

CURRICULUM VITAE

(01/2026)

**Danelle Stevens-Watkins, Ph.D.**

Licensed Psychologist-KY

Professor

University of Kentucky

College of Education- Counseling Psychology (Area)

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## EDUCATION

**Doctor of Philosophy, Counseling Psychology**

University of Kentucky, Lexington, KY

July 2008

**Specialist, Counseling Psychology**

University of Kentucky, Lexington, KY

December 2006

**Master of Arts, Clinical Psychology**

Spalding University, Louisville, KY

July 2004

**Bachelor of Arts, Psychology**

University of Louisville, Louisville, KY

December 2000

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## ADMINISTRATIVE APPOINTMENTS

**Acting Dean-College of Education**

January 2023 - June 2025

As of 2024-2025-The College of Education has over 3200 students, 110 faculty and 118 staff and an annual budget of approximately \$25M including \$9M annually of research expenditures. The college is comprised of seven departments with 20 undergraduate programs and 49 graduate programs. There are 15 centers, clinics, labs and other initiatives within the college.

**Demonstrated Achievements (highlights):**

- Teacher Education Programs (TEP) programs received 7 years of accreditation from AAQEP.
- Counseling Psychology Program received 10 years of accreditation from APA.
- Established a student advisory council that meets regularly with college leadership.
- Undergraduate enrollment increased by 23% from Fall 2022 to Fall 2024 and reached record 4- and 5- year graduation rates (Spring 2024).
- Hosted the first Teacher Education Open House with nearly 300 participants from 15 counties and 5 states (Fall 2024)
- Invested non-recurring funds to extend the new Student Teacher Stipend Program for Kentucky residents to also include stipends for out-of-state students during their student teaching semester-this will be a significant recruiting tool for the college
- The college obtained the largest single donor commitment in the history of the college of \$2M.
- Spear-headed new sustainable research initiatives within the college to increase extramural funding.

**Associate Vice President for Research**

August 2021 - June 2025

**Assistant Vice President for Research**

August 2020 - July 2021

Lead the UNITE Research Priority Area which is a university-wide research priority initiative. With an annual \$1M budget, UNITE provides programs to bring students, staff and faculty together to grow research focused on social justice, health disparities, education, and law and economics with an overarching theme of advancing inequities in the Commonwealth. UNITE holds faculty centric programming including annual networking events, writing days, training in grant writing, research pilot fund competitions, research consultations, annual research showcase, and a training/mentoring

program for predoctoral (PhD) students. In addition to leading the UNITE RPA, most recently in this role, I have oversight for the centers and institutes and other RPAs within the office of the vice president for research.

### **Demonstrated Achievements (highlights):**

- Established a research priority area from the beginning and as of January 2025 has 538 members representing faculty, staff, and students from across 18 colleges.
- Spear-headed competitive research funding initiatives and investments of over \$1.8M in faculty research and scholarship support for both biomedical and humanities research.
- Started the UNITE predoctoral research scholars training program and invested over \$1.5M in predoctoral research training support.

### **Director of Graduate Studies-EDP**

July 2020-August 2021

The Director of Graduate Studies (DGS) plays a crucial role in supporting and guiding graduate students throughout their academic journey. The DGS serves as a key liaison between faculty, students, the department and The Graduate School by fostering a positive and supportive learning environment and ensuring compliance with key deadlines and documentation for exams and dissertations.

## **ACADEMIC APPOINTMENTS**

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### **University of Kentucky Department of Educational, School & Counseling Psychology- Lexington, KY**

Faculty Affiliate-Center on Drug and Alcohol Research (CDAR)

Core Faculty-Center on Health, Engagement and Transformation (CHET)

**Professor**

July 2022-present

**Associate Professor**

April 2015-June 2022

**Assistant Professor-Tenure Track**

July 2013-April 2015

Primary instructor for doctoral level courses (Post-Masters and Pre-Masters clinical practicum, Substance Abuse Counseling, Multicultural Psychology, Doctoral Seminar)

Doctoral Practicum Coordinator

January 2017-August 2021

Interim-Practicum Coordinator

August 2013-December 2013

NIDA-T32 Training faculty

July 2014-present

### **Spalding University School of Professional Psychology-Louisville, KY**

**Assistant Professor-Tenure Track**

July 2009-June 2013

Primary instructor for doctoral level courses: Clinical Application of Multicultural Psychology, Psychopathology & Systems of Psychotherapy

### **University of Kentucky Department of Educational & Counseling Psychology -Lexington, KY**

**Visiting Assistant Professor**

August 2008-July 2009

Primary instructor for graduate-level courses: Lifespan Human Development & Behavior, Multicultural Psychology, Pre-Masters Practicum, Substance Abuse Seminar, and co-instructor for Research with Large Data Sets.

## **RESEARCH AGENDA**

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My research agenda has largely focused on health disparities broadly among women and Black adults across the lifespan. More specifically, as a licensed psychologist and certified lactation counselor my research focuses on mental health, drug use disorders, sexual health, and increasing

positive breastfeeding outcomes. I have received funding for my research over the past decade from the National Institutes of Health (NIH) and I am fortunate to have a well-established team of research collaborators and talented graduate students in my research lab. Our work has been featured in several local news outlets and nationally on NBC News Now (please see links below).

## **EXTRAMURAL GRANTS UNDER REVIEW**

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### **Principal Investigator**

(DP1OD042244) “Reimagining Substance Use Prevention Through Transdisciplinary Research: RESET” National Institutes of Health (NIH). \$3,500,000 total direct cost. (Submitted 9/9/25)

### **Principal Investigator** (MPI submission with Dr. Rena Robinson at Vanderbilt)

(R25GM167056) “Prioritizing Public Health with an Accomplished Community that Cultivates Excellence and Success in Science (Priority ACCESS)” National Institute of General Medical Sciences. \$2,654,235 total cost (Submitted 11/2025)

### **Principal Investigator**

(R01DA067123) “Reframing Overdose and Treatment Messaging to Combat Misuse and Stigma (REFOCUS II). National Institute on Drug Abuse \$3,719,154 total cost (Submitted 11/2025)

### **Principal Investigator**

“Healthy Women, Healthy Business: A Workplace Initiative”. Aspen Institute WIN Challenge Grant. \$5,000,000 total cost (Submitted 1/27/26)

## **EXTRAMURAL GRANTS SUBMITTED-NOT FUNDED**

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### **Principal Investigator**

(R01-DA064099) “Reimagine Messaging to Combat Black Americans Overdoses: REFOCUS II” National Institutes of Health (NIH)-National Institute on Drug Abuse (NIDA). \$3,722,633 total cost. Submitted 11/14/2024 (Withdrawn by IC due to changes in administrative priorities)

### **Co-Investigator**

Substance Abuse and Mental Health Services Administration (SAMHSA)  
Youth Neighborhood Healers: Training Black Youth in Teen Mental Health First Aid. SPF-PSF \$1,874,188 total cost. Role: Co-I (Scored, Awaiting Council Review-Not funded)

### **Principal Investigator**

Addressing Disparities with Culturally-responsive Treatment (ACT). Substance Abuse and Mental Health Services Administration (SAMHSA), \$2,467,370 total cost (submitted April 2022-not funded)

### **Principal Investigator**

(R01-DA056236-PI: Stevens-Watkins) Research Improving Treatment Equity (RITE). National Institutes of Health (NIH), National Institute on Drug Abuse (NIDA). \$3,742,253 total cost (submit date 08/24/2021-Not Discussed-not funded)

### **Principal Investigator**

(R01-MD016028)-iAM “Improving Adverse Maternal Health Outcomes” submitted to the National Institutes of Health (NIH), National Institute on Minority Health and Health Disparities (NIMHD). \$3,757,936 total cost (Not Discussed-not funded)

**Co-Mentor**

(K08-MD015743-PI: Hargons)-“Using a Guided Meditation to Reduce the Negative Cardiovascular Impact of Race-Based Stress among African American Students. submitted to the National Institutes of Health (NIH), National Institute on Minority Health and Health Disparities (NIMHD). \$449,881 total cost (Scored-not funded)

**Principal Investigator**

(R01-DA049333)-“Research Examining Factors Associated with the Opioid Crisis among Underserved African Americans” submitted to the National Institutes of Health (NIH)-National Institute of Minority Health and Health Disparities (NIMHD). \$3,709,542 total cost Submitted 11/09/2018 (Scored-not funded)

**Principal Investigator**

(R01-DA046279-A1) African Americans’ Non-medical Use of Prescription Drugs in the Community and under Criminal Justice Supervision” National Institutes of Health (NIH)-National Institute on Drug Abuse (NIDA). \$3,698,457 total cost. Resubmitted 05/07/2018 (Scored-not funded)

**Principal Investigator**

(R01-DA046279) “Black Americans’ Non-medical Use of Prescription Drugs in the Community and under Criminal Justice Supervision” National Institutes of Health (NIH)-National Institute on Drug Abuse (NIDA). \$3,664,137 total cost. Submitted 09/07/2017 (Scored-not funded)

**EXTRAMURAL FUNDED GRANTS**

**\*as of January 2025 (>\$11M as Principal Investigator & >\$95M as Co-Investigator)**

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**Co-Mentor**

(1K01AG092253-PI: Laneshia Conner) Feasibility, Acceptability, and Preliminary Efficacy of an HIV Prevention Intervention for Older Black Women. – National Institute on Aging \$614,649 total cost (8/22/2025-7/31/2030)

