

# Marc L. Cormier

## EDUCATION

**Ph.D. Sport and Exercise Psychology** (2014)  
*West Virginia University, Morgantown, WV*  
Advisor: Dr. Sam Zizzi

**M.A. Community Counseling** (2013)  
*West Virginia University, Morgantown, WV*  
\*CACREP Accredited Program  
Internship Site: Waynesburg University  
Counseling Center and Athletic Department

**M.A. Sport Psychology** (2011)  
*McGill University, Montréal, Qu, Canada*  
Advisor: Dr. Gordon Bloom

**B.A. (Honours) Psychology/Sociology** (2007)  
*Mount Saint-Vincent University, Halifax, NS, Canada*  
Advisor: Dr. Daniel Séguin

## CONTACT INFORMATION



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## LICENSES AND CERTIFICATIONS

**2014-present** Certified Mental Performance Consultant (#509)  
Association for Applied Sport Psychology

**2014-present** Sport Psychology and Mental Training Registry  
United States Olympic Committee

**2015-present** Licensed Professional Counselor Associate (#163495)  
Kentucky Board of Licensed Professional Counselors

## AWARDS AND HONORS

2022 **Teaching Excellence Award** – Association for Applied Sport Psychology  
2021 **Early Career Practitioner** – Association for Applied Sport Psychology  
2021 **Outstanding Teaching Award** – University of Kentucky, Office of the Provost  
2016-2020 **Teacher Who Made A Difference (x5)** – University of Kentucky  
2010-2013 **Graduate Student Scholarship** - Fondation Baxter & Alma Ricard

## ACADEMIC AND PROFESSIONAL APPOINTMENTS

### University of Kentucky, Lexington, KY, USA

- 2021-present ○ Associate Professor, Department of Kinesiology and Health Promotion
- 2017-present ○ Director - Sport and Exercise Psychology Graduate Program
- 2017-present ○ Director - Counseling and Sport Psychology, Department of Athletics
- 2017-2021 ○ Assistant Professor, Department of Kinesiology and Health Promotion
- 2014-2017 ○ Faculty Lecturer, Department of Kinesiology and Health Promotion

### West Virginia University, Morgantown, WV, USA

- 2013-2014 ○ Graduate Research Assistant, Injury Control Research Center,  
College of Health Sciences
- 2010-2013 ○ Graduate Teaching Assistant, Department of Sport Sciences,  
College of Physical Activity and Sport Sciences

### McGill University, Montréal, Qu, Canada

- 2009-2010 ○ Graduate Instructor, Department of Kinesiology and Physical Education,  
Faculty of Education
- 2008-2009 ○ Graduate Research Assistant – Department of Kinesiology and Physical  
Education - *EDKP 498 – Sport Psychology, EDKP405 – Sport in  
Society*

## RESEARCH & SCHOLARSHIP

### PEER-REVIEWED/REFERRED JOURNAL ARTICLES

- (14) Baez, S.E., **Cormier, M.L.**, Andreatta, R., Gribble, P., & Hoch, H.M. (2021). Implementation of *In Vivo* exposure therapy to decrease injury-related fear in females with a history of ACL-Reconstruction: A pilot study. *Physical Therapy in Sport*. 52, 217-223. doi.org/10.1016/j.ptsp.2021.09.009
- (13) Baez, S.E., Andersen, A., Andreatta, R., **Cormier, M.L.**, & Gribble, P., Hoch, J. M. (2021). Neuroplasticity in corticolimbic brain regions in patients after anterior cruciate ligament reconstruction. *Journal of Athletic Training*, 56, 418-426. doi.org/10.4085/JAT0042-20
- (12) Schedler, T., Bertrand, N., Snowden, A., **Cormier, M.L.** (2021). Student-athlete attitudes toward gay coaches. *Journal of Issues in Intercollegiate Athletics*, 14, 135-151.
- (11) Schedler, T. Reese, R.J., **Cormier, M.L.** (2021). Relationships between athlete activists' identities and resilience in college athletes. *Journal of Academic Development and Education*, 3 (1), 43-57.

