

Marc L. Cormier, Ph.D., CMPC

EDUCATION

Ph.D. Sport and Exercise Psychology (2014)
West Virginia University, Morgantown, WV
Dissertation Advisor: Dr. Sam Zizzi

M.A. Community Counseling (2013)
West Virginia University, Morgantown, WV
*CACREP Accredited Program
Internship Site: Waynesburg University
Counseling Center and Athletic Department

M.A. Sport Psychology (2011)
McGill University, Montréal, Qu, Canada
Thesis Advisor: Dr. Gordon Bloom

B.A. (Honours) Psychology/Sociology (2007)
Mount Saint-Vincent University, Halifax, NS,
Canada
Thesis Advisor: Dr. Daniel Séguin

CONTACT INFORMATION



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LICENSES AND CERTIFICATIONS

2015-present Licensed Professional Counselor Associate (#163495)
Kentucky Board of Licensed Professional Counselors – Currently Inactive

2014-present Certified Mental Performance Consultant (#509)
Association for Applied Sport Psychology

2014-present Sport Psychology and Mental Training Registry
United States Olympic Committee

AWARDS AND HONORS

2024 **Fellow** – Association for Applied Sport Psychology
2022 **Teaching Excellence Award** – Association for Applied Sport Psychology
2021 **Early Career Practitioner** – Association for Applied Sport Psychology
2021 **Outstanding Teaching Award** – University of Kentucky, Office of the Provost
2016-2024 **Teacher Who Made A Difference (x6)** – University of Kentucky
2010-2013 **Graduate Student Scholarship** - Fondation Baxter & Alma Ricard

ACADEMIC AND PROFESSIONAL APPOINTMENTS

University of Kentucky, Lexington, KY, USA

2026-present	○	Full Professor, Department of Kinesiology and Health Promotion
2017-present	○	Director - Sport and Exercise Psychology Graduate Program
2017-present	○	Director of Counseling and Sport Psychology Services, UK Athletics
2021-2026	○	Associate Professor, Department of Kinesiology and Health Promotion
2017-2021	○	Assistant Professor, Department of Kinesiology and Health Promotion
2014-2017	○	Faculty Lecturer, Department of Kinesiology and Health Promotion

West Virginia University, Morgantown, WV, USA

2013-2014	○	Graduate Research Assistant, Injury Control Research Center, College of Health Sciences
2010-2013	○	Graduate Teaching Assistant, Department of Sport Sciences, College of Physical Activity and Sport Sciences

McGill University, Montréal, Qu, Canada

2009-2010	○	Graduate Instructor, Department of Kinesiology and Physical Education, Faculty of Education
2008-2009	○	Graduate Research Assistant – Department of Kinesiology and Physical Education - <i>EDKP 498 – Sport Psychology, EDKP405 – Sport in Society</i>

RESEARCH & SCHOLARSHIP

PEER-REVIEWED/REFERRED JOURNAL ARTICLES

(18) Bailey, C., **Cormier, M.L.**, Samson, A., & Greenleaf, C. (under review). An Investigation of Body Image and Eating Behaviors in Former NCAA Heptathletes. *Journal for Advancing Sport Psychology in Research*.

(17) Findley, M., Samson, A., **Cormier, M.L.**, & Eccles, D. (2025). Psychological Aspects of Rest in Athletes . *Journal for Advancing Sport Psychology in Research*. doi.org/10.55743/000034

(16) Taylor, M.J., Andreatta, R., Woltenburg, L., **Cormier, M.L.**, & Hoch, J.M (2025). An Emotional Intelligence Educational Intervention to Reduce Burnout in Healthcare Profession Students: A Mixed Methods Study. *Building Health Academic Communities*. doi.org/10.18061/bhac.5840

(15) Taylor, M.J., Andreatta, R., Woltenberg, L., **Cormier, M.L.**, & Hoch, J.M (2024). The Relationship of Emotional Intelligence to Burnout and Related Factors in Healthcare Profession Students. *Nurse Education Today*, 143, doi.org/10.1016/j.nedt.2024.106387

- (14) Baez, S.E., **Cormier, M.L.**, Andreatta, R., Gribble, P., & Hoch, H.M. (2021). Implementation of *In Vivo* exposure therapy to decrease injury-related fear in females with a history of ACL-Reconstruction: A pilot study. *Physical Therapy in Sport*. 52, 217-223. doi.org/10.1016/j.ptsp.2021.09.009
- (13) Baez, S.E., Andersen, A., Andreatta, R., **Cormier, M.L.**, & Gribble, P., Hoch, J. M. (2021). Neuroplasticity in corticolimbic brain regions in patients after anterior cruciate ligament reconstruction. *Journal of Athletic Training*, 56, 418-426. doi.org/10.4085/JAT0042-20
- (12) Scheadler, T., Bertrand, N., Snowden, A., **Cormier, M.L.** (2021). Student-athlete attitudes toward gay coaches. *Journal of Issues in Intercollegiate Athletics*, 14, 135-151.
- (11) Scheadler, T. Reese, R.J., **Cormier, M.L.** (2021). Relationships between athlete activists' identities and resilience in college athletes. *Journal of Academic Development and Education*, 3 (1), 43-57.
- (10) Curvey, R.M., **Cormier, M.L.**, & Reese, R.J. (2020). Student-athlete attitudes about mental health and sport psychology services. *Journal of Student-Athlete Educational Development and Success*, 2.
- (9) Burland, J.P., Lepley, A.S., **Cormier, M.L.**, DiStefano, L.J., & Lepley, L.K. (2020). Examining the relationship of neuroplasticity on learned helplessness after ACLR: Early versus late recovery. *Journal of Sport Rehabilitation*, Advance online publication. doi.org/10.1123.jsr.2019-0379
- (8) Baez, S.E., Hoch, J.M., & **Cormier, M.L.** (2020). The stress-injury model and the cognitive appraisal model: Implications for patients after anterior cruciate ligament reconstruction. *Athletic Training & Sports Health Care*, 12 (4), 181-187. doi.org/10.3928/19425864-20190924-02
- (7) Wooding, C.M., Bernstein, M., **Cormier, M.L.**, & Zizzi, S.J. (2019). Stroking the flames of wellness: An exploration of factors that influence West Virginia firefighters' health behaviors. *Journal of Ethnographic and Qualitative Research*. 13 (2), 134-154.
- (6) Burland, J. P., Lepley, A.S., **Cormier, M.L.**, DiStefano, L.J., Arciero, R., & Lepley, LK. (2019). Learned Helplessness After Anterior Cruciate Ligament Reconstruction: An Altered Neurocognitive State? *Sports Medicine*. 49 (5), 647-657.
- (5) Lepley, L.L., Grooms, D.R., Burland, J.P., Davi, S.M., Mosher, J.L., **Cormier, M.L.**, Lepley, A.S. (2018). Eccentric Cross-Exercise After Anterior Cruciate Ligament Reconstruction: Novel Case Series to Enhance Neuroplasticity. *Physical Therapy in Sport*. 34, 55-65. doi: 10.1016/j.ptsp.2018.08.010
- (4) Lepley, A.S., **Cormier, M.L.**, Pietrosimone, B. (2018). Quadriceps Function, Knee Pain, and Self-Reported Outcomes in Patients With Anterior Cruciate Ligament Reconstruction. *Journal of Athletic Training*. 53, 3.

