physical Activity, Honolulu, HI.

- Small, S. R., Rose, S. A., Perman, J., & **Erwin, H. E.** (2012, February). *Evaluation of physical activity levels in an after-school program*. Presentation at the American Federation for Medical Research, New Orleans, LA.
- Beighle, A., & **Erwin, H. E.** (2011, October). *Lessons learned: Implementing classroom physical activity*. Presentation at the National Conference for the American School Health Association, Louisville, KY.
- Beighle, A., & **Erwin, H. E.** (2011, March). *School-based physical activity promotion*. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, San Diego, CA.
- Erwin, H. E.**, Beighle, A., Morgan, C., & Noland, M. P. (2010, October). *Preliminary findings of a low-cost classroom intervention*. Oral presentation at the 84th Annual American School Health Association School Health Conference, Kansas City, MO.
- Banda, J., Beets, M. W., **Erwin, H. E.**, & Beighle, A. (2009, November). *Using photographs to understand young-adolescents' perceptions of their physical activity socialization*. Paper presented at the American Public Health Association, Philadelphia, PA.
- Erwin, H. E.**, Beets, M. W., Morgan, C., & Beighle, A. (2009, April). *Implementing classroom-based physical activity*. Tutorial presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Tampa, FL.
- Morgan, C., Beighle, A., **Erwin, H. E.**, & Beets, M. W. (2009, April). *Physical education's role in promoting physical activity for youth*. Tutorial presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Tampa, FL.
- Beets, M. W., **Erwin, H. E.**, Beighle, A., & Morgan, C. (2009, April). *Considerations for developing effective after-school programs to promote physical activity*. Tutorial presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Tampa, FL.
- Beighle, A., Morgan, C., Beets, M. W., & **Erwin, H. E.** (2009, April). *Maximizing recess physical activity*. Tutorial presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Tampa, FL.

- Graber, K. C., **Erwin, H. E.**, Woods, A. M., Rhoades, J., & Zhu, W. (2008, April). *Demographic characteristics of physical education teacher educators by Carnegie classification*. Research symposium presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Fort Worth, TX.
- Graber, K. C., Woods, A. M., **Erwin, H. E.**, Rhoades, J., & Valley, J. (2008, April). *Professional characteristics of physical education teacher educators*. Research symposium presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Fort Worth, TX.
- Castelli, D. M., **Erwin, H. E.**, & Woods, M. K. (2008, April). Effects of media on physical education performance outcomes. Oral presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Fort Worth, TX.
- Miller, A. D., **Erwin, H.**, Abel, M., & Beighle, A. (2008, March). *Making math move: The influence of integrated physical activity on elementary students' math motivation*. Poster presented at the American Educational Research Association, New York, NY.
- Beighle, A., & **Erwin, H. E.** (2007, October). *Preparing physical educators to be school physical activity directors*. Presentation at the History and Future Directions of Physical Education Teacher Education Conference, Pittsburgh, PA.
- Erwin, H. E.**, & Beighle, A. (2007, September). *The influence of integrating kinesthetic learning experiences in elementary classrooms*. Oral presentation at the Physical Activity in Contemporary Education Conference, Urbana-Champaign, IL.
- Beighle, A., & **Erwin, H. E.** (2007, September). *Creating a physical activity culture in schools: A comprehensive physical activity director approach*. Oral presentation at the Physical Activity in Contemporary Education Conference, Urbana-Champaign, IL.
- Castelli, D., Graber, K. C., **Erwin, H. E.**, Woods, A. M., & Zhu, W. (2007, April). *A national profile of teacher education faculty: The construction of an online survey*. Oral presentation at the American Educational Research Association, Chicago, IL.
- Erwin, H. E.**, & Castelli, D. (2007, April). *Physical activity and other performance outcomes of the national physical education standards*. Round table presentation at the American Educational Research Association, Chicago, IL.

- Erwin, H. E.**, Castelli, D., & Woods, M. K. (2007, March). *Standards-based outcomes of 4th and 5th grade students*. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance Conference, Baltimore, MD.
- Castelli, D., Woods, M. K., Nordmeyer, E. E., Valley, J., Graber, K. C., **Erwin, H. E.**, Bolton, K., & Woods, A. M. (2007, March). *Perceived versus actual motor competence in children*. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance Conference, Baltimore, MD.
- Woods, A. M., Bolton, K. N., **Erwin, H. E.**, Graber, K. C., Castelli, D., Valley, J., & Woods, M. K. (2007, March). *Influences of perceived motor competence and motives on children's physical activity*. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance Conference, Baltimore, MD.
- Erwin, H.E.** (2006, October). Children's physical activity levels in relation to their access to physical activity. Round table presentation at the Physical Education Teacher Education Conference, Long Beach, CA.
- Graber, K.C., **Erwin, H.E.**, Woods, A.M., & Zhu, W. (2006, October). *Here's looking at you again PETE: Profiling the present*. Oral presentation at the Physical Education Teacher Education Conference, Long Beach, CA.
- Docheff, D., & **Erwin, H.E.** (2006, April). *Curriculum: The driving force for clear visions in physical education*. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, UT.
- Rhea, C., & **Erwin, H.E.** (2006, April). *Biomechanical knowledge of practicing physical education teachers*. Poster presentation at the American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, UT.
- Castelli, D.M., **Erwin, H.E.**, Buck, S., & Hillman, C.H. (2006, April). *The relationship between motor skill competency and cognitive processes in children*. Poster presentation at the American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, UT
- Erwin, H.E.**, & Castelli, D.M. (2005, April). *What do motor competent and non-competent children look like?* Poster session presented at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Chicago, IL.
- Castelli, D.M., Hillman, C.H., Buck, S., & **Erwin, H.E.** (2005, April). *Cognitive processes, fitness, and motor competency in children*. Research symposium presented at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Chicago, IL.