**Co-Investigator**

(R01-HD114116-PI: Candice Hargon) Assessing Differential Dyadic Mechanisms of Black and White Women’s SEXual FUNctioning (ADD SEX FUN Project) National Institute on Health (NIH) – National Institute of Child Health and Human Development \$3,030,432 total cost (09/20/24-05/31/2029)

**Principal Investigator**

(U24-DA058961-02S1-PI Stevens-Watkins) The University of Kentucky Racial Equity Initiative Coordinating Center. National Institutes of Health (NIH), National Institute on Drug Abuse (NIDA). Administrative Supplement \$403,104 total cost (7/01/2024-07/31/2025-terminated early by NIH due to changes in administration)

**Principal Investigator**

(U24-DA058961-PI: Stevens-Watkins) The University of Kentucky Racial Equity Initiative Coordinating Center. National Institutes of Health (NIH), National Institute on Drug Abuse (NIDA). \$3,480,096 total cost (8/15/2023-07/31/2025-terminated early by NIH due to changes in administration)

**Co-Investigator**

(U24-GM-146576-PI Spears) "University of Kentucky SuRE Resource Center", National Institutes of Health (NIH), National Institute of General Medical Sciences (NIGMS). \$5,664,362 total cost (11/01/2022 – 08/30/2027)

**Principal Investigator**

(R25-GM-147296-MPIs: Stevens-Watkins & Robinson) Ensuring Success in Academia for Underrepresented Faculty to Advance Biomedical Science Research (ACCESS), National Institutes of Health (NIH), National Institute of General Medical Sciences (NIGMS). \$2,048,989 total cost (09/01/2022 – 08/30/2027)

**Co-Principal Investigator**

(U54-MD-007602-34S2-MPIs: Stevens-Watkins & Holliday) A Multi-Level Community Based Approach to PrEP Uptake for African American Women, National Institutes of Health (NIH), National Institute on Minority Health and Health Disparities (NIMHD). \$1,252,000 total cost (9/01/2021-05/31/2023)

**Co-Principal Investigator**

(6H79SM084720) Neighborhood Healers: Training Black Community First Responders in Mental Health First Aid. MHAT Substance Abuse and Mental Health Services Administration (SAMHSA) \$624,787 total cost. (09/30/2021-09/29/2026)

Role: MPIs (Candice Hargons, Camille Burnett, Lisa Higgins-Hord, Danelle Stevens-Watkins)

<https://uknow.uky.edu/research/uk-project-will-help-black-lexingtonians-access-mental-health-services>

**Principal Investigator**

(R01-DA049333-PI Stevens-Watkins)-REFOCUS-"Research Examining Factors Associated with the Opioid Crisis among Underserved African Americans" submitted to the National Institutes of Health (NIH)-National Institute on Drug Abuse (NIDA). \$3,206,782 total cost (09/30/2020-07/31/2025)

[The Original Feature Story on NBC News Now](#)

[Featured on NPR](#)

<https://uknow.uky.edu/research/uk-project-receives-32-million-non-medical-prescription-opioid-use-research>

**Co-Investigator (Criminal/Legal Arm)**

(UM1 DA049406- PI: Sharon Walsh)

*Kentucky CAN HEAL (Communities and Networks Helping End Addiction Long-term)*

This NIDA Research Site is developing and testing an integrated approach to address the opioid crisis through community partnerships. 11/01/2019-03/31/2023. \$87,133,539 total cost.

**Training Faculty**

(9T32DA-035200-16-PI Craig Rush) titled "Research Training in Drug Abuse Behavior" funded through National Institutes of Health (NIH)-National Institute on Drug Abuse - Continuation grant funded for past 16 years in training highly competitive national program for pre- and post-doctoral fellows in drug abuse research. \$1,126,000 total cost. (Dr. Stevens-Watkins has served as a mentor since 2015-present)

**Mentor**

(R25-GM125680-MPIs Spear & Frazier)-IMERS “Interactive Mentoring to Enhance Research Skills” This grant provides grant-writing training to faculty at minority serving institutions with a goal of enhancing research infrastructure at these institutions. 8/1/2021-08/31/22 \$2,224,800 total cost

### **Principal Investigator**

(K08-DA032296-PI: Danelle Stevens-Watkins) Mentored Clinical Scientist Career Development Award titled “African American Male Offenders: Drug Use, Mental Health, and HIV Risk” competitive award funded through the National Institutes of Health (NIH)-National Institute on Drug Abuse (NIDA). 05/01/2012-04/30/2018. \$707,996 total cost (one year no-cost extension).

### **Principal Investigator**

(R01-DA-022967-S1) Research Supplement to Promote Diversity in Health-Related Research- Received investigator level support for project titled “African American Female Drug Users: HIV, Health Disparities, & Criminality” PI: Carrie Oser; Col: Danelle Stevens-Watkins). Funded through NIH-National Institutes of Drug Abuse (NIDA) 01/31/2010 through 1/31/2012. \$125,000 total cost.

## **INTRAMURAL FUNDED GRANTS**

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### **Mentor**

University of Kentucky Center for Clinical and Translation Science-Collaborative UK-UC Pilot Award (National Center for Research Resources and the National Center for Advancing Translational Sciences, National Institutes of Health; UL1TR001998, PIs Miller-Roenigk & Wheeler). A pilot grant to support a project titled "Culturally AdapTed Harm Reduction Intervention: Community Engaged InterVention for Black Adults that Misuse Opioids and Stimulants (THRIVE)." 07/01/2024-06/30/2025. \$50,000 total cost, \$25,000 to Brittany Miller-Roenigk, PhD, University of Kentucky; \$25,000 to Paris Wheeler, PhD, University of Cincinnati.

### **Principal Investigator**

Support Peers for Breastfeeding Expansion among African American Kentuckians (SPEAK project). A pilot study submitted to the Center for Health Equity Transformation (CHET) at the University of Kentucky. 07/01/2020-12/31/2021- \$24,898 total cost.

[Featured on LEX 18](#)

<https://uknow.uky.edu/research/uk-researchers-highlight-support-efforts-during-black-breastfeeding-week>

### **Co-Mentor**

(NIH CTSA-UL1TR000117-PI: Phillip Kern)-Trainee Dr. Sycarah Fisher-NIH/ National Center for Advancing Translational Sciences (NCATS). Institutional KL2. Adolescent Substance Use: School and Community Perspectives on School-Based Interventions. 75% salary support up to \$100,000 per year, \$50,000 for project related expenses. 07/01/2017-06/30/2019. \$250,000 total cost.

### **Principal Investigator**

University of Kentucky Center on Clinical and Translation Science-Junior Investigator Award (NIH CTSA-UL1TR000117). A pilot grant to support a project titled "A Pilot Study to Test Feasibility of REMAS-CA (Real Men Are Safe-Culturally Adapted) on Drug Using African American Male Prisoners Nearing Community Re-entry". An intramural competitive application to provide HIV prevention groups for African American men- extending services to research participants. Consultant: Ann (Kathy) Burlew, Ph.D. University of Cincinnati. 01/15/2015-07/31/2017. \$24,800 total cost.

## **FUNDED CONTRACTS COMPLETED**

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Americana Community Center. Louisville, KY. Programming to offer counseling services to immigrant and refugee populations 2012-2013. Role: Clinical Site Supervisor \$2625.

Jefferson County Public Schools Family Resource and Youth Services Centers (FRYSC). Louisville, KY. Programming to offer counseling services to at-risk youth and families 2011-2013 Role: Site Supervisor \$7700.

State of Kentucky Council on Postsecondary Education. "Transition Navigator's in Kentucky Adult Education". 2011- \$97,083 total cost. (PI: Keisha Love, PhD) Role: Clinical Support Supervisor \$3,000

Kentucky Workforce Development/Kentucky Adult Education. "Career Advising and Transition Services". 2011- \$170,264 total cost. (PI: Keisha Love, PhD & Co-PI: Deneia Thomas, PhD) Role: Data Analyst \$5,000

## **PEER REVIEWED JOURNAL ARTICLES (\*indicates student/trainee author)**

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86. Goggins, M., Orphe, P., Atkinson, J., Miller-Roenigk, B., Palomino, K. & **Stevens-Watkins, D.** (2025). The research examining factors associated with the opioid crisis among urban adults (REFOCUS): A mixed methods study protocol. *Frontiers in Public Health, section Substance Use Disorders and Behavioral Addictions*. 5:13. PMID: PMC12714905
85. Palomino, K. A., Thorpe., S., Verty, V. P. A., Malone, N., **Stevens-Watkins, D.** (2026). The Role of the Black Church in Shaping Perceptions and Experiences of Breastfeeding Among Black Women. Forthcoming in *Maternal and Child Health Journal*.
84. Smith, A.B., Miller-Roenigk, B., Palomino, K.A., Malone, N., & **Stevens-Watkins, D.** (2025) Family dynamics and opioid misuse among Black Americans: The mediating role of emotional support. Forthcoming in *Couple and Family Psychology*.
83. Mahaffey, C.C., Jeremiah, R.D., O'Neil, A.M., Clement, D.N., Cava, I., Ruiz, F.R., Hubach, R.D., & **Stevens-Watkins, D.** (2025) Navigating access to pre-exposure prophylaxis (PrEP): Black men who have sex with men (BMSM) voices living in HIV hotspots. Forthcoming in *Journal of Racial and Ethnic Health Disparities*.
82. \*Peterson, R.L., \*Goggins, M., Mizelle, D., Miller-Roenigk, B, Hargons, C.N. & **Stevens-Watkins, D.** (2025) Brief report: Naloxone decline among African American Kentuckians. Forthcoming *Substance Use and Addiction Journal*. PMID: 40674031.
81. Miller-Roenigk, B., **Stevens-Watkins, D.** (2025). Ethnic identity and past 30-day opioid use: Mediating effect of relational support. *Substance Use and Misuse*. 60(11), 1641-1649. PMID: PMC12307112.
80. \*Peterson, R.L., Hargons, C.N., \*Malone, N., \*Kerney, M.A., \*Cannon, B., **Stevens-Watkins, D.**, Burnett, C., & Higgins-Hord, L. (2025). Understanding coping strategies and sociocultural context in Black Americans' mental health. Paper forthcoming in *Journal of Racial and Ethnic Health Disparities*. PMID: 39912851.