(3) **Cormier, M.L.**, Bloom, G.A., & Harvey, W.J. (2015). Coaching and cohesion in coaching sports. *International Journal of Sports Science and Coaching*, 10 (6), 1039-1053.

(2) **Cormier, M.L.** & Zizzi, S.J. (2015). Athletic trainers' skills in identification and managing athletes experiencing psychological distress. *Journal of Athletic Training*, 50 (12), 1267-1276. doi: 10.4085/1062-6050-50.12.02

(1) Farren, L., Belza, B., Allen, P., Broliar, S., Brown, D., **Cormier, M.L.**, Janicek, S., Jones, D.L., King, D.L., Marquez, D.X., Rosenberg, D. (2015). Mall walking program environments, features, and participants: A scoping review. *Preventing Chronic Disease*, 12. doi:10.5888/pcd12.150027.

BOOK CHAPTERS

(2) **Cormier, M.L.** & Baez, S.E. (2026) Psychological Aspects of Sport Injuries. In E.M. Martin & M. Byrd (Eds.) *Performance Psychology*, Dubuque, IA: Kendall Hunt Publishing.

(1) **Cormier, M.L.** (2019) Understanding International Student-Athletes in the American Collegiate Sport System. In M.J. Loughran (Ed.) *Counseling Student-Athletes*, Morgantown, WV: Fitness Information Technology.

RESEARCH GRANTS & FUNDING

(10) **Cormier, M.L.**, & Pascale-Haue, D. TEK Faculty Fellow Program – Exploring Mental Health and Mental Performance in High Performing Environments. *Center for the Enhancement of Learning and Teaching (CELT)* – University of Kentucky. April, 2026. Funded for \$14,000.00.

(9) Balfour, T., **Cormier, M.L.**, & Samson, A. The relationship between Quiet Eye duration and performance across skill levels among First-Person Shooter Esports Athletes. *Association for Applied Sport Psychology Research Development Grant*. June 2024. Funded for \$4,850.00.

(8) **Cormier, M.L.** Teaching Innovation Institute. *Center for the Enhancement of Learning and Teaching (CELT)* – University of Kentucky. August 2023. Funded for \$3,000.

(7) **Cormier, M.L.**, & Samson, A. Development of a Sport and Exercise Psychology Undergraduate Certificate. *College of Education Program Innovation and Improvement Grant*. July 2023. Funded for \$24,800.

(6) Goodwin, R., **Cormier, M.L.**, & Reese, R.J. Student-Athlete Well-Being Scale. *NCAA Innovations in Research and Practice Grant Application*. February 2019. Funded for \$6,700.

(5) Baez SE, Noehren B, Gribble P, **Cormier M.L.**, Hoch JM. Implementation of *in vivo* exposure therapy to decrease fear in females after ACL-reconstruction: a pilot study. *National Athletic Trainers Association Doctoral Research Grant*. January 2018. Funded for \$2,488.

(4) Baez SE, Noehren B, Johnson N, Gribble P, **Cormier M.L.**, Hoch JM. Neuroplasticity, neurocognitive functioning, and biopsychosocial impairments after ACL reconstruction: a case control study. *American College of Sports Medicine Doctoral Research Grant*. January 2018. \$4,987.50. Not Funded.

(3) Baez SE, Noehren B, Johnson N, Gribble P, **Cormier M.L.**, Hoch JM. Neuroplasticity and biopsychosocial impairments after anterior cruciate ligament reconstruction: a pilot study. *University of Kentucky Graduate School Pilot Funds Grant*. November 2017. Funded for \$1,565.

(2) **Cormier, M.L.** Faculty Fellow, Cohort 8. *Presentation U//Center for the Enhancement of Learning and Teaching (CELT) – University of Kentucky*. June 2017. Funded for \$2,000.

(1) **Cormier, M.L.** Faculty skill development grant: Online learning track. *Center for the Enhancement of Learning and Teaching (CELT) – University of Kentucky*. June 2016. Funded for \$4,000.

PEER-REVIEWED CONFERENCE PRESENTATIONS

(54) Tse, R., **Cormier, M.L.**, & Samson, A. (March, 2026). Parental Influence in Elite Sport: Cultural, Emotional, and Performance Impacts Across Developmental Stages. Presented at the *35th Annual Midwest Sport and Exercise Psychology Symposium (MSEPS)* in Dekalb, IL.

(53) Fletcher, M., **Cormier, M.L.**, & Samson, A. (March, 2026). Navigating faith-based environments and faith-identified athletes in mental performance consulting. Presented at the *35th Annual Midwest Sport and Exercise Psychology Symposium (MSEPS)* in Dekalb, IL.

(52) Renner, K.M., Samson, A., **Cormier, M.L.**, & Keener, M., (October, 2025). Psychological Implications in Exercise Riders and Professional Jockeys Following Injury. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Montréal, Canada.

(51) Maneval, P.T., Huffman, O.R., Moeller, K.J., **Cormier, M.L.** & Samson, A. (October, 2025). Perspectives on Implementing Peer-Led Student-Athlete Mental Health Advocacy Organizations. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Montréal, Canada.

(50) Cordero, A., & **Cormier, M.L.** (March, 2025). The Road to Success: Strategies for Traveling Athletes and Implications for Future Research. Presented at the *34th Annual AASP Midwest Sport and Exercise Psychology Symposium (MSEPS)* in Lexington, KY.

(49) Brennen, L., Samson, A., & **Cormier, M.L.** (March, 2025). Enhancing Athlete Development and Team Cohesion: A Holistic Coaching Approach for Collegiate Track and Field. Presented at the *34th Annual AASP Midwest Sport and Exercise Psychology Symposium (MSEPS)* in Lexington, KY.

(48) Maneval, P., Kotre, N., **Cormier, M.L.**, & Samson, A. (March, 2025). Performance Profiling for Professional Soccer Development, Implementation, and Feedback. Presented at the *34th Annual AASP Midwest Sport and Exercise Psychology Symposium (MSEPS)* in Lexington, KY.

(47) Kotre, N., **Cormier, M.L.**, & Samson, A. (March, 2025). Learning in the Shaddows: Reflections of a First-Year Graduate Student Working in Professional Soccer. Presented at the *34th Annual AASP Midwest Sport and Exercise Psychology Symposium (MSEPS)* in Lexington, KY.

(46) **Cormier, M.L.**, Gilbert, W., & Statler, T. (October, 2024). Themeing as a Tool to Develop and Sustain Team Culture. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting* in Las Vegas, NV.

(45) Samson, A. & **Cormier, M.L.** (October, 2024). The NEER Model: A New Framework for Sport and Performance Psychology Consulting. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting* in Las Vegas, NV.

(44) Renner, K.M., **Cormier, M.L.** (October, 2024). Psychological Considerations Within Athlete Injury Rehabilitation: Helping Coaches Help Athletes. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting* in Las Vegas, NV.

(43) Bailey, C., Findley, M., **Cormier, M.L.** (October, 2024). Team Culture's Impact on Body Image Dissatisfaction in STUNT Athletes. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting* in Las Vegas, NV.

(42) Bailey, C., **Cormier, M.L.**, Samson, A., & Greenleaf, C. (October, 2024). An Investigation of Body Image and Eating Behaviors in Former NCAA Heptathletes. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting* in Las Vegas, NV.