- (10) Curvey, R.M., **Cormier, M.L.**, & Reese, R.J. (2020). Student-athlete attitudes about mental health and sport psychology services. *Journal of Student-Athlete Educational Development and Success*, 2.
- (9) Burland, J.P., Lepley, A.S., **Cormier, M.L.**, DiStefano, L.J., & Lepley, L.K. (2020). Examining the influence of neuroplasticity on learned helplessness after ACLR: Early versus late recovery. *Journal of Sport Rehabilitation*, Advance online publication. doi.org/10.1123.jsr.2019-0379
- (8) Baez, S.E., Hoch, J.M., & **Cormier, M.L.** (2020). The stress-injury model and the cognitive appraisal model: Implications for patients after anterior cruciate ligament reconstruction. *Athletic Training & Sports Health Care*, 12 (4), 181-187. doi.org/10.3928/19425864-20190924-02
- (7) Wooding, C.M., Bernstein, M., **Cormier, M.L.**, & Zizzi, S.J. (2019). Stroking the flames of wellness: An exploration of factors that influence West Virginia firefighters' health behaviors. *Journal of Ethnographic and Qualitative Research*. 13 (2), 134-154.
- (6) Burland, J. P., Lepley, A.S., **Cormier, M.L.**, DiStefano, L.J., Arciero, R., & Lepley, LK. (2019). Learned Helplessness After Anterior Cruciate Ligament Reconstruction: An Altered Neurocognitive State? *Sports Medicine*. 49 (5), 647-657.
- (5) Lepley, L.L., Grooms, D.R., Burland, J.P., Davi, S.M., Mosher, J.L., **Cormier, M.L.**, Lepley, A.S. (2018). Eccentric Cross-Exercise After Anterior Cruciate Ligament Reconstruction: Novel Case Series to Enhance Neuroplasticity. *Physical Therapy in Sport*. 34, 55-65. doi: 10.1016/j.ptsp.2018.08.010
- (4) Lepley, A.S., **Cormier, M.L.**, Pietrosimone, B. (2018). Quadriceps Function, Knee Pain, and Self-Reported Outcomes in Patients With Anterior Cruciate Ligament Reconstruction. *Journal of Athletic Training*. 53, 3.
- (3) **Cormier, M.L.**, Bloom, G.A., & Harvey, W.J. (2015). Coaching and cohesion in coaching sports. *International Journal of Sports Science and Coaching*, 10 (6), 1039-1053.
- (2) **Cormier, M.L.** & Zizzi, S.J. (2015). Athletic trainers' skills in identification and managing athletes experiencing psychological distress. *Journal of Athletic Training*, 50 (12), 1267-1276. doi: 10.4085/1062-6050-50.12.02
- (1) Farren, L., Belza, B., Allen, P., Broliar, S., Brown, D., **Cormier, M.L.**, Janicek, S., Jones, D.L., King, D.L., Marquez, D.X., Rosenberg, D. (2015). Mall walking program environments, features, and participants: A scoping review. *Preventing Chronic Disease*, 12. doi:10.5888/pcd12.150027.

## BOOK CHAPTERS

- (1) **Cormier, M.L.** (2019) Understanding International Student-Athletes in the American Collegiate Sport System In M.J. Loughran (Ed.) *Counseling Student-Athletes*, Morgantown, WV: Fitness Information Technology.

### EDITED BOOKS IN PREPARATION

(1) **Cormier, M.L.** Contemporary Approaches to Sport Psychology.

### RESEARCH GRANTS & FUNDING

(7) **Cormier, M.L.**, & Samson, A. Development of a Sport and Exercise Psychology Undergraduate Certificate. *College of Education Program Innovation and Improvement Grant*. July 2023. Funded for \$24,800.

(6) Goodwin, R., **Cormier, M.L.**, & Reese, R.J. Student-Athlete Well-Being Scale. *NCAA Innovations in Research and Practice Grant Application*. February 2019. Funded for \$6,700.

(5) Baez SE, Noehren B, Gribble P, **Cormier M.L.**, Hoch JM. Implementation of *in vivo* exposure therapy to decrease fear in females after ACL-reconstruction: a pilot study. *National Athletic Trainers Association Doctoral Research Grant*. January 2018. Funded for \$2,488.

(4) Baez SE, Noehren B, Johnson N, Gribble P, **Cormier M.L.**, Hoch JM. Neuroplasticity, neurocognitive functioning, and biopsychosocial impairments after ACL reconstruction: a case control study. *American College of Sports Medicine Doctoral Research Grant*. January 2018. \$4,987.50. Not Funded.

(3) Baez SE, Noehren B, Johnson N, Gribble P, **Cormier M.L.**, Hoch JM. Neuroplasticity and biopsychosocial impairments after anterior cruciate ligament reconstruction: a pilot study. *University of Kentucky Graduate School Pilot Funds Grant*. November 2017. Funded for \$1,565.

(2) **Cormier, M.L.** Faculty Fellow, Cohort 8. *Presentation U//Center for the Enhancement of Learning and Teaching (CELT) – University of Kentucky*. June 2017. Funded for \$2,000.