Docheff, D., Conn, J., & **Erwin, H.E.** (2005, April). *Developing leaders through sport and physical education*. Presentation at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Chicago, IL.

Docheff, D., Graber, K.C., Conn, J., & **Erwin, H.E.** (2005, April). *Finding the presenter in you: The future is now!* Workshop presented at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Chicago, IL.

International

Erwin, H. E., & Beighle, A. (2015, November). *Motivating students in physical education*. Presentation at the Asia Pacific Physical Education Conference, Hong Kong, China.

Beighle, A., & **Erwin, H. E.** (2015, November). *Maximizing physical activity in physical education*. Presentation at the Asia Pacific Physical Education Conference, Hong Kong, China.

Beighle, A., & **Erwin, H. E.** (2011, November). *Dynamic Physical Education within the United Kingdom framework*. Presentation at Liverpool John Moores University in Liverpool, England.

Erwin, H. E., & Beighle, A. (2011, November). *Implementing Dynamic Physical Education in the secondary schools*. Presentation at Liverpool John Moores University in Liverpool, England.

Regional

Fedewa, A. L., & **Erwin, H. E.** (2015, March). *School-based physical activity and behavioral, academic, and mental health outcomes in children*. Center for Clinical and Translational Science Conference, Lexington, KY.

Beighle, A., & **Erwin, H. E.** (2012, November). *Using the classroom to foster physical activity and positive academic performance*. Presentation at the 2012 Innovation Summit, Lexington, KY.

Erwin, H. E. (2011, November). *Physical activity for children in day cares*. Presentation at Healthy from the Start: Nutrition, Physical Activity and Screen Time Practices for Early Child Care and Education Centers in Kentucky, Frankfort, KY.

Erwin, H. E., & Beighle, A. (2011, October). *Making every minute count: Putting moderate to vigorous physical activity into the school day*. Presentation at the 3rd annual Making Every Minute Count workshop in Georgetown, KY.

Beighle, A., & **Erwin, H. E.** (2010, November). *Making every minute count: Putting moderate to vigorous physical activity into the school day*. Presentation at the Making Every Minute Count workshop in Beattyville, KY.

Beighle, A., & **Erwin, H. E.** (2010, November). *Promoting physical activity in childcare settings*. Presentation at the Community Early Childhood Council Annual Meeting, Frankfort, KY.

State

Erwin, H. E., & Beighle, A. (2017, November). *Innovative instant activities to jumpstart your classes!* Presentation at the Kentucky Association for Health, Physical Education, Recreation and Dance, Lexington, KY.

Erwin, H. E., & Beighle, A. (2016, November). *Effective management strategies for maximizing student physical education*. Presentation at the Virginia Association for Health, Physical Education, Recreation and Dance, Richmond, VA.

Beighle, A., & **Erwin, H. E.** (2016, November). *Using a multi-activity model*. Presentation at the Virginia Association for Health, Physical Education, Recreation and Dance, Richmond, VA.

Erwin, H. E., & Beighle, A. (2016, November). *Activities to infuse fitness into every lesson*. Presentation at the Kentucky Association for Health, Physical Education, Recreation and Dance, Lexington, KY.

- Beighle, A., & **Erwin, H. E.** (2016, November). *Strategies for increasing physical activity during physical education*. Presentation at the Kentucky Association for Health, Physical Education, Recreation and Dance, Lexington, KY.
- Beighle, A., & **Erwin, H. E.** (2013, January). *Implementing classroom-based physical activity and HOPSports*. Presentation at John Cooper School, The Woodlands, TX.
- Erwin, H. E.** (2012, November). *Disability awareness*. Presentation at the Kentucky Association for Health, Physical Education, Recreation and Dance, Louisville, KY. - This presentation was conducted with eight undergraduate/graduate students: Moore, E., Thornton, M., Johnson, C., Albaba, Z., Blanton, J., Ford, R., Sadler, L., & Turner, A.
- Erwin, H. E.** (2011, November). *SPACE creation!: Supporting physical activity in the classroom environment*. Presentation at the Kentucky Association for Health, Physical Education, Recreation and Dance, Lexington, KY.
- Beighle, A., & **Erwin, H. E.** (2011, November). "Do we have to run the mile?" Presentation at the Kentucky Association for Health, Physical Education, Recreation and Dance, Lexington, KY.
- Beighle, A., & **Erwin, H. E.** (2010, August). *Physical Activity Promotion in Early Child Care Settings*. Presentation at the Infant-Toddler Institute, Lexington, KY.
- Beighle, A., & **Erwin, H. E.** (2010, May). *Promoting physical activity in child care settings*. Presentation at the Health Communities: Moving Communities from Programs to Policy Conference, Lexington, KY.
- Eckler, S., Beighle, A., & **Erwin, H. E.** (2009, November). *Children's school day and recess activity at two schools*. Poster session at the Kentucky Association for Health, Physical Education, Recreation and Dance Conference, Lexington, KY.
- Erwin, H. E.** (2009, November). *Creative activities for students and teachers: CATS "Fantastic Four" Part Lessons*. Presentation presented at the Kentucky Association for Health, Physical Education, Recreation and Dance Conference, Lexington, KY. – This presentation was conducted with nine undergraduate students.
- Erwin, H. E.** (2009, June). *Maximizing physical activity in K-12 physical education*. Presentation at the Physical Activity and Wellness Schools Institute, Lexington, KY.