(41) Findley, M., Samson, A., **Cormier, M.L.**, & Eccles, D. (October, 2024). Psychological Aspects of Rest in Athletes. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting* in Las Vegas, NV.

(40) Taylor, M.J., Andreatta, R., Weltenberg, L., **Cormier, M.L.**, Hoch, J.M (October, 2024). An Emotional Intelligence Educational Intervention to Reduce Burnout in Healthcare Profession Students: Qualitative Findings of a Mixed Methods Pilot Study. Presented at the *National Summit on Promoting Well-Being and Resilience in Healthcare Professionals* in Columbus, OH.

(39) Taylor, M.J., Andreatta, R., Weltenberg, L., **Cormier, M.L.**, Hoch, J.M. (June, 2024). The Relationship of Emotional Intelligence to Burnout and Related Factors in Healthcare Profession Students. Presented at the *National Athletic Trainers' Association Annual Convention* in New Orleans, LA.

(38) Taylor, M.J., Andreatta, R., Weltenberg, L., **Cormier, M.L.**, Hoch, J.M. (April, 2024). An Emotional Intelligence Educational Intervention to Reduce Burnout in Healthcare Profession Students: Qualitative Findings of a Mixed Methods Pilot Study. Presented at the *University of Kentucky Center for Clinical and Translational Research Annual Meeting* in Lexington, KY

(37) Renner, K., **Cormier, M.L.** (February 2024). Psychological Considerations Within Athlete Injury Rehabilitation: Helping Coaches Help Athletes. Presented at the *33rd Annual Midwest Sport and Exercise Psychology Symposium (MSEPS)*, in Holland, MI.

(36) Maneval, P.T., Huffman, O.R., Samson, A., & **Cormier, M.L.** (February, 2024). Perspectives on Implementing Peer-Led Student-Athlete Mental Health Advocacy Organizations: A Research Proposal. Presented at the *33rd Annual Midwest Sport and Exercise Psychology Symposium (MSEPS)*, in Holland, MI.

(35) Bailey, C., **Cormier, M.L.**, Samson, A., & Greenleaf, C (February 2024). An Investigation of Body Image and Eating Behaviors in Former NCAA Heptathletes. Presented at the *33rd Annual Midwest Sport and Exercise Psychology Symposium (MSEPS)*, in Holland, MI.

(34) Wooding, C.B., **Cormier, M.L.**, Ferrera, A., & Kadushin, P.L. (October, 2023). Should I Stay or Should I Go? Discussing Factors that Influence Mid-Career Professional Transitions. Panel presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Orlando, FL.

(33) **Cormier, M.L.** (June, 2023) Helping the Helpers: Integrating Mental Health and Mental Fitness in Sports Medicine. Presented at the *Kentucky Athletic Trainers' Society Annual Meeting* in Lexington, KY.

(32) Taylor, M.J., Andreatta, R., Weltenberg, L., **Cormier, M.L.**, Hoch, J.M. (March 2023). Emotional Intelligence and Burnout in Healthcare Professions Students. Presented at the *University of Kentucky Center for Clinical and Translational Science Annual Meeting* in Lexington, KY.

(31) Bailey, C., Findley, M., & **Cormier, M.L.** (February, 2023). The Impact of STUNT Team Culture on Body Image: A Proposed Study. Presented at the *32nd Midwest Sport and Exercise Psychology Symposium (MSEPS)*, in Muncie, IN.

(30) **Cormier, M.L.**, Kennan, A., Morgan, T., Statler, T. (October, 2022). When the Student Becomes the Teacher: Approaches to Developing Mentoring Skills. Panel presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Fort Worth, TX.

(29) Englis, M.T., **Cormier, M.L.**, Baez, S.E., & Erwin, H. (October, 2022). Helping the Have-Nots: Examining the Relationship Between Rehabilitation Adherence and Self-Efficacy Beliefs in ACL Reconstructed NAIA and NCAA DII and DIII Female Athletes. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Fort Worth, TX.

- (28) Baez, S.E. & **Cormier, M.L.** (July, 2021). Defeating the Stigma: Getting Patient Buy-In for Psychological Rehabilitation and Mental Health Care. Presented at the *National Athletic Trainers Association Annual Meeting and Symposium*. Orlando, Florida.
- (27) Farrell, J., **Cormier, M.L.**, Merck, R. (October, 2020). Part-Time Players: Managing Dual Roles on Campus in Academia and Sport. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Orlando Florida.
- (26) Scheadler, T., Snowden, A., Bertrand, N., & **Cormier, M.L.** (February 2020). Collegiate Athletes' Attitudes Towards Gay Coaches. Presented at the *31st annual Midwest Sport and Exercise Psychology Symposium (MPEPS)*, in Normal, Illinois.
- (25) **Cormier, M.L.**, Shannon, V.R., Day, C., & Connole, I. (October 2019). Establishing Applied Sport Psychology Into Division 1 Collegiate Athletics. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Portland, Oregon.
- (24) Baez, S.E., Andersen, A.H., Andreatta, R., **Cormier, M.L.**, Noehren, B.W., Gribble, P.A., & Hoch, J.M. (October, 2019). Neuroplasticity in Corticolimbic Brain Regions in Patients after Anterior Cruciate Ligament Reconstruction. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Portland, Oregon.
- (23) Carrillo, A., & **Cormier, M.L.** (February, 2019). The Integration of Sport and Exercise Psychology Principles in a Division 1 Collegiate Weight Room. Presented at the *29th Annual Midwest Sport and Exercise Psychology Symposium* in Lexington, KY.
- (22) Scheadler, T., White, S.C., & **Cormier, M.L.** (February, 2019). Severe Traumatic Brain Injury and Athletic Identity: A Case Study. Lecture presented at the *30th Annual Midwest Sport and Exercise Psychology Symposium* in Lexington, KY.
- (21) **Cormier, M.L.**, Shannon, V.R., & Day, C. (February, 2019). Panel: Directors of Sport Psychology Services in Division 1 Athletics. Presented at the *30th Annual Midwest Sport and Exercise Psychology Symposium* in Lexington, KY.
- (20) Baez, S.E., Andersen, A.H., Andreatta, R., Noehren B.W., Gribble P.A., **Cormier M.L.**, & Hoch J.M. (June, 2019) Activation of Limbic and Parietal Brain Regions during a Sports-Specific Picture Imagination Task in Patients after Anterior Cruciate Ligament Reconstruction. Presented to the *National Athletic Trainers Association Annual Meeting and Symposium*. Las Vegas, Nevada.
- (19) White, S.C., Geldart, R., Conway, K., **Cormier, M.L.** (October, 2018) Adapted Physical Activity and the Creation of Community and Well Being. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Toronto, Canada.