79. \*Jester, J. K., \*Verty, V., Hargons, C. N., Thorpe, S., & **Stevens-Watkins, D.** (2025). "God did for me what I couldn't do for myself": Understanding religiosity, spirituality, and locus of control among Black Americans who use opioids. *Journal of Religion and Health*. 64(6), 4803-4823. PMID: 39918665.
78. Miller-Roenigk, B., Thorpe, S., \*Palomino, K., **Stevens-Watkins, D.** (2025). Breastfeeding barriers among Black mothers: Maternal guilt, shame, and other affective stressors. Paper forthcoming in *Women and Therapy*.
77. \*Malone, N., \*Pitcher, G. R., \*Mizelle, D. L., Wheeler, P., Miller-Roenigk, B., \*McCleod, K. A., \*Keeling, M., \*Ntego, T., Hargons, C. N., & **Stevens-Watkins, D.** (2024). "Drug use with racism...the reason I wanted to do this study": Perceptions of race and racism's impact on drug use among Black Americans using opioids. *Substance Use and Misuse*. 60(2), 265-275. PMID: 39506268.
76. \*Malone, N., \*Palomino, K.A., \*Goggins, M.K.M., \*Verty, V.P.A., \*Jester, J.K., Miller-Roenigk, B., Wheeler, P., Dogan-Dixon, J., \*Keeling, M., \*McCray, I., \*Sigola, Z.A., \*McCleod, K.A., Atkinson, J.A., Hargons, C.N., & **Stevens-Watkins, D.** (2024). "You said burnout? Whew, chile!" A multigenerational collaborative autoethnography on the complexities of burnout and care among Black women researching substance use. *Women's Health*, 20, 17455057241299213. PMID: PMC11607759.
75. Hargons, C., Miller-Roenigk, B., \*Malone, N., \*Peterson, R., \*Mizelle, D., **Stevens-Watkins, D.** (2024). "Not knowing that I could get addicted at any moment": Drug use initiation narratives among Black people. Paper forthcoming in *Qualitative Psychology*.
74. Oser, C., McGladrey, M., Booty, M., Surratt, H., Knudsen, H., Freeman, P., **Stevens-Watkins, D.**, Roberts, M., Staton, M., Young, A., Draper, E., & Walsh, S. (2024). Rapid jail-based implementation of overdose education and naloxone distribution in response to the COVID-19 pandemic. *Health & Justice*, 12(27).
73. Miller-Roenigk, B., Wheeler, P., \*Jester, J., Hargons, C., **Stevens-Watkins, D.** (2024). Generational and gender patterns of prescription opioid misuse. *Journal of Substance Abuse and Addictions Treatment*, 164, 209436. PMID: PMC11300149.
72. Oser, C., Moody, M., Hansen, A., **Stevens-Watkins, D.**, Staton, M., & Bunting, A. (2024). Predictors of substance use disorder treatment and mutual support group participation among Black women across the criminal legal spectrum: A latent class approach. *Drug & Alcohol Dependence*. 260,111326. PMID: 38733734.
71. \*Dogan-Dixon, J., \*Wheeler, P.B., Cunningham, K., **Stevens-Watkins, D.** and Stoops, W.W. (2024). Systematic review of cocaine treatment interventions for Black Americans. *Clinical Psychological Science*, 13(1), 83-103. PMID: PMC11978402.
70. \*Jester, J.K., Miller-Roenigk, B., \*Wheeler, P., **Stevens-Watkins, D.** (2024). Associations between traumatic life events and drug use among Black men who are incarcerated. *Journal of Ethnicity in Substance Abuse*, 1-19. PMID: PMC11415548.

69. \*Wheeler, P.B., Miller-Roenigk, B., \*Jester, J., **Stevens-Watkins, D.** (2024). Knowledge, experience, and perceptions of medications for opioid use disorder among Black Kentuckians. *Annals of Medicine*, 56(1), 2322051. PMID: PMC10916927.
68. Thorpe, S., \*Orphé, P., \*Pitcher, G., \*McCleod, K. \*Malone, N., **Stevens-Watkins, D.** (2024). Correlates of transactional sex among Black men and women who misuse opioids. *Health Education and Behavior*, 51(3), 416-424. PMID: PMC11200108.
67. Malone, N., Cannon, B., Wright, C. J., Peterson, R. L., Verty, V. P. A., Brown, J. K. D., Mizelle, D. L., Maxwell, K., Higgins-Hord, L., Burnett, C., **Stevens-Watkins, D.**, & Hargons, C. N. (2024). Mental Health First Aid for Black Populations: Recommendations From the Neighborhood Healers Project. *Counseling Psychologist*, 52(6), 901-932.
66. \*Kerney, M., Hargons, C., \*Peterson, R., \*Cannon, B., **Stevens-Watkins, D.**, Burnett, C., Higgins-Hord, L. (2024). "The state of your psyche": Black conceptualizations of mental health. *The Counseling Psychologist*, 52(4).
65. Thorpe, S., \*Palomino, K.A., \*Malone, N., & **Stevens-Watkins, D.** (2024) Adverse childhood experiences and psychological correlates of substance use disorders among Black sexual minority women. *Health Promotion Practice*. 25(6), 945-950. PMID: PMC11209836.
64. Miller-Roenigk, B., \*Jester, J., **Stevens-Watkins, D.**, & Francis, D., (2023). Correlates of psychological distress among African Americans during the COVID-19 pandemic. *Journal of Black Psychology*. PMID: PMC10372509.
63. \*Dogan-Dixon, J., \*Thrasher, S., Thorpe, S., \*Wheeler, P., & **Stevens-Watkins, D.** (2023). The roles of vicarious trauma exposure and perceived social support in codeine syrup misuse among Black men living in prisons. *Journal of Community Psychology*, 52(8), 1078-1090. PMID: 3779473.
62. \*Dogan, J.N., Thorpe, S., \*Malone, N., \*Jester, J., **Stevens-Watkins, D.**, & Hargons, C. N. (2023). "My partner will think I'm weak or overthinking my pain": How being superwoman inhibits Black women's sexual pain disclosure to their partners. *Culture, Health, and Sexuality*, 25(5), 567-581. PMID: PMC11214807.
61. \*Malone, N., \*Dogan-Dixon, J., Thorpe, S., \*Thrasher, S., \*Wheeler, P., **Stevens-Watkins, D.**, & Oser, C. (2023). Cultural predictors of self-esteem among Black women with criminal justice involvement and herpes simplex virus. *Health Promotion Practice*, 25(6), 1023-1031. PMID: PMC11090287.
60. Miller-Roenigk, B., \*Wheeler, P., Hargons, C., **Stevens-Watkins, D.** (2023). Race-related and mental health factors of powder cocaine use among Black incarcerated men. *Journal of Ethnicity in Substance Abuse*, 23(4), 996-1015. PMID: PMC10352460.
59. Thorpe, S., Hargons, C.N, \*Malone, N., \*Iyiewuare, P., \*Jester, J.K., & **Stevens-Watkins, D.** (2024). An interpretative phenomenological analysis of Black women's meaning and experiences of sexual anxiety. *Journal of Sex Research*, 61(4), 614-628. PMID: PMC11214808.
58. \*Malone, N., Thorpe, S., \*Jester, J.K., \*Dogan, J.N., **Stevens-Watkins, D.**, & Hargons, C.N.