- Erwin, H. E.** (2008, October). *Secondary physical education: No T.I.M.E. to waste*. Presentation at the Kentucky Association for Health, Physical Education, Recreation and Dance Conference, Louisville, KY. – This presentation was conducted with five undergraduate students: Eckler, S., Koufoudakis, R., Kuligoski, C., Schwartz, J., & Timaji, A.
- Erwin, H. E.** (2007, November). *Extreme Makeover: Games Edition!* Presentation at the Kentucky Parks and Recreation Society Conference, Lexington, KY.
- Erwin, H. E.** (2007, June). *Sport education: A method for motivating students in physical education*. Presentation at the Summer Kentucky Association for Health, Physical Education, Recreation and Dance Workshop, Lexington, KY.
- Erwin, H. E.** (2007, February). *Integrating movement in the classroom*. Presentation at the Kentucky Physical Activity Conference, Louisville, KY.
- Erwin, H.E.** (2006, November). *Winning the behavior management GAME*. Presentation at the Kentucky Association of Health, Physical Education, Recreation, and Dance Conference, Lexington, KY.
- Erwin, H.E.** (2005, November). *Validation of a preadolescent environmental access to physical activity questionnaire*. Student-Mentor Award presentation at the Illinois Association for Health, Physical Education, Recreation and Dance, St. Charles, IL.
- Erwin, H.E.** (2005, November). *Is graduate school right for me?* Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance, St. Charles, IL.
- Docheff, D., Graber, K.C., Conn, J., & **Erwin, H.** (2005, November). *Effectively teaching teachers through presentations*. Presentation at the Illinois Association of Health, Physical Education, Recreation, and Dance Conference, St. Charles, IL.
- Erwin, H.E.,** & Bachtel, A. (2005, November). *Physical education for all seasons: Games and activities for every holiday*. Presentation at the Missouri Association for Health, Physical Education, Recreation and Dance, Lake of the Ozarks, MO.
- Erwin, H.E.,** & Rhea, C. (2005, November). *Opportunity knocks!! Will you take it?* Presentation at the Indiana Association of Health, Physical Education, Recreation, and Dance Conference, Indianapolis, IN.

- Rhea, C., & **Erwin, H.E.** (2005, November) *Investigating new ways to teach biomechanics to physical education majors*. Presentation at the Indiana Association of Health, Physical Education, Recreation, and Dance Conference, Indianapolis, IN.
- Valley, J., & **Erwin, H.** (2004, November). *Create, navigate, advocate, and disseminate: Web site development to promote quality physical education*. Presentation conducted at the Illinois Association of Health, Physical Education, Recreation, and Dance Conference, St. Charles, IL.
- Erwin, H.**, & Castelli, D. (2004, November). *Do physical activity and fitness influence motor competency?* Poster session and oral presentation at the Missouri Association of Health, Physical Education, Recreation and Dance Conference, Lake of the Ozarks, MO.
- Castelli, D., & **Erwin, H.** (2003, September). *Technology applications regarding physical activity and health*. Presentation conducted for Eric Dishman of Intel's Health Research Program, Champaign, IL.
- Conn, H.**, & Gorman, D. (2003, November). *The effect of cup stacking on reaction time, movement time, and ambidexterity in fourth grade students*. Poster session presented at the Arkansas Association of Health, Physical Education, Recreation, and Dance Conference, Hot Springs, AR.
- Ferguson, R., Hardy, K., & **Conn, H.** (2003, November). *Predictors of success on the Praxis II physical education assessment*. Poster session presented at the Arkansas Association of Health, Physical Education, Recreation, and Dance Conference, Hot Springs, AR.

Invited Presentations

- Fedewa, A., & **Erwin, H. E.** (2015, March). *School-based physical activity and behavioral, academic, and mental health outcomes in children*. Presentation at the Center for Clinical and Translational Science Spring Conference, Lexington, KY.
- Erwin, H. E.** (2014, July). *School physical activity and academic achievement: Evidence, strategies, and future directions*. Presentation at the Leadership Summit on Childhood Obesity, Lexington, KY.
- Beighle, A., & **Erwin, H. E.** (2013, February). *PECAT for Higher Education Institutions*. Presentation at the American Cancer Society/Centers for Disease Control and Prevention Advanced Academy, Atlanta, GA.
- Erwin, H. E.** (2012, August). *Mini moves: Incorporating physical activity in the classroom and at home*. Presentation at the Infant-Toddler Institute, Lexington, KY.

- Erwin, H. E., & Ickes, M.** (2011, September). *Physical activity is academic!* Presentation to the Kentucky Childhood Obesity Task Force, Frankfort, KY.
- Erwin, H. E.** (2011, June). *Programs, policies, and Media Smart.* Presentation at the Growing Healthy Kids Conference, Lexington, KY.
- Erwin, H. E.** (2011, June). *Creating healthy, hunger-free communities come together.* Presentation at the Growing Healthy Kids Conference, Lexington, KY.
- Beighle, A., & **Erwin, H. E.** (2011, May). *Current health and wellness trends for physical educators.* Presentation for Boone County Schools physical education teachers, Boone County, KY.
- Erwin, H. E., & Beighle, A.** (2011, May). *Leading elementary teachers to promote physical activity and health in the classroom.* Presentation for Boone County Schools physical education teachers, Boone County, KY.
- Erwin, H. E.** (2011, March). *Youth physical activity during the school day: A buried treasure.* Presentation for the University of Illinois Kinesiology and Community Health Colloquium series, Urbana-Champaign, IL.
- Fedewa, A., & **Erwin, H. E.** (2010, October). *Physical activity: Implications for classroom behavior and learning.* Presentation at the University of Kentucky, College of Education, Educational Policy Colloquium, Lexington, KY.
- Beighle, A., & **Erwin, H. E.** (2010, July). *School-based physical activity: Moving and learning.* Presentation at the Alternative Strategies for Educating Students at Risk Conference, Richmond, KY.
- Erwin, H. E.** (2010, July). *Physical activity in schools: Connecting programs to policy.* Presentation at the Growing Healthy Kids Institute, Lexington, KY.
- Erwin, H. E.** (2009, May). *Increase physical activity and physical education in schools.* Presentation at Shaping Kentucky's Communities Summit: Policies, Programs and People to Reduce Obesity, Lexington, KY.
- Beal, R. K., Riggs, R., & **Erwin, H.E.** (2008, February). *Integrating physical activity with core content.* Presentation at the University of Kentucky College of Education Field Supervisor's meeting, Lexington, KY.
- Erwin, H. E.** (2007, June). *Appropriate physical activity for youth.* Presentation at Lexington-Fayette Urban County Government Division of Parks and Recreation staff training, Lexington, KY.