- (18) Goodwin, R.M., & **Cormier, M.L.** (June, 2018). Self-stigma, attitudes, and preferences when seeking mental health and sport psychology services: A student-athlete perspective. Lecture to be presented at the *American Psychological Association (APA)* Annual Meeting, in San Francisco, CA.
- (17) Byrd, M., Kontos, A., **Cormier, M.L.**, Reynolds, E., French, J., Zizzi, S.J., & Lepley, A.S. (October, 2017). The role of sport psychology in the treatment of rehabilitation and concussion. Symposium presented at the *Association for Applied Sport Psychology (AASP)* Annual Meeting, in Orlando, FL.
- (16) Grimshaw, B.L., **Cormier, M.L.**, & Butterfield, T.A. (June, 2017). Competitive anxiety leading to recurrent vomiting in a middle school football player. Case Study presented at the *National Athletic Trainers' Association (NATA)* Annual Meeting, in Houston, TX.
- (15) Carron, J.G., **Cormier, M.L.**, & Bloom, G.A. (October, 2016). Sport-related concussions: Considerations for the sport psychology professional. Symposium presented at the *Association for Applied Sport Psychology (AASP)* Annual Meeting, in Phoenix, AZ.
- (14) Lepley, A.S., **Cormier, M.L.**, Gribble, P.A., & Pietrosimone, B. (June, 2016). Pre-surgical and post-surgical quadriceps strength and knee pain as predictors of readiness to return to activity following anterior cruciate ligament reconstruction. Presented at the *National Athletic Trainers' Association (NATA)* Annual Meeting, Baltimore, MD.
- (13) **Cormier, M.L.**, & Zizzi, S.J. (October, 2015). Going beyond physical rehabilitation: An assessment of certified athletic trainers' abilities in psychosocial strategies and referral. Presented at the *Association for Applied Sport Psychology (AASP)* Annual Meeting, in Indianapolis, IN.
- (12) Coker-Cranney, A.C., & **Cormier, M.L.** (October 2015). When to make the call: Investigating athletic trainers' reasons and procedures for psychological referral. Presented at the *Association for Applied Sport Psychology (AASP)* Annual Meeting, in Indianapolis, IN.
- (11) **Cormier, M.L.**, & Etzel, E.F. (October, 2014). Ethical and Practical Considerations for Engaging in Multiple Role Relationships: An Emphasis on Teacher-Practitioners in Sport Psychology. Presented at the *Association for Applied Sport Psychology (AASP)* Annual Meeting, in Las Vegas, NV.
- (10) McAlarnen, M., Michel, J., **Cormier, M.L.**, Byrd, M., Shannon, V.R., Li, S., Berrebi, M., & Etzel, E.F. (October, 2014). Mentoring the mentor: Perspectives of meta-mentoring approach within a graduate training program. Presented at the *Association for Applied Sport Psychology (AASP)* Annual Meeting, in Las Vegas, NV.
- (9) Farren, L., Allen, P., Belza, B., Broliar, S., & **Cormier, M. L.** (November, 2014). Mall walking: Evaluating the evidence to create an Evidence-Informed Mall Walking Program Resource Guide. Presented at the *American Public Health Association (APHA)* Annual Meeting in New Orleans, LA.

- (8) **Cormier, M.L.** & Kadushin, P.L. (July, 2012). The Application of Sport Psychology in Collegiate Ice Hockey. Presented at *Putting it on Ice III: The Hockey Conference* in Halifax, NS, Canada.
- (7) **Cormier, M.L.**, Berrebi, M.E., & Shannon, V.R. (February, 2012). Examining Coacting Co-ed Teams: Coaches' Perspectives. Presented at the *Midwest Sport and Exercise Psychology Symposium (MSEPS)* in East Lansing, MI.
- (6) **Cormier, M.L.**, & Bloom, G.A., & Harvey, W.J. (September, 2011). Strategies Used by Elite Coacting Sport Coaches to Develop Cohesion. Presented at the *Association for Applied Sport Psychology (AASP)* Annual Meeting, in Honolulu, HI.
- (5) **Cormier, M.L.**, Prior, R.F., Zizzi, S. (March, 2011). The Application of Sport Psychology in NCAA Division I Sports: A Student's Perspective. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Waterloo, ON, Canada
- (4) **Cormier, M.L.**, Bloom, G.A., & Harvey, W.J., (March, 2010). A Proposed Study on Cohesion and Coaching Behaviors in Cross-Country Running. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Montreal, Qu, Canada.
- (3) **Cormier, M.L.**, & Bloom, G.A. (March, 2009). A Proposed Study on the Impact of Coach Leadership on Cohesion in Coacting Sports. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Toronto, ON, Canada.
- (2) **Cormier, M.L.** (May, 2007). Meteorology and Affect as Predictors of Relationship Satisfaction. Presented at the *Atlantic Provinces Council on the Sciences (APICS)* in Sackville, NB, Canada.
- (1) **Cormier, M.L.** (March, 2007). Meteorology and Affect Predict Relationship Satisfaction: A Match Made in Heaven? Presented at the *Mount Saint-Vincent University in-house Psychology Conference* in Halifax, NS, Canada.

INVITED PRESENTATIONS AND WORKSHOPS

From Competition to Care: The Performance Edge for Healthcare Professionals. Keynote delivered at the 2026 Baptist Health Critical Care Consortium. Corbin, KY, Spring 2026.

Applying Sport Psychology in Collegiate Athletics. Guest lecture presented virtually, in *Sport Psychology: Theory, Research, and Practice*, School of Applied and Professional Psychology, Rutgers University, Spring 2026

From the Locker Room to the Clinic: Sport Psychology Strategies for Healthcare Teams. Keynote delivered at the Kentucky Regional Extension Center Annual Conference. Lexington, KY, Fall 2025.

The Psychology of Excellence: How to Think Like an Elite Performer. Faculty Spotlight – Invited Lecture. University of Kentucky Lewis Honors College, Lexington, KY, Fall 2025.

The Inner Game of Excellence: Performance Psychology for Sport, Entertainment, and Business. Co-panelist with Dr. Vanessa Shannon, Dr. Ashwin Patel, & Dr. Melinda Houston. ARENA Webinar Series Presented by Galway Plus, Spring 2025.

Piece by Piece: Developing a Balanced Mindset for Peak Performance. Presented at the TEDxUKY symposium, Lexington, KY, Spring 2025.
<https://www.youtube.com/watch?v=n4SPwPhWu8g&t=10s>

Mental Health in Elite Jockeys. Co-panelist with Dr. Ashley Samson and Dr. Claudia Reardon at the International Jockey Concussion, Safety, and Wellness Conference – in Collaboration with the Horse Integrity and Safety Authority (HISA). Lexington, KY, Fall 2024.

Rethinking Failure in Performance Settings. Presented at Lexington Christian Academy – Lunch and Learn Collaboration. Lexington, KY, Spring 2024.

College Student-Athlete Mental Health and Wellness. Panel Moderator at the Future of Sport Institute (FoSI) Annual Summit, Lexington, KY. Spring 2024.

Creating Holistic Policy in Sports Medicine: Integrating Mental Health and Wellness. Guest lecture, presented virtually, in *AT 521 – AT Administration*, School of Kinesiology, University of Michigan. Spring 2024.

Peak Performance in Family and Community Medicine. Presented at Family and Community Medicine Grand Rounds, College of Medicine, University of Kentucky, Lexington, KY. Spring 2024.

Mental Fitness and Mental Wellness in Nursing. Presented to the Doctorate of Nursing Seminar, University of Kentucky College of Nursing, Lexington, KY. Fall 2023.

Mental Health in Youth Sports. Curriculum Development for National Alliance on Youth Sports Coach Certification Program. Spring 2023.