- (2023). "Anger, embarrassment, less than a woman": The emotional impact of Black women's sexual pain. *Women & Health*. 63(1), 17-26. PMID: PMC11216318
57. Miller-Roenigk, B., Peteet, B., **Stevens-Watkins, D.**, Staton, M. (2023). Correlates of six-month recidivism among rural incarcerated women. *Women and Criminal Justice*, 35(4), 321-334. PMID: PMC12487039.
56. \*Dogan, J., Hargons, C., **Stevens-Watkins, D.** (2023). "Don't Feel Like You Have to Do This All on Your Own": Exploring perceived partner support of breastfeeding among Black Women in Kentucky. *Journal of Human Lactation*. 39(1), 134-145. PMID: 36511173 NOTE\*Received Honorable Mention for by the Journal of Human Lactation for the **Miriam Labbok New Investigator Award**. This award is given to a novice researcher whose JHL published research has made a significant contribution to the body of lactation knowledge.
55. \*Thorpe, S., **Stevens-Watkins, D.**, Thrasher, S., \*Malone, N., & \*Dogan, J.N. (2022). Religion, psychiatric symptoms, and gender role conflict among incarcerated Black men. *Psychology of Men and Masculinities*. 24(1), 76-82. PMID: PMC10427125
54. \*Dogan, J. N., **Stevens-Watkins, D.**, \*Miller-Roenigk, B., Mashburn, C., Moody, M. (2022). Experiencing burnout: John Henryism, gender role conflict, and anxiety among incarcerated Black men. *International Journal of Offender Therapy and Comparative Criminology*, 68(9), 1011-1032. PMID:36181303.
53. \*Wheeler, P.B., \*Miller-Roenigk, B., \*Jester, J., **Stevens-Watkins, D.** (2022). PTSD diagnosis and nonmedical use of benzodiazepines: The mitigating effect of John Henryism Active Coping. *Journal of Ethnicity in Substance Abuse*, 23(3), 537-550. PMID: PMC9868189.
52. Hargons, C., \*Miller-Roenigk, B., \*Malone, N. \*Mizelle, D., \*Atkinson, J., **Stevens-Watkins, D.** (2022). "Can we get a Black rehabilitation center?" Factors impacting the treatment experiences of Black people who use opioids. *Journal of Substance Abuse Treatment* (in press). PMID: PMC9509430.
51. **Stevens-Watkins, D.**, Hargons, C.N., \*Dogan, J.N, \*Malone, N, \*Jester, J.K., \*Thorpe, S., & Linares, A.M. (2022). Social healthcare determinants of breastfeeding Black women: A multigenerational study. *Breastfeeding Medicine*, 17(8), 666-672. PMID: 35947855.
50. \*Thorpe, S., Hargons, C., Tanner, A.E., **Stevens-Watkins, D.** (2022). Perceived HIV invulnerability and PrEP knowledge and attitudes among Black sexual minority women. *American Journal of Sexuality Education*, 17(3), 400-413. PMID: PMC10284562.
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4. **Stevens-Watkins, D.**, Brown-Wright, L., & Tyler, K. (2011). Brief report: the number of sexual partners and race-related stress in African American adolescents: preliminary findings. *Journal of Adolescence*, 34(1), 191-194.
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1. **Stevens-Watkins, D.** & \*Lloyd, H. (2010). Recent perceptions of health service providers among African American men: Framing the future debate. *Journal of Best Practices in Health Professions Diversity: Research, Education, and Policy*, 3(1), 63-73. PMID: PMC4829358.

## **BOOK**

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1. Love, K., **Stevens-Watkins, D.**, Martin, N., Martin, T., McNamara, C., Tagliatela, L., Williams, S. & Young, J. (2017). *General Psychology: The Science of the Mind. 4<sup>th</sup> Edition*. Kendall Hunt. ISBN-13: 978-1524934590.

## **BOOK CHAPTERS (\* indicates student/trainee author)**

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4. Levine, A., **Stevens-Watkins, D.**, & Ford, J. (2020) National accreditation of academic programs in counseling and human services: Looking at APA, CACREP, and CSWE. In D. Harley & C. Baria-Brass (Eds.), *Principles and Practices of Disability Studies: An Interdisciplinary Approach*. (pp. 27-42) Springer: New York, NY.
3. Fisher, S., Sheehan, C.\* , **Stevens-Watkins, D.**, and Crowell, C. (2018). Alcohol Related Disorders and Other Substance Use Disorders. In *Handbook of DSM-5 Childhood Disorders*. Eds. S. Goldstein & M. DeVries (pp. 539-562) Springer: New York, NY.
2. Leukefeld, C.G., Marks, K.\* , Young, A., **Stevens-Watkins, D.**, and Leach, R. (2017). Behavioral Health and Substance Abuse. In *Scutchfield and Keck's Principles of Public Health Practice 4<sup>th</sup> Edition*. Eds. Erwin, P.C. & Bronson, R. C. (pp. 494-511) Cengage: Boston, MA.

1. Fritz, K.\*, **Stevens-Watkins, D.**, Shaffer, E\*., Mattson, R.\*., Zachary, S\*., Rickart, J\*., & Wohlfarth, D. (2012). Stalking the reluctant professor: How to find a mentor without getting arrested. In *It Works for Me* Eds. H. Blythe & C. Sweet. (pp. 87-88) New Forums Press: Stillwater, OK.

## **PUBLISHED ABSTRACTS**

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4. Mahaffey, C.C.\*, **Stevens-Watkins, D.**, & Leukefeld, C. (2017). Alcohol and cocaine use and drug distribution among formerly incarcerated Black men. *Drug and Alcohol Dependence*, 171, e126.
3. Oser, C., Pullen, E., Leukefeld, C., **Stevens-Watkins, D.**, Stanton-Tindall, M., Havens, J. (2015). The size of African American female's health networks: The role of drug and criminal histories. *Drug and Alcohol Dependence*, 146, e58-e59.
2. **Stevens-Watkins, D.**, Leukefeld, C., & Oser, C. (2015). Psychiatric problems and sex-trading among drug-using African American women: Does family support matter? *Drug and Alcohol Dependence*, 146, e108.
1. **Stevens-Watkins, D.**, Oser, C., & Leukefeld, C. (2014). Coping style and service utilization among African American female drug-users. *Drug and Alcohol Dependence*, 140, e216.

## **PEER REVIEWED PRESENTATIONS (\*indicates student/trainee author)**

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54. Verty, V.P.A., Smith, A., Palomino, K., Holliday, R., **Stevens-Watkins, D.J.** (November 2025) *Does partner-focused sexual satisfaction influence attitudes toward PrEP within Black women?* Poster Presentation, American Public Health Association (APHA) Annual Meeting and Expo, Washington, D.C.
53. Jackson, K., Wheeler, P.B., **Stevens-Watkins, D.**, & Oser, C. (August 2025). John Henryism, past homelessness, and crack cocaine use among incarcerated Black Americans. Poster Presentation, American Psychological Association (APA) Annual Convention, Denver, CO.
52. Goggins, M. K. M., Peterson, R., Miller Roenigk, B. D., & **Stevens-Watkins, D.** (June 2025). *Polysubstance use and its impact on psychosocial factors and treatment access among African American women who misuse opioids.* Oral Presentation, College on Problems of Drug Dependence (CPDD), New Orleans, LA.
51. Miller-Roenigk, B., **Stevens-Watkins, D.**, (June 2025). *Age, relational support, and co-use of opioids and cocaine among Black men.* Poster presentation at the annual meeting of the College on Problems of Drug Dependence (CPDD). New Orleans, LA.
50. Miller-Roenigk, B., **Stevens-Watkins, D.**, (August 2024). *Ethnic identity as a predictor of recent opioid misuse: Mediating effect of relational support.* Poster presentation at the annual meeting of the American Psychological Association (APA). Division 28: Psychopharmacology and Substance Abuse. Seattle, WA. (Virtual).
49. Miller-Roenigk, B., Hargons, C., **Stevens-Watkins, D.**, (August 2023). *Generational, mental*

*health and treatment patterns: Black adults who misuse prescription opioids.* Poster presentation at the annual meeting of the American Psychological Association (APA). Division 28: Psychopharmacology and Substance Abuse. Washington D.C.

48. \*Malone, N., \*Pitcher, G., & **Stevens-Watkins, D.** (June 2023). *Perceptions of racism's impact on drug use among African Americans using opioids.* Poster presentation at The College on Problems of Drug Dependence, Denver, CO
47. \*Miller-Roenigk, B., **Stevens-Watkins, D.**, Peteet, B. (August 2022). *Effect of discrimination on alcohol use among biracial women.* Poster presentation at the annual meeting of the American Psychological Association (APA). Division 35: Society for the Psychology of Women. Minneapolis, MN.
46. \*Wheeler, P.B., \*Miller-Roenigk, B., \*Jester, J., **Stevens-Watkins, D.** (June 2022). *Knowledge, Experience, and Perceptions of Medications for Opioid Use Disorder and Medication Assisted Treatment among African American Kentuckians.* Oral Presentation at the College on Problems of Drug Dependence Annual Meeting, Minneapolis, MN.
45. \*Wheeler, P., Miller-Roenigk, B., Johnson, S., Jester, J., **Stevens-Watkins, D.** (June 2021). *PTSD Diagnosis and Nonmedical Use of Benzodiazepines: The Mitigating Effect of John Henryism Active Coping.* Poster presentation at the College of Problems on Drug Dependence. Virtual meeting.
44. \*Wheeler, P., \*Dogan, J., **Stevens-Watkins, D.**, Stoops, W. (June 2020). *Differences in Sleep Outcomes among People Who Use Cocaine and People Who Co-Use Cocaine and Cannabis.* Oral presentation at the College of Problems on Drug Dependence. Virtual meeting.
43. Oser, C., Bunting, A., Moody, M., **Stevens-Watkins, D.**, & Staton, M. (October 2019). *Predictors of Substance Use Treatment and Peer-recovery Group Participation among African American Women Across the Criminal Justice Spectrum: A Latent Class Approach.* Paper presented at the Addiction Health Services Research Conference. Salt Lake City, Utah.
42. \*Thrasher, S., **Stevens-Watkins, D.**, \*Dogan, J., \*Lewis, D., \*Wheeler, P., \*Moody, M. (June 2019). *Race-related Stress, Types of Illicit Drug User and Years of Lifetime Drug Use for Incarcerated African American Men Nearing Re-entry.* Poster presented at the College of Problems on Drug Dependence. San Antonio, Texas.
41. \*Wheeler, P., **Stevens-Watkins, D.**, \*Thrasher, S., \*Dogan, J., \*Lewis, D. (June 2019). *Culturally Relevant Correlates of Polysubstance Use among Frequent Marijuana Users: An Examination of African American Incarcerated Men.* Paper presented at the College of Problems on Drug Dependence. San Antonio, Texas.
40. \*Dogan, J., **Stevens-Watkins, D.**, \*Thrasher, S., \*Lewis, D., \*Wheeler, P. (June 2019). *Correlates of Perceived Need for Treatment of Drug-Using Incarcerated African American Men.* Poster presented at the College of Problems on Drug Dependence. San Antonio, Texas.
39. Mahaffey, C. & **Stevens-Watkins, D.** (November 2018). *A Qualitative Pilot Study Examining Attitudes and Beliefs about PrEP Among African American Men Who Have Sex With Men.* Poster presented at the American Public Health Association Conference, San Francisco, CA.