- Erwin, H. E.** (2007, March). *Movement M&Ms*. Presentation at Kentucky Literacy, Eating, Activity for Preschoolers (LEAP) In-service for preschool teachers, Frankfort, KY.
- Erwin, H.E.,** & Buck, S.M. (2005, December). *Children's cognitive processes and fitness*. Presentation at the Raising Student Achievement Conference, St. Charles, IL.
- Castelli, D.M., Woods, A.M., **Erwin, H.E.,** & Woods, M. (2005, November). *Evidence-based practice in physical education: Riding the wave of change*. Presentation for Rantoul School District Physical Education In-service Workshop, Rantoul, IL.
- Castelli, D.M., Yang, L., & **Erwin, H.E.** (2005, September). *Technology integration in physical education*. Presentation for Champaign IV School District Physical Education In-service Workshop, Champaign, IL.
- Castelli, D., Buck, S., & **Erwin, H.** (2004, February). *The influence of physical fitness on cognitive processing in 7-11 year old children*. Presentation conducted at a Champaign 4 School District Elementary Physical Education In-service, Champaign, IL.

GRANTS

Funded

- January 2018 The Educational Impact of Physical Activity: The Walking Classroom Program Evaluation. (The Oak Foundation). PI – Erienne Weight, Co-I M. Harry, Co-I Heather E. Erwin, Co-I M. Lewis, Co-I J. Jensen, Co-I N. Popp, Co-I B. Osborne, \$50,000.
- July 2015 Enhancing the Outcomes of a Behavioral Parent Training Intervention (National Institutes of Health/National Institute of General Medical Sciences, Subaward from University of Vermont, 1P20GM103644). PI – Craig Rush; Co-PI Christina Studts; Co-I Heather E. Erwin, Co-I Aaron Beighle, \$20,000.
- January 2012 Evaluating the Effects of a Physical Activity Intervention Program on the Satisfaction and Activity Levels of Preschool Children with and without Identified Disabilities (Health and Wellness Incentive Program Sponsored by the Human Development Institute). PI – Alicia Fedewa; Co-I Heather E. Erwin, \$1,000.
- April 2011 International Perspective on School-Based Physical Activity for Youth (University of Kentucky, Office of the Vice President for Research, Research Support Grant). PI – Heather E. Erwin; \$5,000.
- November 2010 Academic-Community Coalition for a School-Based Obesity Prevention/Treatment Program (National Institute of Child Health and Human Development). PI – Todd Cheever; Co-I Heather E. Erwin; \$28,971.
- May 2010 P20 School Health and Wellness Lab (University of Kentucky, College of Education). Co-PI – Heather E. Erwin; \$50,000.
- January 2010 School-Based Physical Activity International Collaboration (University of Kentucky, College of Education). Co-PI – Heather E. Erwin; \$4,825.
- July 2010 An Intergenerational Intervention to Reduce Appalachian Health Disparities (National Institutes of Health/NIDDK). PI – Nancy Schoenberg; Co-I – Heather E. Erwin; \$3,585,630.
- August 2009 Physical Activity and Wellness Schools (PAWS) (Elaine and Steve Harris, private donors). PI – Melody Noland; Co-I – Heather E. Erwin; Renewal: \$20,000.

- January 2009 Effect of Choice on Student Motivation and Physical Activity Levels in Elementary Physical Education (University of Kentucky, Office of the Vice President for Research, Research Support Grant). PI – Heather E. Erwin; \$10,000.
- December 2008 UK Physical Activity and Wellness Schools (UK PAWS) Institute Conference and Workshop Awards (University of Kentucky Vice President for Research). Co-PI – Aaron Beighle; Co-PI – Heather E. Erwin; \$3,000.
- August 2008 Physical Activity and Wellness Schools (PAWS) (Elaine and Steve Harris, private donors). PI – Melody Noland; Co-I – Heather E. Erwin; \$20,000.
- August 2008 Improving Health through Physical Activity: Design and Evaluation of Physical Activity Programs Implemented by FCS Extension Agents (Health Education through Extension Leadership, Commonwealth of Kentucky). PI – Melody Noland; Co-I – Heather E. Erwin; \$60,097.
- October 2007 Relation of Children’s Perception of their Environment to Physical Activity Levels: A Mixed Methodology Approach (AAHPERD Research Consortium Collaborative Grant Research Program). PI – Heather E. Erwin; \$9,555.
- June 2007 Get Healthy Kentucky Schools (Governor’s Office for Wellness and Physical Activity). Co-PI – Heather E. Erwin; \$6,000.
- December 2006 Integrating Kinesthetic Learning Experiences in Elementary Classrooms (University of Kentucky, College of Education Mini-grants). PI – Heather E. Erwin; \$6,000.
- December 2006 Children’s Perceptions of their Physical Activity. (University of Kentucky Faculty Summer Research Fellowship). PI – Heather E. Erwin; \$6,000.
- October 2004 Graduate College Travel Grant (University of Illinois at Urbana-Champaign). PI – Heather E. Erwin

Proposals

- August 2017 Pedal to Learn: Improving Student Academic Outcomes for Adolescents. (Institute of Educational Sciences). PI – Alicia Fedewa; Co-PI – Heather E. Erwin; \$1,400,000 requested.