Integrating Performance Psychology in Medicine. Presented at Surgery Grand Rounds, College of Medicine, University of Kentucky, Lexington, KY. Spring 2023.

Creating Policy in Athletic Training: Accessing Sport Psychology and Mental Health Services. Guest lecture, presented virtually, in *AT 521 – AT Administration*, School of Kinesiology, University of Michigan. Spring 2023.

A Holistic Approach to High Performance. Guest lecture, presented virtually, in *AES 313 – Topics in Human Performance*, School of Kinesiology, University of Michigan, Spring 2023.

Developing Excellence, Today and Beyond. Invited lecture, presented at the 2023 Kentucky Youth Soccer Learning University, Lexington, KY, Spring 2023

A Holistic Approach to Wellness and High Performance. Guest lecture, presented virtually, in *KINS 762 – Psychosocial Aspects of Healthcare*, Department of Kinesiology, University of Wisconsin – Eau Claire, Spring 2023.

Addressing Student-Athlete Suicide. Co-panlist with Rachel Buehner, Ben Birkby, Chris Peters, & Vanessa Shannon and presented as a continuing education workshop sponsored by the Kentucky Counseling Association, Spring 2022.

Creating Policy in Athletic Training: Accessing Sport Psychology and Mental Health Services. Guest lecture, presented virtually, in *AT 521 – AT Administration*, School of Kinesiology, University of Michigan. Spring 2022.

An Introduction to Sport Psychology in Sports Medicine. Guest lecture, presented to Clark County High School, Clark County, KY. Spring 2022.

Interprofessional Collaboration and Communication in Improving Healthcare Outcomes. Guest lecture, presented virtually, in *HSC 105 – Introduction to Health Professions*, Department of Health Sciences, Rider College, Spring 2022.

Coaching and Cohesion in Coaching Sports. Guest lecture, presented virtually, in *APK 6410 – Group Dynamics in Sport*, College of Education, Florida State University, Fall 2021.

Pathways for Psychology Majors: Introducing Sport Psychology. Invited lecture to Camp Towanda Psychology Interns, Honesdale, PA, Summer 2021.

Careers in Sport and Exercise Psychology. Guest lecture for *PSY 350 – Careers in Psychology*, Department of Psychology, University of Kentucky, Spring 2021.

Integrating Performance Psychology in Medicine. Presented at Surgery Grand Rounds, College of Medicine, University of Kentucky, Lexington, KY. Spring 2019

Developing Process to Optimize Outcomes: An Approach to Holistic Coaching in Youth Sport. Invited workshop, presented at the 2023 Kentucky Youth Soccer Learning University, Lexington, KY, Spring 2020.

Doing Sport Psychology in a Clinical Psychology World. Guest lecture, presented virtually, for *PSY 838 – Practicum in Clinical Psychology*, Department of Psychology, Eastern Kentucky University, Fall 2020.

Prepraring for a Faculty Position in Sport and Exercise Psychology. Co-panelist with Dr. Candace Hogue & Dr. Jed Blanton. Presented at the Midwest Sport and Exercise Psychology Symposium, Lexington, KY, 2019.

What is it Like to be a Director of Sport Psychology in Division 1 Athletics? Co-panelist with Chelsi Day & Vanessa Shannon. Presented at the Midwest Sport and Exercise Psychology Symposium, Lexington, KY, Spring 2019.

Careers in Sport and Exercise Psychology. Guest lecture for *PSY 350 – Careers in Psychology*, Department of Psychology, University of Kentucky, Spring 2019.

Preparing for a Faculty Position in Sport and Exercise Psychology. Co-panelist with Jed Blanton & Candace Hogue. Presented at the Midwest Sport and Exercise Psychology Symposium, Lexington, KY, Spring 2019..

Applied Sport Psychlogy in Division 1 Athletics: Living in the SEC. Guest lecture, presented virtually, in *SEPS 600 – Internship in Sport Psychology*, School of Kinesiology, Ball State University, Spring 2019.

Gaining a Mental Edge in Life and in Athletics: A Guide to Holistic Performance. Invited workshop, presented to Transylvania University Athletic Department, Lexington, KY, Spring 2019.

Careers in Sport and Exercise Psychology. Guest lecture for *PSY 350 – Careers in Psychology*, Department of Psychology, University of Kentucky, Spring 2018.

Crossing Borders: Understanding and Helping International Student-Athletes. Guest Lecture, presented virtually, for *SEP 721 - Counseling Student-Athletes*, School of Sport Sciences, College of Applied Human Sciences, West Virginia University. Fall 2018.

Working in Health Sciences is Performance. Guest lecture in *COM 311 – Principles of Health Communication*, College of Communication and Information, University of Kentucky, Fall, 2018.

Public Speaking is Performance. Guest lecture in *CIS 110 – Composition and Communication I*, College of Communication and Information, University of Kentucky, Fall, 2017.

Making Room for Psychology in the AT Room. Guest lecture, presented virtually, in *KINS 3160 – Counseling in Sports Medicine*, School of Kinesiology, University of Connecticut, Spring 2017.

Sport Psychology in Youth Sport. Co-facilitator with Ben Birkby and presented as a continuing education workshop sponsored by the Kentucky Counseling Association, Spring 2015.

Navigating the Referral Process with Injured Athletes. Workshop presented to the Department of Sports Medicine, Waynesburg University, Spring 2012.

Understanding Student-Athlete Wellness. Workshop presented to the Department of Athletics, Waynesburg University, Spring 2012.

Interdisciplinary Collaboration in Healthcare: Nursing, Athletic Training, Counseling, Exercise Science. Workshop presented to Allied Health Professionals Network, Waynesburg University, Fall 2011.

TEACHING EXPERIENCE

COURSES TAUGHT

University of Kentucky – Department of Kinesiology and Health Promotion (2014-present)

- Academic Orientation for KHP Majors (UK 101)**
- Introduction to Kinesiology and Health Promotion (KHP 151)*
- Psychology and Sociology of Sport (KHP 300)**
- Introduction to Tests and Measurement (KHP 445)**
- Psychology of Sport and Physical Activity (KHP 547)**
- Group Dynamics in Sport and Physical Activity (KHP 580)**
- Psychological Aspects of Performance Enhancement (KHP 599)*
- Psychological Aspects of Sport Injury (KHP 605)*
- Internship in Sport and Exercise Psychology (KHP 689)*

**Developed and Taught*

***Taught*

West Virginia University – Department of Sport and Exercise Psychology (2010-2014)

- Professional Issues in Sport Psychology I (SEP 210)
- Professional Issues in Sport Psychology II (SEP 211)
- Sport in North American Society (SEP 271)
- Psychological Perspectives of Sport and Exercise (SEP 272)
- Social Psychology of Sport (SEP 385)
- Psychological Aspects of Sport Injury (SEP 425)
- Selected Topics: Sport Psychology in the Media and Cinema (SEP 493N)

McGill University – Department of Kinesiology and Physical Education (2008-2010)

- Ice Hockey (EDKP 250)

STUDENT ADVISING

(Students at the University of Kentucky, unless otherwise indicated)

Doctoral Committee Member

2020 – **present** Courtney Andrews - Ph.D. in Educational Leadership (Advisor: Dr. Wayne Lewis)

