

# Curriculum Vitae

## Marc L. Cormier, Ph.D., CMPC, LPCA

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### EDUCATION

- West Virginia University**, Morgantown, WV, USA 2014  
Degree: Doctor of Philosophy in **Sport and Exercise Psychology**  
Dissertation: “Certified Athletic Trainers’ Abilities to Identify and Refer Athletes with Psychological Symptoms”. (Dr. Sam Zizzi, Chair)
- West Virginia University**, Morgantown, WV, USA 2013  
Degree: Master of Arts in **Community Counseling**, CACREP Accredited Program  
Internship Site: Waynesburg University Counseling Center and Athletic Department
- McGill University**, Montreal, Québec, Canada 2011  
Degree: Master of Arts in Kinesiology: Concentration in **Sport Psychology**  
Thesis: “Coaching and Cohesion in University Coaching Coaches”. (Dr. Gordon Bloom, Chair)
- Mount Saint-Vincent University**, Halifax, Nova Scotia, Canada 2007  
Degree: Bachelor of Arts in **Psychology** (Thesis/Honors Program), Minor in **Sociology**  
Thesis: “Meteorology and Negative Affect in Predicting Relationship Satisfaction” (Dr. Daniel Séguin, Chair)

### LICENSES AND CERTIFICATIONS

- Association for Applied Sport Psychology**
- Certified Mental Performance Consultant (#509) 2014-present
- USOC Sport Psychology and Mental Training Registry** 2014-present
- Kentucky Board of Licensed Professional Counselors**
- Licensed Professional Counselor Associate (# 163495) 2015-present

### AWARDS AND HONORS

- **A Teacher Who Made A Difference** – University of Kentucky 2016, 2017, 2018, 2019
- **Baxter & Alma Ricard Graduate Student Scholarship** 2010-2013
- **Dean’s List** – Mount Saint-Vincent University 2005-2007

## ACADEMIC and PROFESSIONAL APPOINTMENTS

### University of Kentucky, Lexington, Kentucky Current Appointments

#### *Department of Athletics*

Director of Counseling and Performance Psychology Services 2018 - present

#### *Department of Kinesiology and Health Promotion Lexington, Kentucky*

Assistant Professor & Director – *Sport and Exercise Psychology Graduate Program* 2017 - present

### Past Appointments

Faculty Lecturer 2014 - 2017

### West Virginia University, Morgantown, West Virginia

#### *Department of Orthopaedics, Injury Control Research Center*

Graduate Research Assistant 2013 - 2014

#### *Department of Sport Sciences*

Graduate Teaching Assistant 2010 - 2013

- Lead instructor for various undergraduate courses in sport and exercise psychology.

### McGill University, Montreal, Québec, Canada

#### *Department of Kinesiology and Physical Education*

Graduate Instructor 2009

- Instructor for a physical education course – Ice Hockey

Graduate Research Assistant 2009

- Assisted in the development of a chapter related to coaching psychology in: Bloom, G. A. (2011). *Coaching psychology*. In P.R.E. Crocker (Ed.), *Sport and exercise psychology: A Canadian perspective*, (2<sup>nd</sup> ed., pp. 278-305). Toronto: Pearson.

Teaching Assistant 2008 – 2010

- Responsibilities included: grading student work, online course management, and development of lecture materials and evaluation criteria.

## TEACHING AND INSTRUCTION

### *University of Kentucky – Department of Kinesiology and Health Promotion*

- Academic Orientation for KHP Majors (UK 101)
- Psychology and Sociology of Sport (KHP 300)
- Introduction to Tests and Measurement (KHP 445)
- Psychology of Sport and Physical Activity (KHP 547)

- Group Dynamics in Sport and Physical Activity (KHP 580)

*Thesis/Dissertation Committee Service (University of Kentucky students, unless otherwise indicated)*

- Travis Scheadler (**Chair**) M.S. Sport and Exercise Psychology (2018 - ).
- Shannon White (**Chair**) M.S. Sport and Exercise Psychology (2018 - ).
- Raegan Geldart (**Chair**) M.S. Sport and Exercise Psychology (2017 - ).
- Trevor Tierney (**Chair**). M.S. Sport and Exercise Psychology (2017 - ).
- Shelby Baez (Member – Dr. Joanna Hoch, Chair). Ph.D., Rehabilitation Sciences (**Completed 2019**).
- Julie Burland (Member – Dr. Lindsey Lepley, Chair). Ph.D. - Athletic Training; *University of Connecticut* (**Completed 2019** )
- Stephanie Lovely (Member – Dr. Patricia Dyk, Chair). M.S. - Community Leadership and Development (**Completed, 2017**).
- Rena Goodwin (**Co-chair**). M.S. - Teaching and Coaching/Sport Psychology (**Completed, 2017**).