(1) **Cormier, M.L.** Faculty skill development grant: Online learning track. *Center for the Enhancement of Learning and Teaching (CELT) – University of Kentucky*. June 2016. Funded for \$4,000.

### PEER-REVIEWED CONFERENCE PRESENTATIONS

(32) Wooding, C.B., **Cormier, M.L.**, Ferrera, A., & Kadushin, P.L. (October, 2023). Should I Stay or Should I Go? Discussing Factors that Influence Mid-Career Professional Transitions. Panel presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Orlando, FL.

(31) Bailey, C., Findley, M., & **Cormier, M.L.** (February, 2023). The Impact of STUNT Team Culture on Body Image: A Proposed Study. Presented at the *31<sup>st</sup> Midwest Sport and Exercise Psychology Symposium (MSEPS)*, in Muncie, IN.

- (30) **Cormier, M.L.**, Kennan, A., Morgan, T., Statler, T. (October, 2022). When the Student Becomes the Teacher: Approaches to Developing Mentoring Skills. Panel presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Fort Worth, TX.
- (29) Englis, M.T., **Cormier, M.L.**, Baez, S.E., & Erwin, H. (October, 2022). Helping the Have-Nots: Examining the Relationship Between Rehabilitation Adherence and Self-Efficacy Beliefs in ACL Reconstructed NAIA and NCAA DII and DIII Female Athletes. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Fort Worth, TX.
- (28) Baez, S.E. & **Cormier, M.L.** (July, 2021). Defeating the Stigma: Getting Patient Buy-In for Psychological Rehabilitation and Mental Health Care. Presented at the *National Athletic Trainers Association Annual Meeting and Symposium*. Orlando, Florida.
- (27) Farrell, J., **Cormier, M.L.**, Merck, R. (October, 2020). Part-Time Players: Managing Dual Roles on Campus in Academia and Sport. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Orlando Florida.
- (26) Schedler, T., Snowden, A., Bertrand, N., & **Cormier, M.L.** (February 2020). Collegiate Athletes' Attitudes Towards Gay Coaches. Presented at the *30<sup>th</sup> annual Midwest Sport and Exercise Psychology Symposium (MPEPS)*, in Normal, Illinois.
- (25) **Cormier, M.L.**, Shannon, V.R., Day, C., & Connole, I. (October 2019). Establishing Applied Sport Psychology Into Division 1 Collegiate Athletics. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Portland, Oregon.
- (24) Baez, S.E., Andersen, A.H., Andreatta, R., **Cormier, M.L.**, Noehren, B.W., Gribble, P.A., & Hoch, J.M. (October, 2019). Neuroplasticity in Corticolimbic Brain Regions in Patients after Anterior Cruciate Ligament Reconstruction. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Portland, Oregon.
- (23) Carrillo, A., & **Cormier, M.L.** (February, 2019). The Integration of Sport and Exercise Psychology Principles in a Division 1 Collegiate Weight Room. Presented at the *29<sup>th</sup> Annual Midwest Sport and Exercise Psychology Symposium* in Lexington, KY.
- (22) Schedler, T., White, S.C., & **Cormier, M.L.** (February, 2019). Severe Traumatic Brain Injury and Athletic Identity: A Case Study. Lecture presented at the *29<sup>th</sup> Annual Midwest Sport and Exercise Psychology Symposium* in Lexington, KY.
- (21) **Cormier, M.L.**, Shannon, V.R., & Day, C. (February, 2019). Panel: Directors of Sport Psychology Services in Division 1 Athletics. Presented at the *29<sup>th</sup> Annual Midwest Sport and Exercise Psychology Symposium* in Lexington, KY.

(20) Baez, S.E., Andersen, A.H., Andreatta, R., Noehren B.W., Gribble P.A., **Cormier M.L.**, & Hoch J.M. (June, 2019) Activation of Limbic and Parietal Brain Regions during a Sports-Specific Picture Imagination Task in Patients after Anterior Cruciate Ligament Reconstruction. Presented to the *National Athletic Trainers Association Annual Meeting and Symposium*. Las Vegas, Nevada.

(19) White, S.C., Geldart, R., Conway, K., **Cormier, M.L.** (October, 2018) Adapted Physical Activity and the Creation of Community and Well Being. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Toronto, Canada.

(18) Goodwin, R.M., & **Cormier, M.L.** (June, 2018). Self-stigma, attitudes, and preferences when seeking mental health and sport psychology services: A student-athlete perspective. Lecture to be presented at the *American Psychological Association (APA) Annual Meeting*, in San Francisco, CA.

(17) Byrd, M., Kontos, A., **Cormier, M.L.**, Reynolds, E., French, J., Zizzi, S.J., & Lepley, A.S. (October, 2017). The role of sport psychology in the treatment of rehabilitation and concussion. Symposium presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Orlando, FL.