2022 – **present** Elizabeth Ohrnberger - Ph.D. in Rehabilitation Sciences (Advisor: Dr. Phil Gribble)

- 2024 – **present** Kristin Shimko – Ph.D. in Higher Education (Advisor: Dr. Jungmin Lee)
 2017 – 2024 Emily Murphy - Ph.D. in Counseling Psychology (Advisor: Dr. Joe Hammer)
 2023 – 2025 Bridget Walsh – Ph.D. in Rehabilitation Sciences (Advisor: Dr. Matt Hoch)
 2021 – 2024 Molly Taylor - Ph.D. in Rehabilitation Sciences (Advisor: Dr. Johanna Hoch)
 2020 – 2023 Alex Brownell – Ph.D. in Exercise Science (Advisor: Dr. Mark Abel)
 2016 – 2022 Rena Curvey - Ph.D in Counseling Psychology (Advisor: Dr. Candice Hargons)
 2017 – 2021 Jon Hill - Ph.D in Kinesiology and Health Promotion (Advisor: Dr. Heather Erwin)
 2016 – 2019 Shelby Baez - Ph.D in Rehabilitation Sciences (Advisor: Dr. Johanna Hoch)*
 2016 – 2019 Julie Burland Ph.D in Athletic Training – *University of Connecticut* (Advisor: Dr. Lindsey Lepley).

Master's Thesis Memberships

- 2025 – **present** Catherine Dennehy - M.S. in Sport and Exercise Psychology
 2025 – **present** Lauren Martin - M.S. in Sport and Exercise Psychology
 2025 – **present** Stefan Savin - M.S. in Sport and Exercise Psychology
 2024 – 2026 Lyric Brennen - M.S. in Sport and Exercise Psychology (Advisor: Dr. Ashley Samson)
 2024 – 2026. Lindsay Cohen - M.S. in Sport and Exercise Psychology (**Chair**)
 2023 – 2025 Kelley Renner - M.S. in Sport and Exercise Psychology (Advisor: Dr. Ashley Samson)
 2022 – 2024 Morgan Findley - M.S. in Sport and Exercise Psychology (Advisor: Dr. Ashley Samson)
 2022 – 2024 Claire Bailey - M.S. in Sport and Exercise Psychology (**Chair**)**
 2020 – 2022 Jared Hrabcak - M.S. in Sport and Exercise Psychology (**Chair**)
 2020 – 2022 Erica Hill - M.S. in Sport and Exercise Psychology (**Chair**)
 2019 – 2021 Myles Englis - M.S. in Sport and Exercise Psychology (**Chair**)
 2018 – 2020 Travis Scheadler - M.S. in Sport and Exercise Psychology (**Chair**)
 2018 – 2020 Shannon White - M.S. in Sport and Exercise Psychology (**Chair**)
 2017 – 2019 Trevor Tierney - M.S. in Sport and Exercise Psychology (**Chair**)
 2015 – 2017 Rena Goodwin - M.S. in Teaching and Coaching/Sport Psychology (**Chair**) ***

*Winner – Association for Applied Sport Psychology Dissertation Award (2020)

**Winner – Association for Applied Sport Psychology Student Thesis Travel Award (2024)

***Winner – American Psychological Association, Division 47 Thesis Award (2018)

Master's Comprehensive Exam Committee Memberships (*Chair or co-chair unless otherwise indicated*)

- 2026 Jacob Buehner (**Member** - Exercise Science, University of Kentucky)
 Allie Cordero (Sport and Exercise Psychology, University of Kentucky)
 Katey Derkay (Sport and Exercise Psychology, University of Kentucky)
 Miriam Fletcher (Sport and Exercise Psychology, University of Kentucky)
 Kaden Hill (**Member** - Exercise Science, University of Kentucky)
 Jefferson Jung (**Member** - Exercise Science, University of Kentucky)
 Noah Kotre (Sport and Exercise Psychology, University of Kentucky)
 Emily Stanko (Sport and Exercise Psychology, University of Kentucky)
 Tibor Stanković (Sport and Exercise Psychology, University of Kentucky)

2025	Tyler Balfour (Sport and Exercise Psychology, University of Kentucky) Bailey Devin (Sport and Exercise Psychology, University of Kentucky) Kelly Dorn (Sport and Exercise Psychology, University of Kentucky) Padyn Kesselring (Sport and Exercise Psychology, University of Kentucky) Patrick Maneval (Sport and Exercise Psychology, University of Kentucky) Ashley Norman (Sport and Exercise Psychology, University of Kentucky) Ashlyn Rasberry (Sport and Exercise Psychology, University of Kentucky) Stacee Rousch (Member - Sport Leadership, University of Kentucky)
2024	Graysen Jennings (Sport and Exercise Psychology, University of Kentucky) Kathryn Gallenstein (Sport and Exercise Psychology, University of Kentucky) Emily Magnone (Sport and Exercise Psychology, University of Kentucky) Victoria Orcutt (Sport and Exercise Psychology, University of Kentucky) Lexi Shacklett (Sport and Exercise Psychology, University of Kentucky) Lauren Poole (Sport and Exercise Psychology, University of Kentucky)
2023	Isabella Johnson (Sport and Exercise Psychology, University of Kentucky) Megan Monfredi (Sport and Exercise Psychology, University of Kentucky) William Nalty (Member - Sport Leadership, University of Kentucky) Casey Overfield (Member - Sport Leadership, University of Kentucky) Sara Parson (Sport and Exercise Psychology, University of Kentucky) Kaylee Palomino (Sport and Exercise Psychology, University of Kentucky) Steven Strobis (Sport and Exercise Psychology, University of Kentucky)
2022	Alisha Barnes (Sport and Exercise Psychology, University of Kentucky) Natalie Gurnett (Sport and Exercise Psychology, University of Kentucky) Allison Lugin (Sport and Exercise Psychology, University of Kentucky) Maddox Patterson (Sport and Exercise Psychology, University of Kentucky) Mikaela Thompson (Sport and Exercise Psychology, University of Kentucky)
2021	Michelle Arnold (Sport and Exercise Psychology, University of Kentucky) Savanajh Black (Sport and Exercise Psychology, University of Kentucky) Christian Brown (Sport and Exercise Psychology, University of Kentucky) Max Duffy (Sport and Exercise Psychology, University of Kentucky) Tremain Knox (Sport and Exercise Psychology, University of Kentucky) Samantha Leavens (Sport and Exercise Psychology, University of Kentucky) McKenzie Watson (Sport and Exercise Psychology, University of Kentucky)
2020	Ninah Bertrand (Sport and Exercise Psychology, University of Kentucky) Kaitlyn Conway (Sport and Exercise Psychology, University of Kentucky) Natalie Jehn (Sport and Exercise Psychology, University of Kentucky) Grant Lanning (Sport and Exercise Psychology, University of Kentucky) Abby Snowden (Sport and Exercise Psychology, University of Kentucky)
2019	Connor Bowen (Member - Sport Leadership, University of Kentucky) Amy Roemmele (Member -Exercise Physiology, University of Kentucky)
2018	Alycia Carrillo (Sport and Exercise Psychology, University of Kentucky) Raegan Geldart (Sport and Exercise Psychology, University of Kentucky)

Performance Psychology Internship Supervisor

(Each represents minimum 300 hours of supervised work)