**West Virginia University – Department of Sport and Exercise Psychology**

- Professional Issues in Sport Psychology I (SEP 210)
- Professional Issues in Sport Psychology II (SEP 211)
- Sport in North American Society (SEP 271)
- Psychological Perspectives of Sport and Exercise (SEP 272)
- Social Psychology of Sport (SEP 385)
- Psychological Aspects of Sport Injury (SEP 425)
- Selected Topics: Sport Psychology in the Media and Cinema (SEP 493N)

**McGill University – Department of Kinesiology and Physical Education**

- Ice Hockey (EDKP 250)

## APPLIED EXPERIENCES

**Sport Psychology Consulting/Performance Enhancement Experiences:**

- University of Kentucky, Lexington, KY 2014 - present
  - Men’s and Women’s - NCAA Division 1
- Miami University, Oxford, OH 2017 – 2018
  - Men’s Ice Hockey – NCAA Division 1
- Morehead State University, Morehead, KY 2017 – 2018
  - Men’s and Women’s – NCAA Division 1
- Asbury University, Wilmore, KY 2014 - 2017
  - Men’s and Women’s - NAIA
- West Virginia University, Morgantown, WV 2010 - 2014
  - Women’s - NCAA Division I
  - Men’s - Division I Club
- Waynesburg University, Waynesburg, PA 2012 - 2013
  - Men’s and Women’s – NCAA III

- Pittsburgh Pirates Major League Baseball Club, Pittsburgh, PA (*Consultant to the Pittsburgh Pirates Mental Conditioning Coordinator, 2011-2013 – Supervised by Bernie Holiday, Ph.D.*)
  - Consulted on development of psychological testing and player profiling for the Pirates' 2011 and 2012 first year player draft picks
  - Interpreted test results across various psychological domains and communicated results in baseball-specific coaching language
  - Combined psychological test results and player interviews into player specific coaching points to help the Pirates coaching staff maximize players' athletic and personal development

### Applied Counseling Experiences

- Waynesburg University Counseling Center (*800+ hours supervised counseling internship*)  
2012 - 2013
  - Individual and group counseling to college student population
  - Responsibilities include: initial intake, case conceptualization, planning and implementing treatment plans, and evaluating plan outcomes
  - Multidisciplinary team-working with staff counselors and other health professionals.

## RESEARCH AND SCHOLARSHIP

### Book Chapters:

**Cormier, M.L.** (2019) Understanding International Student-Athletes in the American Collegiate Sport System In M.J. Loughran (Ed.) *Counseling Student-Athletes*, Morgantown, WV: Fitness Information Technology.

### Peer-Reviewed Publications:

(11) Burland, J.P., Lepley, A.S., **Cormier, M.L.**, DiStefano, L.J., & Lepley, L.K. (Under Review). Examining the influence of neuroplasticity on learned helplessness after ACLR: Early versus late recovery. *Sports Health*.

(10) Baez, S.E., Hoch, J.M., & **Cormier, M.L.** (Under Review). The stress-injury model and the cognitive appraisal model: Implications for patients after anterior cruciate ligament reconstruction. *International Journal of Athletic Therapy and Training*.

(9) Grimshaw, B.L., **Cormier, M.L.**, & Butterfield, T.A. (Under Review). Competitive anxiety leading to recurrent vomiting in a middle school football player: A case study. *International Journal of Athletic Therapy and Training*.

(8) **Cormier, M.L.**, Coker-Cranney, A.C., White, S. (Under Review). When to Make the Call: Investigating Certified Athletic Trainers' Reasons and Procedures for Psychosocial Referral. *Journal of Applied Sport Psychology*.

(7) Wooding, C.M., Bernstein, M., **Cormier, M.L.**, & Zizzi, S.J. (2019). Stroking the flames of wellness: An exploration of factors that influence West Virginia firefighters' health behaviors. *Journal of Ethnographic and Qualitative Research*. 13 (2), 134-154.

(6) Burland, J. P., Lepley, A.S., **Cormier, M.L.**, DiStefano, L.J., Arciero, R., & Lepley, LK. (2019). Learned Helplessness After Anterior Cruciate Ligament Reconstruction: An Altered Neurocognitive State? *Sports Medicine*. 49 (5), 647-657.