- April 2017 An Activity Intervention to Improve Academic Outcomes for Adolescents. (Spencer Foundation Small Grants). Co-PI – Heather E. Erwin; \$49,500.00 requested.
- February 2017 Equipment Competition. (University of Kentucky Vice President for Research). PI – Heather E. Erwin; \$26,273.65 requested.
- March 2016 A School-Based Physical Activity Intervention for Children with and without ADHD Symptomology. (University of Kentucky Vice President for Research Support Grants). PI – Alicia Fedewa; Co-I – Heather E. Erwin; \$19,846 requested.
- March 2016 Developing an Inclusion Implementation Model for Health-Enhancing Physical Activity or Elementary Children with and without Disabilities. (NIH PAR 14-321 Developing Interventions for Health-Enhancing Physical Activity R21/R33). PI – Alicia Fedewa; Co-I – Heather E. Erwin, \$1,239,025 requested.
- November 2014 An Inclusion Model to Increase Daily Physical Activity for 5th Graders With and Without Disabilities (IM-HEPA). (National Institutes of Health). PI – Joan Mazur; Co-Investigators – Alicia Fedewa, Melinda Ault, Margaret Bausch, Heather E. Erwin; \$751,100 requested.
- March 2014 A Randomized Control Study Examining the Effects of Physical Activity on the Behavior of Pre-School Children at-risk for ADHD. (University of Kentucky Vice President for Research Support Grants). PI – Alicia Fedewa; Co-I – Heather E. Erwin; \$17,275 requested.
- March 2013 Presidential Youth Fitness Program Evaluation. (Presidential Youth Fitness Program). Co-PIs – Aaron Beighle & Heather E. Erwin; \$706,018 requested.
- February 2013 Healthier with a Buddy: Evaluating the Feasibility in Improving Nutrition and Physical Activity through Peer Influence. (University of Kentucky, Center for Clinical and Translational Science). PI – Alicia Fedewa; Co-I – Heather E. Erwin; \$100,000 requested.
- December 2012 Promoting healthy lifestyles in children by implementing CHANGE!: A school-based physical activity and healthy eating intervention. (Bupa Foundation Multi-Country grant). PI –

Stuart Fairclough; Co-I – Heather E. Erwin; \$1,213,655 requested.

- October 2012 A Randomized Control Study Examining the Effects of Physical Activity on the Behavior of Preschool Children At-Risk for ADHD. (University of Kentucky, Office of the Vice President for Research, Research Support Grant). PI – Alicia Fedewa; Co-I - Heather E. Erwin; \$9,170 requested.
- September 2011 Appalachian Children Move More Together (National Institutes of Health/Healthy Habits: Timing for Developing Sustainable Healthy Behaviors in Children and Adolescents R03). PI – Alison Gustafson; Co-I – Heather E. Erwin; \$139,000 requested.
- September 2011 Appalachian Children Move More Together (University of Kentucky, Center for Clinical and Translational Science). PI – Alison Gustafson; Co-I – Heather E. Erwin; \$48,977 requested.
- March 2011 PAWS for Good Health in Kentucky Schools (Steele-Reese Foundation). PI – Melinda Ickes; Co-I – Heather E. Erwin; \$60,050 requested.
- January 2011 PAWS for Good Health in Kentucky (Humana Foundation). PI – Melinda Ickes; Co-I – Heather E. Erwin; \$50,000 requested.
- December 2010 Assessing the Effectiveness of CATCH in After-School Programs for Urban and Rural Low-Income Youth (General Mills Champions for Healthy Kids). PI – Alicia Fedewa; Co-I – Heather E. Erwin; \$10,000 requested.
- November 2010 PAWS (Physical Activity and Wellness Supervisors) for Good Health in Kentucky Schools (Knight Foundation). PI – Melinda Ickes; Co-I – Heather E. Erwin; \$75,000 requested.
- October 2010 PMI2 Connect UK-US New Partnership Fund (British Council Connect: A Meeting of Minds). PI – Stuart Fairclough; Co-I – Heather E. Erwin; \$20,085 requested.
- October 2010 PAWS (Physical Activity and Wellness Supervisors) for Good Health in Kentucky Schools (Berea College Appalachian Fund). PI – Heather E. Erwin; \$10,032 requested.

- October 2010 PAWS (Physical Activity and Wellness Supervisors) for Good Health in Schools (Foundation for a Healthy Kentucky, Kentucky Healthy Futures Initiative). PI – Heather E. Erwin; \$200,000 requested.
- May 2009 The Effects of Structured vs Autonomy Supportive Activity Opportunities on Children’s Afterschool Program Physical Activity (Active Living Research – Robert Wood Johnson Foundation). PI – Aaron Beighle; Co-I – Heather E. Erwin; \$399,896 requested.
- February 2009 ¡A Mover y Aprender Cardinal Valley! (Salud America! - Robert Wood Johnson Foundation). PI – Heather E. Erwin; \$73,864 requested.
- April 2008 Effect of Integrating Physical Activity on Math Retention (NEA Foundation Student Achievement Grant). PI – Heather E. Erwin; \$5,000 requested.
- January 2008 LEAP into Fun and Fitness (General Mills Champions for Healthy Kids Grant). PI – Heather E. Erwin; \$10,000 requested.
- May 2007 IMPACT Kentucky (University of Kentucky Commonwealth Collaborative). PI – Heather E. Erwin; \$9,700 requested.
- March 2007 Lansdowne Elementary Activity Zone (Take Action: Healthy People, Places, and Practices in Communities Project). PI – Anita Courtney; Co-I – Heather E. Erwin; \$5,000.
- January 2007 Impact of Perceived Access and Physical Activity Preferences on Children’s Physical Activity Levels (AAHPERD Research Consortium Collaborative Research Program). PI – Aaron Beighle; Co-I – Heather E. Erwin; \$14,994 requested.