38. Knighton, J. S. & **Stevens-Watkins, D.** (August 2018). *Examining Psychosocial Correlates of Nonmedical Prescription Opioid Use among Incarcerated Black men*. Poster presented at the American Psychological Association (Division-50) & NIDA/NIAA poster session. San Francisco, CA
37. \*Mahaffey, C., **Stevens-Watkins, D.**, & \*Wheeler, P. (June 2017). *Risks for Nonmedical Use of Prescription Opiates among Incarcerated African American Men*. Poster presented at the College of Problems on Drug Dependence, Montreal, Canada.
36. \*Wheeler, P., \*Mosley, D. B., \*Meiller, C., & **Stevens-Watkins, D.** (August 2017) *Fatigued and Fighting: Coping Among Black Lives Matter Activists*. (Division 17) Poster presented at the American Psychological Association, Washington, D.C.
35. \*Mahaffey, C.C., **Stevens-Watkins, D.** & Leukefeld, C. (November 2016). *Returning and Staying Home: Examining Selected Psychological/Emotional Problems Among Formerly Incarcerated African American Men*. Poster presented at the American Public Health Association Conference, Denver, CO.
34. \*Mahaffey, C.C., **Stevens-Watkins, D.**, & Leukefeld, C. (June 2016). *Alcohol and cocaine use and drug distribution among formerly incarcerated Black men*. Oral presentation at the College of Problems on Drug Dependence, Palm Springs, CA.
33. \*Mahaffey, C.C., **Stevens-Watkins, D.**, & Holliday, R.C. (October, 2015). *Endorsement of Substance Abuse Treatment and the Perception of the Effect on Alcohol Use on Sexual Behavior among Incarcerated Black Men*. Poster presentation at the Addiction Health Services Research Conference Marina del Rey, CA.
32. \*Knighton, J.S., **Stevens-Watkins, D.**, Winston, E., & Staton-Tindall, M. (October 2015). *Prescription opiate abuse and heroin use among incarcerated African American men: Does suicidal ideation matter?* Poster presented at the 2015 Addiction Health Services Research Conference, Marina del Rey, CA.
31. \*Knighton, J.S., \*Mosley, D., \*Owens, K., \*Jenkins, J. & **Stevens-Watkins, D.** (October 2015). *Intervening with intentionality: Incorporating Black racial identity development into clinical practice*. Workshop presented at the annual Diversity Challenge, the Institute for the Study and Promotion of Race and Culture, Boston, MA.
30. \*Knighton, J.S., \*Abreu, R., \*Mosley, D., & **Stevens-Watkins, D.** (October 2015) *"Being comfortable being uncomfortable": A student-led discussion promoting assertiveness in classroom dialogues about racism*. Panel discussion presented at annual Black Doctoral Network Conference, Atlanta, GA.
29. \*Knighton, J., \*Ranschaert, D., Mitchell, N., & **Stevens-Watkins, D.** (August 2015). *Superwoman schema: A context for Understanding Racial Microaggressions and Mental Health*. Poster presented at the American Psychological Association (Division 35-Women), Toronto, ON.
28. \*Mosley, D., Crowell, C., **Stevens-Watkins, D.**, (August 2015). *Student Led Resistance: Mobilizing for Social Justice Post #Ferguson*. Symposia and discussion (2.0 hour) presented to the American Psychological Association of Graduate

Students for the meeting of the American Psychological Association, Toronto, ON.

27. **Stevens-Watkins, D.**, Stanton-Tindall, M., Knighton, J., Winston, E., & Leukefeld, C. (June 2015). *Examining prescription drug abuse, heroin use, and injection drug use among incarcerated African American men in Kentucky: Preliminary findings*. Poster presented at the College of Problems on Drug Dependence, Phoenix, AZ.
26. Oser, C., Pullen, E., **Stevens-Watkins, D.**, Perry, B., Havens, J., Staton-Tindall, M., & Leukefeld, C. (August 2014). *Intimate partner characteristics: Understanding Their Association with Sexually Transmitted Infections among African American Women*. Paper presented at the American Sociological Association's annual meetings, San Francisco, CA.
25. **Stevens-Watkins, D.**, Leukefeld, C., & Oser, C. B. (June 2014). *Psychiatric Problems and Sex-Trading among Drug-Using African American Women: Does Family Support Matter?* Poster presented College of Problems on Drug Dependence, San Juan, Puerto Rico.
24. Oser, C., Pullen, E., Leukefeld, C., **Stevens-Watkins, D.**, Stanton-Tindall, M., & Havens, J. (June 2014) *The Size of African American Women's Health Networks: The Role of Drug and Criminal Histories*. Poster presented at the College of Problems on Drug Dependence, San Juan, Puerto Rico.
23. \*Sharma, S., \*Anderson, V., **Stevens-Watkins, D.**, Mitchell, N., & Oser, C. (August 2013). *Examining the Effects of Gendered Racism on Suicide Risk and the Protective Nature of John Henryism Active Coping among African American Women Involved in the Criminal Justice System*. Poster presented at the American Psychological Association (Division 27 -Community Psychology), Honolulu, HI.
22. **Stevens-Watkins, D.**, \*Knighton, J., Mitchell, N. & Oser, C. (August 2013). *Traumatic Events and the Criteria for PTSD Diagnosis Among African American Women Across the Criminal Justice System*. Poster presented at the American Psychological Association. (Division 12 Clinical Psychology), Honolulu, HI.
21. **Stevens-Watkins, D.**, Oser, C. B., & Leukefeld, C. (June 2013). *Coping Style and Service Utilization Among African American Female Drug Users*. Poster presented at the College of Problems on Drug Dependence, San Diego, CA.
20. **Stevens-Watkins, D.**, Oser, C. B., & \*Knighton, J. (October 2012). *Individual, Interpersonal and Familial Factors Related to Participation in Alcohol and Drug Treatment Among Drug-Using African American Women*. Poster presented at the Addiction Health Services Research National Conference, New York, NY.
19. Oser, C. & **Stevens-Watkins, D.** (August 2012). *Moderating Effects of Skin Color and Ethnic Identity Affirmation on Suicide Risk among African American Women*. Paper presented at the American Sociological Association Annual Meeting, Denver, Colorado.
18. \*Knighton, J., \*Ballesteros, A., **Stevens-Watkins, D.**, Mitchell, N., \*Anderson, V., & Oser, C. (August 2012). *Perceptions of Eligible Black Men: A Context for HIV Risk*. Poster presented at

the American Psychological Association (APA) Conference (Division 38 - Health Psychology) Orlando, FL.