(5) Lepley, L.L., Grooms, D.R., Burland, J.P., Davi, S.M., Mosher, J.L., **Cormier, M.L.**, Lepley, A.S. (2018). Eccentric Cross-Exercise After Anterior Cruciate Ligament Reconstruction: Novel Case Series to Enhance Neuroplasticity. *Physical Therapy in Sport*. 34, 55-65. doi: 10.1016/j.ptsp.2018.08.010

- (4) Lepley, A.S., **Cormier, M.L.**, Pietrosimone, B. (2018). Quadriceps Function, Knee Pain, and Self-Reported Outcomes in Patients With Anterior Cruciate Ligament Reconstruction. *Journal of Athletic Training*. 53, 3.
- (3) **Cormier, M.L.**, Bloom, G.A., & Harvey, W.J. (2015). Coaching and cohesion in coaching sports. *International Journal of Sports Science and Coaching*, 10 (6), 1039-1053.
- (2) **Cormier, M.L.** & Zizzi, S.J. (2015). Athletic trainers' skills in identification and managing athletes experiencing psychological distress. *Journal of Athletic Training*, 50 (12), 1267-1276. doi: 10.4085/1062-6050-50.12.02
- (1) Farren, L., Belza, B., Allen, P., Broliar, S., Brown, D., **Cormier, M.L.**, Janicek, S., Jones, D.L., King, D.L., Marquez, D.X., Rosenberg, D. (2015). Mall walking program environments, features, and participants: A scoping review. *Preventing Chronic Disease*, 12. doi:10.5888/pcd12.150027.

## GRANTS AND FUNDING

- (6) Goodwin, R., **Cormier, M.L.**, & Reese, R.J. Student-Athlete Well-Being Scale. *NCAA Innovations in Research and Practice Grant Application*. February 2019. Funded for \$6,700.
- (5) Baez SE, Noehren B, Gribble P, **Cormier M.L.**, Hoch JM. Implementation of *in vivo* exposure therapy to decrease fear in females after ACL-reconstruction: a pilot study. *National Athletic Trainers Association Doctoral Research Grant*. January 2018. Funded for \$2488.
- (4) Baez SE, Noehren B, Johnson N, Gribble P, **Cormier M.L.**, Hoch JM. Neuroplasticity, neurocognitive functioning, and biopsychosocial impairments after ACL reconstruction: a case control study. *American College of Sports Medicine Doctoral Research Grant*. January 2018. \$4987.50. Not Funded.
- (3) Baez SE, Noehren B, Johnson N, Gribble P, **Cormier M.L.**, Hoch JM. Neuroplasticity and biopsychosocial impairments after anterior cruciate ligament reconstruction: a pilot study. *University of Kentucky Graduate School Pilot Funds Grant*. November 2017. Funded for \$1565.
- (2) **Cormier, M.L.** Faculty Fellow, Cohort 8. *Presentation U!/Center for the Enhancement of Learning and Teaching (CELT) – University of Kentucky*. June 2017. Funded for \$2000.
- (1) **Cormier, M.L.** Faculty skill development grant: Online learning track. *Center for the Enhancement of Learning and Teaching (CELT) – University of Kentucky*. June 2016. Funded for \$4000.

## REFERREED, PUBLISHED ABSTRACTS

- (23) Carrillo, A., & **Cormier, M.L.** (February, 2019). The Integration of Sport and Exercise Psychology Principles in a Division 1 Collegiate Weight Room. Lecture presented at the 29<sup>th</sup> Annual Midwest Sport and Exercise Psychology Symposium in Lexington, KY.
- (22) Scheadler, T., White, S.C., & **Cormier, M.L.** (February, 2019). Severe Traumatic Brain Injury and Athletic Identity: A Case Study. Lecture presented at the 29<sup>th</sup> Annual Midwest Sport and Exercise Psychology Symposium in Lexington, KY.