AWARDS

2020	UK Advising Networks Top Toots <i>Top Toots Congratulations for outstanding advising</i>	Lexington, KY
2019	KAHPERD <i>University Physical Education Teacher of the Year</i>	Louisville, KY
2016	Teacher Who Made a Difference <i>Recognized at the Teachers Who Made a Difference breakfast, sponsored by the University of Kentucky, College of Education</i>	Lexington, KY
2015	Hosted Dr. Ash Routen for research visit <i>Research Associate in Physical Activity, Sedentary Behavior and Youth</i> Loughborough University, Loughborough, UK	Lexington, KY
2015	Journal of Teaching in Physical Education <i>2014 JTPE Outstanding Reviewer Award</i>	Chicago, IL
2013	American Educational Research Association <i>Exemplary Paper Award - American Educational Research Association's Research Learning and Instruction in Physical Education Special Interest Group for Sallis, J.F., McKenzie, T.L., Beets, M.W., Beighle, A., Erwin, H., & Lee, S. (2012). Physical education's role in public health: Steps forward and backward over 20 years and HOPE for the future. Research Quarterly for Sport and Exercise and Sport. 83(2), 125-135.</i>	
2013	NASPE <i>Helen M. Heitmann Curriculum and Instruction Young Scholar Award</i>	Charlotte, NC
2011	AAHPERD <i>Research Consortium Fellow</i>	San Diego, CA
2011	AAHPERD <i>Nominated for the Mabel Lee Award</i>	San Diego, CA
2010	Teacher Who Made a Difference <i>Recognized at the Teachers Who Made a Difference breakfast, sponsored by the University of Kentucky, College of Education</i>	Lexington, KY
2009	NASPE <i>Nominated for the Helen M. Heitmann Curriculum and Instruction Young Scholar Award</i>	Indianapolis, IN
2008	National Society of Collegiate Scholars <i>Nominated for the Inspire Integrity Award</i>	Washington, DC

2007 NASPE Fort Worth, TX
*Nominated for the NASPE Sport & Exercise Psychology Academy
Dissertation Award*

2006 University of Illinois at Urbana-Champaign Urbana, IL
Laura J. Huelster Scholarship Award

2006 AAHPERD Salt Lake City, UT
Ruth Abernathy Presidential Graduate Scholarship

2005 Illinois AHPERD St. Charles, IL
Student-Mentor Award

2004 University of Illinois at Urbana-Champaign Urbana, IL
Roger Morse Most Promising Graduate Student Award

MENTORING

*Doctoral Dissertation Committee Member (*Dissertation Chair)*

- Efrat Abadi*, 2019-present
- Gunay Sen, 2019-present
- Ken Murfay, 2018-present
- Donovan Ross, Ph.D., 2017-present
- Jason Wilson, Ph.D., 2017-present
- Lauren Willis*, Ph.D., 2016-2019
“The Effect of Increasing Physical Activity on Academic Performance”
- Eric Moore*, Ph.D., 2012-2018
“Physical Educator Perceptions of Professional Development: A Phenomenological Study”
- Seth Eckler*, Ph.D., 2015-2018
“Analyzing Physical Education Teacher Behavior Using Systematic Observation”
- Colleen Cornelius, Ph.D., 2018 – outside examiner
“A Classroom-Based Physical Activity Intervention for Adolescents: Is There an Effect on Self-Efficacy, Physical Activity and On-Task Behavior?”
- Igor Vasilj, Ph.D., 2017 – outside examiner
“Evaluating the Attitudes and Practices of Exercise Prescription among Psychotherapists”
- Jennifer McMullen, Ph.D., 2014-2016
“The College CHEF: Cooking Healthfully, Educating For Life-Long Change”
- Christine Johnson*, Ph.D., 2012-2015
“Student Perceived Motivational Climate, Enjoyment, and Physical Activity in Middle School Physical Education”
- Michelle Thornton*, Ph.D., 2012-2015
“The Relationship between Physical Activity and On-Task Behavior in Early Primary School Students”
- Meredith Sims*, Ph.D., 2011-2013
“Validation and Descriptive Analysis of System for Observing Dance Activities in Classroom Environment”
- Megan Danzl, Ph.D., 2013 – outside examiner
“Stroke Survivors, Caregivers, and Physical Therapists’ Perceptions of Patient and Caregiver Education in Stroke Rehabilitation”
- Sallie Powell, Ph.D., 2012 – outside examiner
“Constructing the Modern Girl--Kentucky Style: An Examination of Gender and Race through the Lens of Kentucky Girls’ High School Basketball Prior to Title IX”

*Masters Thesis Committee Member (*Thesis Chair)*

Trevor Tierney, 2018-present

Travis Sheadler, M.S., 2018-present

Alex Moss, M.S., 2018-present
Rena Goodwin, M.S., 2015-2017
Meredith Sims*, M.S., 2008-2010
Beth Eddy*, M.S., 2008-2011
Ryann Koufoudakis*, M. S., 2009-2011
Seth Eckler, M.S., 2009-2010
Jenna Schwartz, M.S., 2009-2011