*****Denotes 400+ hours as required for Certified Mental Performance Consultant (CMPC®)**

In Progress

Matthew Cooper
Catherine Dennehy
Grace Hathaway
Lauren Martin
Cathryn Papasodora
Stefan Savin
Rebecca Tse

Completed

2026

Lyric Brennen
Lindsay Cohen
Allie Cordero***
Katey Derkay***
Miriam Fletcher***
Noah Kotre***
Emily Stanko***
Tibor Stanković***

2025

Tyler Balfour
Bailey Devin
Kelly Dorn***
Padyn Kesselring***
Patrick Maneval***
Emily Murphy***
Ashley Norman
Ashlyn Rasberry
Kelley Renner***

2024

Claire Bailey***
Morgan Findley***
Kathryn Gallenstein Fain***
Graysen Jennings***
Emily Magnone***
Tori Orcutt
Lauren Hawton (née Poole)***
Lexi Shacklett***

2023

Connor Gavigan***
Isabella Johnson***
Megan Monfredi***
Sara Parson
Kaylee Palomino***
Steven Strobis***

2022

Alisha Barnes***
Marisa Bosco***
Natalie Gurnett***

	Jared Hrabcak***
	Allison Lugin***
	Mikaela Thompson***
	Maddox Patterson***
2021	Michelle Arnold***
	Savanajh Black
	Christian Brown***
	Rena Curvey (née Goodwin)***
	Max Duffy***
	Tremain Knox***
	Samantha Leavens***
	Trevor Tierney***
	McKenzie Watson
2020	Emily Murphy***
	Ninah Bertrand***
	Kaitlyn Conway***
	Natalie Cornu***
	Grant Lanning***
	Abby Snowden
2019	Ben Birkby***
	Shannon White***
	Shelby Baez***
2018	Alycia Carrillo
	Raegan Geldart***

APPLIED PERFORMANCE PSYCHOLOGY EXPERIENCE

2022-present	R3 Continuum Contractor for Corporate Performance Psychology Services
2014-present	University of Kentucky Athletic Department Men's and Women's – NCAA Division 1
2016-2018	Miami University Athletic Department Men's Ice Hockey – NCAA Division 1
2017-2018	Morehead State University Athletic Department Men's and Women's – NCAA Division 1
2014-2017	Asbury University Athletic Department Men's and Women's – NAIA
2010-2014	West Virginia University Athletic Department Women's – NCAA Division 1 Men's – ACHA Division 1 Club

- 2012-2014 Waynesburg University Athletic Department
Men's and Women's – NCAA Division III
- 2011-2013 Pittsburgh Pirates Major League Baseball Club
Consulted on development of psychological testing and player profiling
Interpreted test results across various psychological domains.

PROFESSIONAL SERVICE

SERVICE TO DEPARTMENT, COLLEGE, AND UNIVERSITY

- 2026-present University of Kentucky Faculty Senate (**Elected Member**), UK
- 2026-present Graduate Student Success Committee, College of Education, UK
- 2021-present Faculty Performance Review Committee, **Member**, Department of KHP, UK
- 2020-present Chair's Advisory Committee, **Member**, Department of KHP, UK
- 2018-present Sport and Exercise Psychology Club, **Faculty Advisor**, UK
- 2025 Faculty Search Committee (successful), **Chair**, Department of KHP, UK
- 2023 Faculty Search Committee (successful), **Member**, Department of KHP, UK
- 2023 Faculty Search Committee (successful), **Chair**, Department of KHP, UK
- 2022 Outstanding Teaching Awards Selection Committee, **Member**, UK
- 2020 Faculty Search Committee (paused-COVID-19), **Chair**, Department of KHP, UK
- 2016 Faculty Search Committee (successful), **Member**, Department of KHP, UK
- 2016-2018 Ad/Hoc Peer Review of Teaching, **Member**, Department of KHP, UK
- 2015-2018 KHP and Wellness Living Learning Community, **Faculty Director**, UK
- 2014 Graduate Student Representative, Department of Sport Sciences, WVU
- 2013 Vice President, Sport and Exercise Psychology Club, WVU
- 2012 Orientation Week Representative, Department of Sport Sciences, WVU
- 2011-2012 Volunteer Instructor, Professional Issues in Sport Psychology I & II, Department of Sport Sciences, WVU
- 2008-2009 Graduate Student Representative, Department of Kinesiology, McGill University
- 2004-2007 Freshman Orientation Week Leader, Mount Saint Vincent University (MSVU)
- 2003-2007 Department of Psychology, Student Club, MSVU
- 2003-2007 Volunteer Teaching Assistant/Tutor, Department of Psychology, MSVU
- 2007 Peer Mentor, Department of Psychology, MSVU

SERVICE TO THE PROFESSION

Committee Memberships

- 2024-present **Chair (elected)**, CMPC Certification Council, Association for Applied Sport Psychology
- 2022-present **Member**, CMPC Certification Council, Association for Applied Sport Psychology
- 2021-present **Grant Reviewer** – Subject Matter Expert, National Athletic Training Association
- 2018-present **Subject Matter Expert**, Association for Applied Sport Psychology Certification Council

- 2015-present **Conference Session Chair**, Association for Applied Sport Psychology Annual Meeting
- 2014-present **Conference Submission Reviewer**, Association for Applied Sport Psychology Annual Meeting
- 2014-present Teaching Sport and Exercise Psychology Special Interest Group, Association for Applied Sport Psychology
- 2014-present Performance Consulting in Collegiate Sport Special Interest Group, Association for Applied Sport Psychology
- 2012-present Psychology of Injury Special Interest Group, Association for Applied Sport Psychology
- 2022-2024 Member, Inaugural Graduate Program Accreditation Council, Association for Applied Sport Psychology
- 2014-2018 Section Editor for Psychology of Injury Special Interest Group
- 2018 Continuing Education Workshop Leader, Kentucky Psychological Association
- 2010-2014 Across Land and Sea (ALAS), Association for Applied Sport Psychology

Conference Leadership

- 2025 **Faculty Advisor**, Midwest Sport and Exercise Psychology Symposium (MSEPS), an Association for Applied Sport Psychology (AASP) Regional Conference, Lexington, KY.
- 2018 **Faculty Advisor**, Midwest Sport and Exercise Psychology Symposium (MSEPS), an Association for Applied Sport Psychology (AASP) Regional Conference, Lexington, KY
- 2009 **Planning Committee Chair**, Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS), Montreal, Qu, Canada

Ad Hoc Journal Reviewer

- 2021-present Journal for Advancing Sport Psychology in Research
- 2022-present Sport, Business, Management: an International Journal
- 2016-present Research Quarterly for Exercise and Sport
- 2015-present Journal of Sport and Health Sciences
- 2014-present International Journal of Sport Psychology

SERVICE TO THE COMMUNITY

- 2025-present Member – Horseracing Integrity Safety Association (HISA) Medical Advisory Board
- 2022-present Guest speaker – Kentucky High School Athletics Association
- 2019-2020 Faculty Advisor – National Auto Sports Association Psyching Team, Indianapolis, IN
- 2018-2020 Faculty Advisor, Run the Bluegrass Psyching Team, Lexington, KY
- 2015-2018 Coaching Education, Kentucky High School Athletics Association
- 2004-2017 Workshop Leader - One-to-One Elite Goaltending Mentorship Program