17. \*Ranschaert, D., \*Sharma, S., **Stevens-Watkins, D.**, \*Anderson, V., Mitchell, N. & Oser, C. (August 2012). *Domestic Violence Longitudinally Predicts Depressive Symptoms in African American Women*. Poster presented at the American Psychological Association (APA) Conference (Division 45-Cultural Diversity and Ethnic Minority Psychology) poster session, Orlando, FL.
16. Mitchell, N. Wyrick, A., **Stevens-Watkins, D.**, \*Saunders, T. \*Pruitt, A., & \*Mizell, D. (August 2012). *Interaction of Shyness and Obesity in Early Childhood Predicts Victimization in Late Childhood*. Poster presented at the American Psychological Association (APA) Conference-(Division 7-Developmental) poster session, Orlando, FL.
15. \*Anderson, V., **Stevens-Watkins, D.**, Mitchell, N., \*Ballesteros, A., \*Ranschaert, D., & Oser, C. (June 2012). *Racism & Psychological Distress Among Black Women: A Community & Criminal Justice Sample*. Poster presented at the 2012 Society for the Psychological Study of Ethnic Minority Issues (APA Division 45) Ann Arbor, MI & APA National Conference Division 45 poster session, Orlando, FL.
14. **Stevens-Watkins, D.** & Oser, C. (June 2012). *Risk of HIV among Drug-using African American Women: Trauma, Condom Use, and Sharing Pipes*. Poster presented at the College on Problems of Drug Dependence, Palm Springs, CA.
13. Oser, C., \*Pullen, E., **Stevens-Watkins, D.**, Havens, J., Stanton-Tindall, M. & Leukefeld, C. (June 2012). *African American Women's Tobacco & Marijuana Use: The Effects of Family History and Drug Use Perceptions*. Poster presented at the College on Problems of Drug Dependence, Palm Springs, CA.
12. Smith, F. D. & **Stevens-Watkins, D.** (November 2011) *Incorporating Culture into Clinical Practice with African American Populations*. (3.0 Hour Symposium) Kentucky Psychological Association (KPA) Annual Convention, Lexington, KY
11. **Stevens-Watkins, D.**, Mitchell, N. & Oser, C. (August 2011). *African American Women and Risk for Alcohol Use Before Sex: Exploring the Interaction between BMI and Race-related Stress*. Poster presented at the annual American Psychological Association (APA) Conference- (Division 17-Counseling Psychology) & NIDA/NIAA poster session, Washington DC.
10. Mitchell, N., **Stevens-Watkins, D.**, & \*Reitz, P. (August 2011). *Interaction of race and obesity on peer victimization in third grade children*. Poster presented at the annual American Psychological Association (APA) Conference (Division 45 - Cultural Diversity and Ethnic Minority Psychology), Washington, DC.
9. \*Anderson, V., \*Ballesteros, A., **Stevens-Watkins, D.**, \*Sharma, S., \*Knighton, J. & Oser, C. (August 2011). *Trauma Exposure and Risk for Involvement in the Criminal Justice System Among African American Women*. Poster presented at the American Psychological Association (APA) Conference (Division 56-Trauma Psychology) Washington, DC.
8. \*Knighton, J.,\* Ballesteros, A., **Stevens-Watkins, D.**, \*Anderson, V.,\*Sharma, S., & Oser, C.

(August 2011). *Integrated impact of racism and trauma in African American women: Implications for Psychologists*. Poster presented at the American Psychological Association (APA) Conference (Division 35-Women) Washington, DC.

7. \*Sharma, S.,\* Knighton, J.,\* **Stevens-Watkins, D.**, \*Ballesteros, A.,\*Anderson, V., & Oser, C. (March 2011). *Coping among African American Women of Low Socioeconomic Status: Protective Factors Influencing Active Coping*. Poster presented at the Kentucky Psychological Association (KPA) Spring Academic Conference, Frankfort, KY.
6. Smith, F.D. & **Stevens-Watkins, D.** (November 2010). *Clinical Practice Guidelines for Enhancing Treatment with African American Populations*. (1.5 Hour Symposium) presented at the annual Kentucky Psychology Association convention, Louisville, KY.
5. **Stevens-Watkins, D.**, \*Anderson, V., & Oser, C. (October 2010). *Correlates of HIV Knowledge, Perceived Risk, Prior HIV Testing, and Risky Sexual Behavior among African American Female Drug Users*. Poster Presentation presented at the annual Addiction Health Services Research Conference, Lexington, KY.
4. **Stevens-Watkins, D.** & \*Lloyd, H. (August 2010). *Risk for Suicide in African American Males*. Poster Presentation presented at the American Psychological Association (APA) national conference, San Diego, CA.
3. **Stevens-Watkins, D.** & \*Lloyd, H. (August 2010). *Honesty in Survey Research with People of Color*. Poster presented at the American Psychological Association (APA) national conference, San Diego, CA.
2. Brown Wright, L., Harris III, J. J., **Stevens-Watkins, D.** Tyler, K. M., (July 2010). *Renewing the African Spirit Through Successful Roles in Academia: Unveiling the Academy's Dirty Little Secrets*. Panel Presentation at the Association of Black Psychologists (ABPsi) National Conference, Chicago, IL.
1. **Stevens-Watkins, D.** (August 2006). *Marijuana Use and Counseling Implications for Young Adults Across Ethnicities*. Poster presented at the American Psychological Association (APA), New Orleans, LA.

## HONORS & AWARDS

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Researcher of the Year, Kentucky Psychological Association (KPA) (2022)  
Mentor Recognition Award-Center for Clinical and Translational Science (2020)  
Teacher Who Made a Difference (2019)  
Teacher Who Made a Difference (2018)  
Nominated for the William B. Sturgill Award for Excellence in Graduate Education (2018)  
Charles T. Wethington Award for Excellence in Research (2013-2018) (2020-present)  
NIH Health Disparities Research Student Loan Repayment Award Recipient (2013-2017)  
Recipient of the Kentucky Psychological Foundation Mentor of the Year Award (2014)  
Recipient of the SAGE Professional Research Award-Association of Black Psychologists (2013)-Selected by the Editorial Board of the Journal of Black Psychology

Nominated for Kentucky Psychological Association Mentor of the Year Award (2013)  
College of Problems on Drug Dependence Early Career Travel Award Recipient (2012)  
American Psychological Association Diversity Delegate-State Leadership Conference (2012)  
NIDA (National Institute on Drug Abuse)/APA Travel Award Recipient (2011)  
Alumni Torch of Excellence Award, Graduate School University of Kentucky (2009)  
Outstanding Student Award Recipient, College of Education University of Kentucky (2008)  
Helen Thacker-Hill Fellowship Recipient, University of Kentucky (2005-2006)  
Lyman T. Johnson Graduate Fellowship Recipient, University of Kentucky (2004-2006)  
Woodford Porter Scholarship Recipient, University of Louisville (1997-2000)

## INVITED SPEAKER

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**Stevens-Watkins, D.** (March 2020 & April 2021). *Strategies for NIH Funding Success for Underrepresented Minority Faculty*. Workshop presented at the University of Cincinnati.

**Stevens-Watkins, D.** (April 2018). *Bias in the Tenure and Promotion Process: Implications for Faculty of Color*. Workshop presented at the University of Cincinnati.

**Stevens-Watkins, D.** (March, 2017) *Black Women in the Age of HIV*. Oral presentation for community members sponsored by the Bluegrass Black Pride Association and the State of Kentucky.

**Stevens-Watkins, D.** (November, 2016) *Racial Trauma and the Daily Impact on Black Americans*. Moderator for Panel presentation for the Kentucky Psychological Association Annual Convention, Louisville, KY.

**Stevens-Watkins, D.** (March, 2016). *Rewards and Challenges of Research with a Vulnerable Population*. CE Presentation for the Kentucky Psychological Association Spring Academic Conference, Georgetown, KY.

**Stevens-Watkins, D.** (November, 2015). *Research in Correctional Facilities: Considerations for Investigators*. 1.5 CE Presentation for the University of Kentucky Chandler Medical Center-Center on Clinical and Translational Sciences, Lexington, KY.

**Stevens-Watkins, D.** (September, 2015). *Microaggressions in Clinical Practice*. Didactic Training for Staff Psychologist and Doctoral Interns. Federal Medical Center, Lexington, KY.

**Stevens-Watkins, D.** (August, 2014). Training Faculty co-facilitated a 2-day intensive grant-writing workshop for the National Institute on Drug Abuse African American Research Workgroup- Addiction Research Training Institute (Booster Session). National Institute on Drug Abuse. Bethesda, MD.

**Stevens-Watkins, D.** (July, 2014). Training Faculty co-facilitated a 3-day workshop for the National Institute on Drug Abuse African American Research Workgroup- Addiction Research Training Institute. Morehouse College of Medicine, Atlanta, GA.

**Stevens-Watkins, D.** (April, 2014). *Cross-cultural Supervision*. Didactic Training for Staff Psychologists and Doctoral Interns Federal Medical Center, Lexington, KY.

- Stevens-Watkins, D.** (March, 2014). *Case conceptualization and evidenced-based treatment with clients of Color*. Didactic Training and CEU event at the Home of the Innocents. Louisville, KY
- Stevens-Watkins, D.** (September, 2013). *Enhancing Clinical Treatment with African American Adults*. Lexington Veterans Administration Medical Center. Lexington, KY.
- Stevens-Watkins, D.** (November, 2012). *Enhancing Clinical Treatment with African American Adults*. Lexington Veterans Administration Medical Center. Lexington, KY.
- Stevens-Watkins, D.** (October, 2012). *Examining the Mental Well-being of African American Women: From Silent Resilience to Healthy Living*. First Annual Presidential Faculty Colloquia, Spalding University, Louisville, KY.
- Stevens-Watkins, D.** (October, 2012). *Panel Presentation: Successful Diversity Supplement Recipients*. National Institute on Drug Abuse (NIDA) Bethesda, MD.
- Stevens-Watkins, D. & Smith, F. D.** (September, 2012). *Clinical Practice with African American Children and Families: Didactic Training and CEU event* Home of the Innocents. Louisville, KY
- Stevens-Watkins, D.** (November, 2011). *National Institute on Drug Abuse (NIDA) Diversity Supplement Alumni: Lessons Learned as a Trainee*. National Institute on Drug Abuse. Bethesda, MD.
- Stevens-Watkins, D. & Smith, F. D.** (October, 2011). *Clinical Practice with African American Children and Families*. University of Louisville Department of Psychiatry, Bingham Child Guidance Clinic. Louisville, KY.
- Stevens-Watkins, D.** (February, 2011). *Enhancing Clinical Treatment with African American Adults*. Lexington Veterans Administration Medical Center. Lexington, KY.
- Stevens-Watkins, D.** (November, 2009). Keynote Speaker C.H.A.N.G.E. Conference. Kentucky State University. Frankfort, KY.
- Stevens-Watkins, D.** (April, 2009). *Diversity Issues in Research and Evidenced Based Practices: Challenges and Solutions*. Carter G. Woodson Invited Lecturer. University of Kentucky African American Studies and Research Program, Lexington, KY.
- Stevens-Watkins, D.** (May, 2008). Doctoral Keynote Student Speaker. College of Education Recognition Ceremony and Commencement. University of Kentucky. Lexington, KY.
- Stevens-Watkins, D.** (March, 2007). *Experiential Learning Opportunities within the Educational and Counseling Psychology Department*. Presentation to University of Kentucky Board of Trustees. Lexington, KY.
- Stevens-Watkins, D.** (May, 2005). *Stress Management and Self-care*. Lecture and interactive session presented at the Louisville Black Women's Conference, Louisville, KY.