- (21) Baez SE, Andersen AH, Andreatta RD, Noehren BW, Gribble PA, **Cormier ML**, Hoch JM. (February, 2019) Activation in Corticolimbic Brain Regions during a Sports-Specific Picture Imagination Task in Patients after Anterior Cruciate Ligament Reconstruction. Lecture presented at the *29<sup>th</sup> Annual Midwest Sport and Exercise Psychology Symposium* in Lexington, KY.
- (20) Baez SE, Andersen AH, Andreatta RD, Noehren BW, Gribble PA, **Cormier ML**, Hoch JM. (June, 2019) Activation of Limbic and Parietal Brain Regions during a Sports-Specific Picture Imagination Task in Patients after Anterior Cruciate Ligament Reconstruction. Submitted to the *National Athletic Trainers Association Annual Meeting and Symposium*. Las Vegas, Nevada.
- (19) White, S.C., Geldart, R., Conway, K., **Cormier, M.L.** (October, 2018) Adapted Physical Activity and the Creation of Community and Well Being. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Toronto, Canada.
- (18) Goodwin, R.M., & **Cormier, M.L.** (June, 2018). Self-stigma, attitudes, and preferences when seeking mental health and sport psychology services: A student-athlete perspective. Lecture to be presented at the *American Psychological Association (APA) Annual Meeting*, in San Francisco, CA.
- (17) Byrd, M., Kontos, A., **Cormier, M.L.**, Reynolds, E., French, J., Zizzi, S.J., & Lepley, A.S. (October, 2017). The role of sport psychology in the treatment of rehabilitation and concussion. Symposium presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Orlando, FL.
- (16) Grimshaw, B.L., **Cormier, M.L.**, & Butterfield, T.A. (June, 2017). Competitive anxiety leading to recurrent vomiting in a middle school football player. Case Study presented at the *National Athletic Trainers' Association (NATA) Annual Meeting*, in Houston, TX.
- (15) Carron, J.G., **Cormier, M.L.**, & Bloom, G.A. (October, 2016). Sport-related concussions: Considerations for the sport psychology professional. Symposium presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Phoenix, AZ.
- (14) Lepley, A.S., **Cormier, M.L.**, Gribble, P.A., & Pietrosimone, B. (June, 2016). Pre-surgical and post-surgical quadriceps strength and knee pain as predictors of readiness to return to activity following anterior cruciate ligament reconstruction. Presented at the *National Athletic Trainers' Association (NATA) Annual Meeting*, Baltimore, MD.
- (13) **Cormier, M.L.**, & Zizzi, S.J. (October, 2015). Going beyond physical rehabilitation: An assessment of certified athletic trainers' abilities in psychosocial strategies and referral. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Indianapolis, IN.
- (12) Coker-Cranney, A.C., & **Cormier, M.L.** (October 2015). When to make the call: Investigating athletic trainers' reasons and procedures for psychological referral. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Indianapolis, IN.
- (11) **Cormier, M.L.**, & Etzel, E.F. (October, 2014). Ethical and Practical Considerations for Engaging in Multiple Role Relationships: An Emphasis on Teacher-Practitioners in Sport Psychology. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Las Vegas, NV.
- (10) McAlarnen, M., Michel, J., **Cormier, M.L.**, Byrd, M., Shannon, V.R., Li, S., Berrebi, M., & Etzel, E.F. (October, 2014). Mentoring the mentor: Perspectives of meta-mentoring approach within a graduate training program. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Las Vegas, NV.

- (9) Farren, L., Allen, P., Belza, B., Broliar, S., & **Cormier, M. L.** (November, 2014). Mall walking: Evaluating the evidence to create an Evidence-Informed Mall Walking Program Resource Guide. Presented at the *American Public Health Association (APHA) Annual Meeting* in New Orleans, LA.
- (8) **Cormier, M.L.** & Kadushin, P.L. (July, 2012). The Application of Sport Psychology in Collegiate Ice Hockey. Presented at *Putting it on Ice III: The Hockey Conference* in Halifax, NS, Canada.
- (7) **Cormier, M.L.**, Berrebi, M.E., & Shannon, V.R. (February, 2012). Examining Coacting Co-ed Teams: Coaches' Perspectives. Presented at the *Midwest Sport and Exercise Psychology Symposium (MSEPS)* in East Lansing, MI.
- (6) **Cormier, M.L.**, & Bloom, G.A., & Harvey, W.J. (September, 2011). Strategies Used by Elite Coacting Sport Coaches to Develop Cohesion. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Honolulu, HI.
- (5) **Cormier, M.L.**, Prior, R.F., Zizzi, S. (March, 2011). The Application of Sport Psychology in NCAA Division I Sports: A Student's Perspective. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Waterloo, ON, Canada
- (4) **Cormier, M.L.**, Bloom, G.A., & Harvey, W.J., (March, 2010). A Proposed Study on Cohesion and Coaching Behaviors in Cross-Country Running. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Montreal, PQ, Canada.
- (3) **Cormier, M.L.**, & Bloom, G.A. (March, 2009). A Proposed Study on the Impact of Coach Leadership on Cohesion in Coacting Sports. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Toronto, ON, Canada.
- (2) **Cormier, M.L.** (May, 2007). Meteorology and Affect as Predictors of Relationship Satisfaction. Presented at the *Atlantic Provinces Council on the Sciences (APICS)* in Sackville, NB, Canada.
- (1) **Cormier, M.L.** (March, 2007). Meteorology and Affect Predict Relationship Satisfaction: A Match Made in Heaven? Presented at the *Mount Saint-Vincent University in-house Psychology Conference* in Halifax, NS, Canada.