PROFESSIONAL MEMBERSHIP

- 2009-present Association for Applied Sport Psychology (AASP)
- 2011-present American Counseling Association (ACA)
- 2012-present American Psychological Association (APA) – Division 47, Exercise and Sport

Psychology
2008-2015 Canadian Sport Psychology Association (CSPA)

IN THE MEDIA

- 2026 It Just Means More: The Psychology of the Athlete Mentality. Feature in *The Kentucky Kernel*. Retrieved from: <https://kykernel.com/125832/features/it-just-means-more-the-psychology-of-the-athlete-mentality/>
- 2026 Inside the Dark Reality of Gambling Abuse in College Basketball. *HoopsHQ*. Retrieved from: <https://www.hoopshq.com/ncaa/gambling-abuse-college-basketball>
- 2026 A Look Into the Mental Game: Q&A with UK Sport Psychologist: *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/campus-news/look-mental-game-qa-uk-sport-psychologist>
- 2026 Sports Talk with Guest, Dr. Marc Cormier. *700 WLW Cincinnati*. Retrieved from: <https://www.iheart.com/podcast/71-700wlw-weekends-28226057/episode/chick-ludwig-2726-321545993>
- 2025 Five Small Habits Sport Psychologists Wish Everyone Did. *PEAK - New York Times*. Retrieved from: <https://www.nytimes.com/athletic/6358944/2025/05/16/five-small-habits-sports-psychologists-wish-everyone-did/>
- 2024 When it Comes to Social Media and Mental Health, Jockeys Have Some Thinking To Do. *Paulick Report: Shining Light on the Horse Industry*. Retrieved from: <https://paulickreport.com/news/people/when-it-comes-to-social-media-and-mental-health-jockeys-have-some-thinking-to-do>
- 2024 UK offers new undergraduate certificate certificate in sport, exercise, and performance psychology. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/campus-news/uk-offers-new-undergraduate-certificate-sport-exercise-and-performance-psychology>
- 2024 Unlocking the Mind: The Fascinating Psychology of Olympic Athlete, Fan Rituals. *Medical Press*. Retrieved from: <https://medicalxpress.com/news/2024-08-mind-fascinating-psychology-olympic-athlete.html>
- 2024 Expert Weighs in on Impact of Olympians' Superstitions. *WKYT*. Retrieved from: <https://www.wkyt.com/2024/07/26/expert-weighs-impact-olympians-superstitions/>
- 2024 UK Sport Psychology Leader Honored for Impact on the Field. *UKNOW: University of Kentucky News*. Retrieved from: https://uknow.uky.edu/professional-news/uk-sport-psychology-leader-honored-impact-field?j=744819&sfmc_sub=251360042&l=21_HTML&u=30131164&mid=10966798&jb=6003

- 2023 Sport Psychology Professor on Player Mentality in Stanley Cup, NBA Playoff Upsets. *UKNOW: University of Kentucky News*. Retrieved from: https://uknow.uky.edu/campus-news/sport-psychology-professor-player-mentality-stanley-cup-nba-playoff-upsets?j=611685&sfmc_sub=251377153&l=21_HTML&u=22436033&mid=10966798&jb=2004
- 2023 The Psychology of the Underdog and Upsets – A Discussion with Marc Cormier of the University of Kentucky. *A Little More Conversation with Ben O'Hara-Byrne. A Global News Radio Program*. Retrieved from: <https://podcasts.apple.com/us/podcast/a-little-more-conversation-with-ben-ohara-byrne/id1604604064?i=1000611404014>
- 2023 Q&A with UK Sport Psychologist Marc Cormier: How Student-Athletes Handle High-Pressure Situations. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/professional-news/qa-uk-sport-psychologist-marc-cormier-how-student-athletes-handle-high-pressure>
- 2023 UK Sport Psychologist Talks About the Mental Impact of Fans, of Witnessing Damar Hamlin Injury. *Northern Kentucky Tribune*, Retrieved from: <https://www.nkytribune.com/2023/01/uk-sports-psychologist-talks-about-the-mental-impact-on-fans-athletes-of-witnessing-damar-hamlin-injury/>
- 2023 UK Sport Psychologist Discusses Mental Health Impact of Damar Hamlin Incident. *LEX18*. Retrieved from: <https://www.lex18.com/news/covering-the-nation/uk-sports-psychologist-discusses-mental-health-impact-of-damar-hamlin-incident>
- 2023 Focus on NFL Players' Mental Health Following Damar Hamlin Hospitalization. *ABC Denver 7*. Retrieved from: <https://www.denver7.com/news/national/focus-on-nfl-players-mental-health-following-damar-hamlins-hospitalization>
- 2023 After a Week in Which Football Really Was About Life and Death, Is It time to Cheer Again? *Buffalo News*, Retrieved from: https://buffalonews.com/news/local/after-a-week-in-which-football-really-was-about-life-and-death-is-it-time/article_a8bae2fc-8e49-11ed-8b35-9305ba2e354f.html
- 2023 Health Experts Stress the Importance of CPR in Wake of Damar Hamlin Collapse. *WKYT*. Retrieved from: <https://www.wkyt.com/2023/01/03/health-experts-stress-importance-cpr-wake-damar-hamlin-collapse/>
- 2023 Sports Talk with Dr. Marc Cormier. *700WLW Cincinnati*. Retrieved from: <https://www.iheart.com/live/700wlw-1713/>
- 2023 UK Sport Psychologist Discusses Mental Health Impact of Damar Hamlin Incident. *Yahoo! Entertainment*, Retrieved from: <https://www.yahoo.com/entertainment/uk-sports-psychologist-discusses-mental-201455565.html>

- 2022 Q&A With UK Sport Psychologist Marc Cormier: What it Takes to “Win it All”. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/campus-news/qa-uk-sport-psychologist-marc-cormier-what-it-takes-win-it-all>
- 2022 Sport Psychology Professor Receives National Teaching Excellence Award. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/professional-news/sport-psychology-professor-receives-national-teaching-excellence-award>
- 2021 Sport and Exercise Psychology’s Cormier Wins UK Outstanding Teaching Award. *UKNOW: University of Kentucky News*. Retrieved from: <https://education.uky.edu/sport-and-exercise-psychologys-cormier-wins-uk-outstanding-teaching-award/>
- 2021 Sport Psychology’s Cormier Named Top Early Career Practitioner. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/professional-news/sport-psychology-s-cormier-named-top-early-career-practitioner>
- 2020 Episode 19 – Performance Psychology with Marc Cormier, Alycia Carrillo, and Ken Knox. *One 2 Kentucky Blue Podcast*. Retrieved from: <https://podcasts.apple.com/us/podcast/episode-19-performance-psychology-marc-cormier-alycia/id1501548935?i=1000478472186>
- 2020 Episode 16 – Marc Cormier. *One 2 Kentucky Blue Podcast*. Retrieved from: <https://soundcloud.com/user-416736699/episode-16-marc-cormier>
- 2019 Q&A With Sport Psychologist Marc Cormier: What it Takes To “Win it All”. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/campus-news/qa-uk-sports-psychologist-marc-cormier-what-it-takes-win-it-all>
- 2016 Mind Games. Psychological Training Aids Jockeys. *Blood Horse* (Print – Issue No. 41, October 8, 2016)