## **ADDITIONAL PROFESSIONAL & LEADERSHIP TRAINING**

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Harvard Institute for Higher Education Leadership Development Program-  
Harvard Graduate School of Education, Boston, MA (2023)  
Council on Post-secondary Education (CPE) Academic Leadership Development Institute (2022)  
Higher Education Leadership Foundation Inspire Leadership Institute-  
Kentucky State University, Frankfort, KY (2018)  
"How to Write the Winning NIH Grant"-University of Kentucky, Lexington, KY (2012)  
NIDA Office of Special Populations Research Seminar Series-Bethesda, MA (2010 & 2011)  
Addiction Research Training Institute-Morehouse College of Medicine, Atlanta GA (2010)

## **LICENSURE**

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Licensed Psychologist & Health Service Provider (December 2009 - present) –  
Commonwealth of Kentucky  
Certified Lactation Counselor (October 2018 – present) – Academy of Lactation Policy & Practice

## **EDITORIAL BOARD**

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*Annals of Medicine-Addiction Section* (2021-present)

## **PEER-REFEREED JOURNAL REVIEWER (\*Selected journals)**

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*Journal of Women's Health; Journal of Substance Abuse Treatment; Journal of Adolescent Health  
Journal of Addiction Medicine; Social Science and Medicine; Psychology of Religion & Spirituality;  
Journal of Black Psychology; Death Studies; BMC Public Health  
Professional Psychology: Research and Practice; International Journal of Offender Therapy and  
Comparative Criminology; Sociological Focus; Journal of Healthcare for the Poor and Underserved;  
Journal of Child and Adolescent Substance Use; Journal of Drug Issues; Addictive Behaviors;  
Substance Use and Misuse; American Journal of Public Health*

## **PROFESSIONAL MEMBERSHIPS & SERVICE**

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NIH Study Section- Interventions to Prevent and Treat Addictions (2022-present)  
College on Problems of Drug Dependence Regular Member (Sept 2020-present)  
(Associate Member July 2013-Sept 2020)  
Kentucky Psychological Association Academic Member (2008-present)  
American Psychology Association (2002-2015)  
Kentucky Psychological Association Foundation Board (Diversity Committee Chair (2013- 2015)  
American Psychological Association Division 17 (Counseling Psychology) Member (2011-2014)  
American Psychological Association Division 45 (Cultural Diversity & Ethnic Minority Psychology)  
Member (2011-2014)  
Kentucky Psychological Association (Board of Directors-Education & Training 2010-2012)

## **UNIVERSITY OF KENTUCKY SERVICE**

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University of Kentucky Superfund Research Center (UKSRC) Internal Advisory Committee

(2021-present)

University of Kentucky Senate Hearing Committee (2020-present)

University of Kentucky Substance Abuse Research Priority Area (SUPRA) Internal Advisory Committee (2019-2025)

Center on Health, Engagement and Transformation Internal Advisory Board (2018-present)

College of Education Graduate Recruitment, Retention and Student Success Committee (2020-2021)

University of Kentucky College of Education Promotion and Tenure Review Committee (2018-2020)

University of Kentucky: Associate Vice President for Research-Post-doctoral Research Fellowship Review Committee (2017 – 2019)

University of Kentucky: Associate Vice President for Research-Grants Review Committee (2014-2018)

College of Medicine Department of Medical Behavioral Science- Data Safety Monitoring Board (DSMB)(National Institute on Drug Abuse-R34-DA038869 PI: Rush-(2015-2020)

College of Education (COE) Promotion and Tenure Committee (2017-2020)

College of Education (COE) Research Advisory Committee (2015-2017)

College of Education (EDP) Research Incentive Funds Grant Review Committee (Fall 2013-Spring 2014)

College of Education Workgroup: Student Recruitment, Retention, Graduation & Post-Graduation Success: Impact on Value-Based Budgeting (2013- 2015)

## **UNIVERSITY OF KENTUCKY STUDENT DISSERTATION CHAIR**

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Valery Verty 1<sup>st</sup> Year Ph.D. Student (Chair)

Kaylee Palomino 1<sup>st</sup> Year Ph.D. Student (Chair)

Jasmine Jester 4<sup>rd</sup> Year Ph.D. Student (Chair)

Natalie Malone 5<sup>th</sup> Year Ph.D. Student (Co-Chair) – (Defended Dissertation March 2025)

Chesmore Montique (Co-Chair)-(Defended Dissertation May 2023)

*“What do you love and are you for sure?”: Black Relationship Attitudes and Partner Preferences*

Kelsey Redmayne (Co-Chair)-(Defended Dissertation March 2023)

*Exploration of Factors Associated with Rural Appalachian Women's Use of Buprenorphine Prior to Incarceration*

Paris Wheeler- (Chair) (Counseling Psychology)-(Defended Dissertation May 2022)

*Applications of the John Henryism Active Coping Hypotheses: Mitigating Associations between Incarceration, Drug Use, and Sex Partner Characteristics* – Current faculty at University of Cincinnati College of Arts and Sciences

Jardin Dogan – (Co-Chair)-(Defended Dissertation April 2022)

*“Don’t Feel Like You Have to Do This All on Your Own”: Exploring Perceived Partner Support of Breastfeeding among Black Women in Kentucky.*

Blanka Angyal- (Chair) (Counseling Psychology)-(Defended Proposal November 2017)

*Multicultural Competence: Counseling Psychology Faculty as Gatekeepers to Understanding Whiteness.*

Brett Kirkpatrick- (Chair) (Counseling Psychology)-(Defended Dissertation April 2020)

*What Does It Mean to be White: Investigating White Culture, White Privilege and Allyship Through the Lense of Aspiring White Allies*

Della Mosley- (Chair) (Counseling Psychology)-(Defended Dissertation August 2018)

*Exploring Critical Consciousness, Facilitating Black Liberation-current faculty at UF*

Rae Lyn Glover- (Chair) (Counseling Psychology)-(Defended Dissertation May 2017)

*Examining Factors of Substance Use and Treatment Utilization among Incarcerated Women in Central Appalachian Jails*

Joi Sheree' Knighton- (Chair) (Counseling Psychology)-(Defended Dissertation August 2017)

*Pill Poppin' Nation: Examining the Association Between Illicit Drug Use, Mental Health, and Sexual Behaviors among African Americans Involved in the Criminal Justice System*

Kathryn Owen- (Chair) (Counseling Psychology)-(Defended Dissertation: January 2017)

*Examining Racism and White Ally Development among Counseling Psychologists*

Christina Boelter Jordan- (Chair) (Counseling Psychology)-(Defended Dissertation: October 2016)

*What's with all the Hype: Racial Discrimination, Racial Identity, Racial Socialization, and Hypermasculinity among African American Adolescent Males*

## **UNIVERSITY OF KENTUCKY STUDENT COMMITTEE SERVICE**

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Rayven Peterson – 4<sup>th</sup> Year Ph.D. Student

Destin Mizelle – 4<sup>th</sup> Year Ph.D. Student- (Defended Proposal December 2023)

Shawndaya Thrasher - (Social Work)-(Defended Dissertation May 2021) *Does Bullying*

*Victimization in Middle Childhood Influence Adolescent Risk Behaviors: Differences Across Racial/Ethnic Groups*-Current faculty at Louisiana State University School of Social Work

Myles Moody-(Sociology)-(Defended Dissertation: April 2020) *Experiencing Racism Vicariously*

*Through Others: The Significance of Secondhand Experiences of Discrimination for Black Americans*-Current faculty at University of Alabama Birmingham School of Medicine

Traci Scott-(Medicine)-(Defended Thesis: March 2019) *Systematic Review of the Hepatitis C Case*

*Cascade in Incarcerated and Formerly Incarcerated Individuals*

Chelsea Sheehan Arsenault-(School Psychology)-(Defended Dissertation: October 2018)

*How White Teachers' Identity Development Translates to Classroom Interactions with Minority Students*

Roberto Albreu-(Counseling Psychology)-(Defended Dissertation: December 2017)

*"The Best Thing That's Happened In My Life": The Journey Toward Acceptance of One's LGBTQ Child in a Sample of Cuban-Americans and Puerto Ricans*-current faculty at UF

Igor Vasilj- (Counseling Psychology)-(Defended Dissertation: November 2017)

*Evaluating the Attitudes and Practices of Exercise Prescription Among Psychotherapists*

## **SPALDING UNIVERSITY SERVICE (2010-2013)**

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Faculty Representative of the Board of Trustees- (2010-2013)-Appointed by the President