*Masters Committee Member – Non-Thesis Track (*Chair)*

Grant Lanning, M.S. 2018-2020
Abby Snowden, M.S. 2018-2020
Ninah Bertrand, M.S., 2018-2020
Zoe Schrader, M.S., 2018-2020
Dominique Floyd, M. S., 2018-2020
Harold Corrales, M.S., 2018-2020
Hannah Bourg, M.S., 2018-2020
Dierra Bell, M.S., 2017-2019
Rob Bonse, M.S., 2017-2019
Erika Karle, M.S., 2017-2019
Jennifer Miller, M.S., 2017-2019
Kimberly Poole, M.S., 2017-2019
Anna Buchanan, M.S., 2017-2019
Dillon Houghton, M. S., 2016-2018
Daniel Amon, M.S., 2008-2018
Kyle Burton, M.S., 2014-2018
Trent Martin, M.S., 2016-2018
Dominique Martin, M.S., 2016-2018
Cassidy Cantrell, M.S., 2016-2018
Taylor Ballinger, M.S., 2014-2016
Joshua Davis, M.S., 2014-2016
Brittany Mullins, M.S., 2014-2016
Lee Earlywine*, M.S., 2014-2016
Emily Lyden, M.S., 2014-2106
Deena Mentonis, M.S., 2014-2016
Jacob Noger, M. S., 2014-2016
Lance Reed, M.S., 2014-2016
Luke Persall, M.S., 2014-2016
Josh Pruitt, M.S., 2013-2015
Adam Borman*, M.S. 2012-2014
Jenny Svoboda, M.S., 2012-2014
Jesse Guffey*, M.S., 2012-2013
Philip Mathis, M.S., 2011-2013
Marco dos Santos, M.S., 2011-2013
Jerry Smith*, M. S., 2011-2012
Paul Ciurlys*, M. S., 2010-2012
Jamie Ness, M. S., 2010-2012
Brittany McCarty*, M. S., 2008-2011
Bobby Arnold, M.S., 2007- 2010

Lydia Childress*, M.S., 2008-2010
Amy Crumbaugh, M.S., 2007-2010

SERVICE

Department

- ❖ KHP Advisory Committee
2013-present
- ❖ Sport Leadership Tenure Track Search Committee
2017
- ❖ Director of Graduate Studies, KHP
2013-present
- ❖ KHP Living Learning Community Committee
2013-present
- ❖ Teacher Education Program Kinesiology Chair
2009-present
- ❖ KHP Chair Search Committee
2008, 2012, 2015
- ❖ Education Abroad Committee member
2012-2013
- ❖ Exercise Science Lecturer Search Committee (2 positions)
2012
- ❖ Exercise Science Tenure Track Search Committee
2011
- ❖ Future Directions Committee
2009-present
- ❖ Sport Leadership Tenure Track Search Committee
2008-2009
- ❖ Teacher Education Program faculty interview committee
2006-present
- ❖ R.D. and Caroline Kirkpatrick Scholarship Fund Selection Committee
member
2007-2009

College

- ❖ Graduate Recruitment, Retention and Student Success Committee
2013-present
- ❖ College of Education Self Study Committee member
2017-2018
- ❖ Teacher Educator certification for the Kentucky Teacher Internship Program
2007-2018
 - LaDonda Porter – Beaumont Middle School 2007-2008
 - William Springate – Bryan Station High School 2008-2009
 - Scott Loscheider – Dixie Elementary 2009-2010
 - Christie Kuligoski – Mary Queen of the Holy Rosary 2009-2010
 - Garrett Tyson – Deep Springs Elementary 2010-2011
 - Michael Webster – Tates Creek Middle School 2010-2011
 - Jenna Schwartz – The Learning Center 2011-2012
 - John Nord – Southern Elementary 2011-2012
 - Alex Hunt – Picadome Elementary 2012-2013
 - Samararie Anderson – Seton School 2012-2013
 - Eric Cornett – Maxwell Elementary 2013-2014
 - Hannah Anderson – Dixie Elementary 2014-2015
 - Jordan Manley – STEAM Academy 2015-2016
 - Adam Boldt – The Learning Center 2015-2016
 - Robert Ford – Jessie Clark Middle 2015-2016
 - Ryan Ratliff – Conkwright Elementary 2016-2017
 - Josh Webb – Cardinal Valley Elementary 2017-2018
- ❖ Periodic Review committee member, Department of Educational Leadership Studies
2017
- ❖ SOAR (Shaping Our Appalachian Region) Advisory Committee
2015-2017
- ❖ Faculty Council At-Large member for College of Education
2015-2017
- ❖ Graduate Council member for College of Education
2015-2017
- ❖ Rules Task Force member for College of Education
2014-2015
- ❖ Co-Director of College of Education P20 Health and Wellness Lab
2010-2014

- ❖ Masters Redesign (Rank II) Steering Committee
2008-2012
- ❖ Undergraduate Admissions and Standards Committee
2007-2010
- ❖ Scholarship Committee
2007-2010

University

- ❖ Guest lecturer in Dr. Alison Gustafson's DHN 403 Community Nutrition course, March 7, 2013
- ❖ Vetting Team #3: Inquiry in the Social Sciences Member to revise University of Kentucky's General Education Component
2009-2010
- ❖ Expert reviewer for Family and Consumer Sciences *Active Gaming – Physical Activity Video Games* report, 2012

Community

- ❖ *Journal of Teaching in Physical Education*, Editor/Editor-in-Chief
2020-2022/2022-2024
- ❖ External Reviewer for Academic Program Review, UNM Department of Health, Exercise and Sports Sciences
2020
- ❖ National Physical Activity Plan Alliance/Physical Activity Alliance, Secretary
2019-present
- ❖ Active Schools CSPAP Common Outcomes of Interest Committee
2019
- ❖ SHAPE/AAHPERD Research Consortium Grant Program reviewer
2008-2012, 2015-2020
- ❖ *PLOS ONE* Academic Editor
2019-present
- ❖ SHAPE America Program Chair, Physical Activity & Health Promotion
2018-2019