## SERVICE AND COMMITTEE MEMBERSHIPS

### University

- Faculty Advisor – Sport and Exercise Psychology Club 2018-**present**
- Invited Workshop Leader – Grand Rounds - Division or Athletic Training, UK 2014-**present**
- Invited Speaker – College of Communication and Information, UK 2018-**present**
- Ad/Hoc Peer Review of Teaching Committee, UK 2016-2018
- Faculty Director - KHP Living Learning Community, UK 2015-2018
- Faculty Search Committee Member – Department of KHP, UK spring & summer 2016
- Sport and Exercise Psychology Graduate Student Club, WVU
  - Graduate Student Representative 2013-2014
  - Vice President 2012-2013
  - Orientation Week Representative 2011-2012
- Volunteer Instructor – Professional Issues in Sport Psychology I & II, WVU 2011-2012
- Graduate Student Representative, McGill University 2008-2009

- Freshman Orientation Week Leader, Mount Saint-Vincent University (MSVU) 2004-2007
- Department of Psychology, Student Club, MSVU 2003-2007
- Volunteer Teaching Assistant/Tutor – Department of Psychology, MSVU 2006-2007
- Student Peer Mentor – Department of Psychology, MSVU 2007

### **Professional**

- Ad Hoc Reviewer – Research Quarterly for Exercise and Sport 2016-**present**
- Ad Hoc Reviewer – Journal of Sport and Health Sciences 2015-**present**
- Ad Hoc Reviewer – International Journal of Sport Psychology 2014-**present**
- Paper reviewer – Annual meeting for Association for Applied Sport Psychology 2014-**present**
- Section Editor – Psychology of Injury Special Interest Group (AASP) 2014-**present**
- Member of the Psychology of Injury – Special Interest Group (AASP) 2010-**present**
- Faculty Advisor – Midwest Sport and Exercise Psychology Symposium 2018-2019
- CE Workshop Leader - Kentucky Psychological Association 2018
- President – Psychology of Injury Special Interest Group (AASP) 2016-2017
- Across Land and Sea (ALAS) – Association for Applied Sport Psychology 2010-2014
- President of Organizing Committee – Eastern Canadian Sport and Exercise Psychology Symposium 2009-2010

### **Community**

- Faculty Advisor – Run the Bluegrass Psyching Team 2018-**present**
- Kentucky High School Athletics Association 2015-**present**
- One-to-One Elite Goaltending Mentorship Program 2004-**present**
- Sport and Performance Consultant - Lifetime Activities Program, WVU 2010-2014
- Group Leader – Camp Towanda, Honesdale, PA 2004-2009
- Undergraduate Psychology Intern – École Beaubassin, learning annex 2003-2007

## **INVITED PRESENTATIONS AND WORKSHOPS**

### ***Transylvania University Athletics***

- Gaining a Mental Edge in Life and in Athletics - A Guide to Holistic Performance 2019

### ***Midwest Sport and Exercise Psychology Symposium (2019)***

- Directors of Sport Psychology Panel
- Preparing for a Faculty Position

### ***University of Connecticut – Department of Kinesiology – Athletic Training Program***

- Guest Lecture Series: KINS 3160 – Counseling in Sports Medicine Spring-2017

### ***National Athletic Trainers’ Association (NATA)***

- Table for Two! Making Room for Sport Psychology in the Training Room. NATA Sponsored Webinar Fall-2016

### ***University of Kentucky – Division of Athletic Training, Lexington, KY***

- Guest Lecture Series: AT 720 - Sports Medicine 2015-2017
- The Psychology of Sport Injury: Using Research to Inform Practice 2014-2016

### ***Waynesburg University - Waynesburg, PA***

- Navigating the Referral Process with Injured Athletes 2012-2013
- Student-Athlete Health and Wellness Workshop 2012-2013



- Waynesburg University Interdisciplinary Collaboration: Nursing, Athletic Training, Counseling, and Exercise Sciences. Let's Work Together! 2013
- Psychology of Injury Workshop – Athletic Training Students and Certified Athletic Trainers 2013
- Student-Athlete Leadership Academy 2012-2013

### **PROFESSIONAL AFFILIATIONS**

- Canadian Sport Psychology Association 2008-2015
- Association for Applied Sport Psychology 2009-present
- American Counseling Association 2011-present
- American Psychological Association 2012-present
- American Psychological Association-Division 47 (Exercise and Sport Psychology) 2012-present

### **LANGUAGES – SPOKEN AND WRITTEN**

- English and French