Member of the Faculty Development Committee (2009-2013)

Member of the Diversity Consciousness Action Group (2010-2013)

## **SPALDING UNIVERSITY DOCTORAL STUDENT DISSERTATION CHAIR & COMMITTEE SERVICE (2010-2013)**

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Dissertation Chair- Christina Fay (Defended Dissertation: May 2015)

*Effects of Racial Microaggressions on Anxiety and Depression in Black and African American Women*

Dissertation Chair- Venice Anderson (Defended Dissertation: May 2015)

*Perceived Microaggressions and Physical Health Outcomes Among Black Women: Exploration of the Moderating Role of Dispositional Optimism*

Dissertation Chair- David Ranschaert (Defended Dissertation: May 2015)

*Creating a Scale to Investigative the Black Superwoman Schema*  
Dissertation Co-Chair-Kari Ann Hall (Defended Dissertation: May 2014)  
*Correlates of Substance Use and Attitudes Towards Religiosity among College Students*  
Dissertation Chair-Andrea Ballesteros (Defended Dissertation: June 2013)  
*Factors that Contribute to Risky Sexual Behavior and STD Rate in a Sample of Incarcerated African American Women*  
Dissertation Chair-Beth Simon (Defended Dissertation: February 2013)  
*Examining Implicitly Biased Storybooks on Racial Attitudes among Children*  
Dissertation Co-Chair-Steven Kniffley (Defended Dissertation: December 2012)  
*Ethnic Identity Development and its Effect on the Expression of Psychological Distress in African American Males.*

## **OTHER PROFESSIONAL & CLINICAL EXPERIENCE**

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### **Federal Medical Center (Minimum Security Federal Prison- APA Accredited Internship Site), Lexington, KY**

#### **Doctoral Psychology Intern**

August 2007- August 2008

Residential Drug Abuse Rotation: Conducted drug education and anger management class, led daily process groups, and daily drug treatment phase groups (REBT techniques) for male inmates admitted to the Residential and Non-Residential Drug Abuse Programs.

General Population Rotation: Designed and implemented two eight-week PTSD/Survivors of Gun Violence Trauma Groups-one group for male veteran inmates and another group for survivors of street and gang violence. Conducted multiple PTSD process and *Trauma In Life* psycho-educational groups and conducted PTSD and Substance Abuse groups using the *Seeking Safety* treatment model for female inmates. Provided medical consultation response to physicians of chronically ill inmates. Conducted mental status examinations, including suicide risk assessments of inmates housed in the Special Housing Unit. Completed intelligence and personality testing for general population and pre-trial inmates housed for competency evaluation.

### **University of Kentucky Project PROMISE, Lexington, KY**

#### **Co-Investigator**

August 2006-April 2008

Selected health behavior outcome measure for data collection, specifically examining drug use and sexual health risks behaviors. Data collection using survey research methods with middle and high school students.

### **University of Kentucky Department of Educational and Counseling Psychology, Lexington KY**

#### **Graduate Teaching Assistant**

August 2006-May 2007

Primary Instructor for two sections of Human Development and Learning (EDP 202), Co-facilitated Pre-Masters Practicum Supervision (EDP 664)

### **Shepherd's House (Residential Drug Abuse Treatment Facility), Lexington, KY**

#### **Clinician**

November 2006-May 2007

Using cognitive-behavioral, interpersonal process, and gestalt therapy approaches, conducted relapse prevention groups, intensive outpatient therapy, psychosocial assessments, treatment planning, individual therapy, and group process counseling to adult male residents.

### **Luther Luckett Correctional Complex (Medium Security Penitentiary), Lagrange, KY**

**Psychology Doctoral Clinical Trainee**

January 2006-December 2006

Provided brief counseling and individual therapy to male inmates with co-occurring mental health and substance dependence diagnoses. Completed intake assessments for inmates. Completed written referrals including diagnostic impressions for medication recommendations. Conducted mental status examinations including suicide risk assessments of inmates housed in the Special Management Unit.

**Our Lady of Peace Hospital (Inpatient Psychiatric Facility), Louisville, KY  
Clinician**

March 2005-July 2007

Provided crisis intervention and stabilization. Completed on-call mobile assessments of adolescents, adults, and geriatric patients presenting in the emergency rooms with severe mental illness, acute psychosis, homicidal ideation, suicidal ideation, suicide attempts, substance abuse and dependency, and mental status changes. Conducted brief counseling for palliative care patients. Conducted comprehensive psychosocial assessments of adults and adolescents presenting for inpatient hospitalization. Determined appropriate Level of Care and made recommendations based on assessment of individuals presenting and reports from collaterals and family members.

**Chrysalis House (Residential Drug Abuse Treatment Facility), Lexington, KY  
Clinician**

August 2005-May 2006

Conducted residential and intensive outpatient services including psychosocial assessments, treatment planning, and individual counseling to single and parenting women exiting Kentucky Correctional Institutions entering the intensive outpatient and residential programs with co-occurring diagnoses and a primary diagnosis of substance dependence. Provided consultation services to parole officers, social service workers, and others involved in the treatment planning of the clients served by the Chrysalis House.

**University of Kentucky Counseling & Psychology Services Clinic, Lexington, KY  
Psychology Doctoral Trainee & Supervisor**

January 2005-May 2006

Provided individual counseling to adults, treatment focus included but not limited to, assessment of and treatment of PTSD, chronic pain management using meditation and relaxation skills training, and treatment of personality disorders using Dialectical Behavior Therapy. Completed telephone intake and full-battery psychological assessments. Supervised practicum students in counseling. Individual supervision techniques used with the master's students included live supervision, review of taped sessions, and case presentations.

**University of Kentucky Counseling & Testing Center, Lexington, KY  
Psychology Doctoral Trainee**

January 2005-May 2005

Observed interpersonal process therapy groups, participated with group supervision, provided feedback to group therapy leaders, completed the weekly interpersonal process note for clients to review during group therapy sessions.

**University of Kentucky Center for HIV Prevention, Lexington, KY  
Graduate Research Assistant**

August 2004-May 2006

Data collection using survey research methods with 9<sup>th</sup> grade students for (R01-NR008379, Co-I- Eric Anderman) National Institutes of Health (NIH) Grant on HIV prevention. Completed classroom observations of the intervention curriculum.

**State of Kentucky Cabinet for Families and Children Department for Community Based  
Services, Louisville, KY  
Social Service Clinician-Unit Specialist**

September 2003-July 2004

Administrative duties included supervising social service workers. Grant proposal review and approval. Worked in teams to develop and implement program improvement plans for Child and Family Service Review (CFSR). Conducted case audits for compliance. Provided one-on-one training for new social workers regarding unit policy and procedures.

**Spalding University Counseling Center, Louisville, KY**

**Clinical Master's Trainee-Therapy**

August 2003-July 2004

Provided family therapy and individual counseling to adolescents & adults. Treatment issues included but not limited to treatment of chronic pain management for clients referred by the Multiple Sclerosis Society, treatment of eating disorders, and family therapy focused on adjustment issues following divorce. Conducted full-battery learning disability assessments. Provided consultation, training/staff development for Spalding University students and staff.

**State of Kentucky Cabinet for Families and Children Department for Community Based Services, Louisville, KY**

**Clinical Master's Trainee-Assessment**

August 2002-September 2003

Conducted 20 (10 child/adolescent assessments & 10 adult assessments) court-ordered comprehensive, fully integrated psychological assessment reports to determine cognitive, emotional, and behavioral functioning of parents and children involved in child protective service cases. Administered, interpreted, and scored full test batteries making recommendations for placement, custody, and treatment planning. Provided consultation and feedback to birth parents, foster parents, and social workers.

**State of Kentucky Cabinet for Families and Children Department for Community Based Services, Louisville, KY**

**Social Service Worker**

August 2001-September 2003

Provided crisis intervention and stabilization for children and adolescents in state's custody due to abuse and neglect by parents and guardians. Provided ongoing case management services. Provided referrals for community services. Conducted ongoing written assessment of needs, including safety, permanency, and well-being. Lead case-planning conferences and family team meetings. Recruited homes and placed children in foster and adoptive homes.

**Seven Counties Services Inc (Community Mental Health Agency), Louisville, KY**

**Senior Therapeutic Aide**

June 2001-August 2001

Assisted emotionally disturbed children with implementing treatment plan goals and socialization skills in therapeutic summer camp. Provided crisis intervention and de-escalation as needed by utilizing safe-crisis management techniques. Participated in weekly service team meetings

**Home of the Innocents (Residential Treatment Facility), Louisville, KY**

**Resident Counselor**

March 2000-August 2001

Worked intensely with female teenagers, pregnant and parenting teenagers, and young adults who were diagnosed with severe mental illness and placed in a residential treatment setting. Provided daily crisis intervention and de-escalation. Lead independent living skills and parenting groups.

**Humana Inc., Louisville, KY**

**Customer Service Specialist**

August 1997-April 2000

Provided customer service by answering incoming calls and addressing inquiries regarding insurance policies, claims, billing, and coverage options. Effectively resolved customer complaints and issues, ensuring customer satisfaction and loyalty. Assisted customers with policy changes and guided customers through the claims process, by obtaining necessary information and documentation while adhering to company policies and procedures and ensuring compliance with industry regulations.