- ❖ SHAPE America Professional Preparation Council member, 2018-2020
- ❖ Guest Academic Editor, *PLOS ONE*, 2 manuscripts
2018
- ❖ SHAPE America PETE/HETE Conference Program reviewer
2018
- ❖ SHAPE/AAHPERD Research Consortium Grant Program reviewer
2008-2012, 2015-2018
- ❖ *JOPERD* Editorial Board member, 2015-2018
- ❖ Expert stakeholder for CDC report *Classroom Physical Activity
Resource Development*, 2017
- ❖ SHAPE America Program Chair, Teaching & Learning
2017-2018
- ❖ SHAPE America Presidential Scholarship Committee member, 2016-
2018
- ❖ SHAPE Physical Activity and Health abstract reviewer
2017
- ❖ Kentucky Department of Education, Advisory Panel for the Middle
School Physical Education Standards
2017
- ❖ Tenure and promotion reviewer for Northeastern University
2017
- ❖ SHAPE America CSPAP Research Special Interest Group, Past Chair
2015-2017
- ❖ Expert reviewer for CDC guide: *Promising Practices for Recess in
Schools*, 2016
- ❖ Professional Development for Scott County physical education
teachers, July 30, 2015
- ❖ SHAPE America Whole School, Whole Community, Whole Child
(WSCC) Model Task Force member, 2015
- ❖ SHAPE America Scholarship Committee At-Large representative,
2015-2017

- ❖ Reviewer for Physical Education Teacher Education/Health Education Teacher Education Conference, 2015
- ❖ Professional Development for Fayette County physical education teachers, 2012-present
- ❖ Nutrition, Physical Activity, Obesity and Cancer Panel member at the Kentucky Cancer Consortium, Frankfort, KY, October 14, 2014
- ❖ NASPE Middle School Teacher of the Year Selection Committee, 2014
- ❖ Reviewer for *Journal of Teaching in Physical Education* special feature, 2014
- ❖ Pedagogy Review Panel Chair - Teaching & Learning Research Consortium, AAHPERD 2013
- ❖ Expert reviewer for CDC guide: *A Guide for Developing Comprehensive School Physical Activity Programs*, 2013
- ❖ Advanced Academy PECAT facilitator for the American Cancer Society/Centers for Disease Control and Prevention, Atlanta, GA, 2013
- ❖ Professional Development workshop presenter for John Cooper School classroom teachers, The Woodlands, TX, 2013
- ❖ Tenure and promotion reviewer for Mississippi State University 2012
- ❖ CDC Physical Education Curriculum Analysis Tool Trainer 2012-2015
- ❖ Professional Development for Dixie Elementary classroom teachers, Fayette County Public Schools, 2012
- ❖ Kentucky Association for Health, Physical Education, Recreation and Dance
Secondary Physical Education Section Chair
2012
- ❖ Kentucky Coordinated School Health Higher Education Committee member, 2011
- ❖ Consultant for KET's *More than Child's Play: Increasing Physical Activity in our Schools* online professional development module, 2011

- ❖ Professional Development workshop presenter for Boone County School Physical Education program, 2011, 2012
- ❖ NASPE High School Teacher of the Year Selection Committee, 2011
- ❖ Expert reviewer for CDC report *Association between School-Based Physical Activity, Including Physical Education, and Academic Performance*, 2010
- ❖ NASPE Association Delegate Assembly member, 2010
- ❖ Head Start Body Start Physical Activity Consultant
National Center for Physical Development and Outdoor Play
2009-2011
- ❖ Physical Activity and Wellness Schools Institute Co-Chair
2009-2010
- ❖ Monmouth University's Health & Physical Education program consultant
2009
- ❖ Lieutenant Governor Mongiardo's Committee on Cardiovascular Health Member
2009
- ❖ Physical Education Teacher Education Conference Planning Committee Member, NASPE
2009 National Physical Education Teacher Education Conference
2008-2009
- ❖ Pedagogy Review Panel research abstract reviewer
Research Consortium, AAHPERD
2008-2012
- ❖ NASPE Reviewer
Run for Something Better School Awards Program
2009, 2010, 2013
Opportunity to Learn: Guidelines for Elementary Physical Education document
2008
Fitness Education Project full proposal
2008
- ❖ Kentucky Action for Healthy Kids
Bluegrass Region Chair, 2007-present
Kentucky Membership Coordinator, 2009-2011

- ❖ Kentucky Governor's Office of Wellness and Physical Activity
National Governor's Association Grant Consultant
Healthy Kids, Healthy America (\$100,000 funded)
2007-2008
- ❖ University of Kentucky, College of Medicine
Jumpin' Jaguars Project at Johnson Elementary
Classroom Physical Activity Specialist
2007-2011
- ❖ Journal Reviewer:
American Journal of Preventive Medicine, 2013-present
Annals of Behavioral Medicine, 2012 (guest reviewer)
BioMed Central Public Health, 2014-present
BMJ, 2015-present
Childhood Obesity, 2011-present
Children, Youth and Environments, 2016
Environmental Health Insights, 2008
European Physical Education Review, 2015-present
Health Education Research, 2010-present
Health Promotion Practice, 2008-present
International Journal of Environmental Research and Public Health,
2020-present
Journal of Physical Activity and Health, 2007-present
Journal of Physical Education, Recreation, and Dance, 2007-present
Journal of Public Health Management & Practice, 2009
Journal of School Health, 2007-present
Journal of Teaching in Physical Education, 2008 (guest reviewer),
2010-present
Learning and Individual Differences, 2017-present
Measurement in Physical Education and Exercise Science, 2016-
present
Pediatrics, 2014-present
Preventive Medicine, 2014-present
Research Quarterly for Exercise and Sport, 2007-present
- ❖ Lexington-Fayette Urban County Government Division of Parks and
Recreation Research Consultant
2007
- ❖ Lexington-Fayette County Health Department Tweens Nutrition and
Fitness Coalition Member
2006-2012
- ❖ Kentucky Action for Healthy Kids Member
2006-2012

PROFESSIONAL MEMBERSHIPS

American Association of Physical Activity and Recreation

American School Health Association

Kentucky Association for Health, Physical Education, Recreation and
Dance

Lexington-Fayette County Health Department Tweens Nutrition and
Fitness Coalition

National Association for Sport and Physical Education

Society for Health and Physical Educators America

Revised on March 29, 2020