(16) Grimshaw, B.L., **Cormier, M.L.**, & Butterfield, T.A. (June, 2017). Competitive anxiety leading to recurrent vomiting in a middle school football player. Case Study presented at the *National Athletic Trainers' Association (NATA) Annual Meeting*, in Houston, TX.

(15) Carron, J.G., **Cormier, M.L.**, & Bloom, G.A. (October, 2016). Sport-related concussions: Considerations for the sport psychology professional. Symposium presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Phoenix, AZ.

(14) Lepley, A.S., **Cormier, M.L.**, Gribble, P.A., & Pietrosimone, B. (June, 2016). Pre-surgical and post-surgical quadriceps strength and knee pain as predictors of readiness to return to activity following anterior cruciate ligament reconstruction. Presented at the *National Athletic Trainers' Association (NATA) Annual Meeting*, Baltimore, MD.

(13) **Cormier, M.L.**, & Zizzi, S.J. (October, 2015). Going beyond physical rehabilitation: An assessment of certified athletic trainers' abilities in psychosocial strategies and referral. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Indianapolis, IN.

(12) Coker-Cranney, A.C., & **Cormier, M.L.** (October 2015). When to make the call: Investigating athletic trainers' reasons and procedures for psychological referral. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Indianapolis, IN.

(11) **Cormier, M.L.**, & Etzel, E.F. (October, 2014). Ethical and Practical Considerations for Engaging in Multiple Role Relationships: An Emphasis on Teacher-Practitioners in Sport Psychology. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Las Vegas, NV.

(10) McAlarnen, M., Michel, J., **Cormier, M.L.**, Byrd, M., Shannon, V.R., Li, S., Berrebi, M., & Etzel, E.F. (October, 2014). Mentoring the mentor: Perspectives of meta-mentoring approach within a graduate training program. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Las Vegas, NV.

(9) Farren, L., Allen, P., Belza, B., Broliar, S., & **Cormier, M. L.** (November, 2014). Mall walking: Evaluating the evidence to create an Evidence-Informed Mall Walking Program Resource Guide. Presented at the *American Public Health Association (APHA) Annual Meeting* in New Orleans, LA.

(8) **Cormier, M.L.** & Kadushin, P.L. (July, 2012). The Application of Sport Psychology in Collegiate Ice Hockey. Presented at *Putting it on Ice III: The Hockey Conference* in Halifax, NS, Canada.

(7) **Cormier, M.L.**, Berrebi, M.E., & Shannon, V.R. (February, 2012). Examining Coacting Co-ed Teams: Coaches' Perspectives. Presented at the *Midwest Sport and Exercise Psychology Symposium (MSEPS)* in East Lansing, MI.

(6) **Cormier, M.L.**, & Bloom, G.A., & Harvey, W.J. (September, 2011). Strategies Used by Elite Coacting Sport Coaches to Develop Cohesion. Presented at the *Association for Applied Sport Psychology (AASP) Annual Meeting*, in Honolulu, HI.

(5) **Cormier, M.L.**, Prior, R.F., Zizzi, S. (March, 2011). The Application of Sport Psychology in NCAA Division I Sports: A Student's Perspective. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Waterloo, ON, Canada

(4) **Cormier, M.L.**, Bloom, G.A., & Harvey, W.J., (March, 2010). A Proposed Study on Cohesion and Coaching Behaviors in Cross-Country Running. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Montreal, Qu, Canada.

(3) **Cormier, M.L.**, & Bloom, G.A. (March, 2009). A Proposed Study on the Impact of Coach Leadership on Cohesion in Coacting Sports. Presented at the *Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS)* in Toronto, ON, Canada.

(2) **Cormier, M.L.** (May, 2007). Meteorology and Affect as Predictors of Relationship Satisfaction. Presented at the *Atlantic Provinces Council on the Sciences (APICS)* in Sackville, NB, Canada.

(1) **Cormier, M.L.** (March, 2007). Meteorology and Affect Predict Relationship Satisfaction: A Match Made in Heaven? Presented at the *Mount Saint-Vincent University in-house Psychology Conference* in Halifax, NS, Canada.

### **INVITED PRESENTATIONS AND WORKSHOPS**

**Mental Fitness and Mental Wellness in Nursing.** Presented to Doctorate of Nursing Seminar, University of Kentucky College of Nursing, Lexington, KY. Fall 2023.

**Helping the Helpers: Integrating Mental Health and Mental Fitness in Sports Medicine.**

Presented at the Kentucky Athletic Trainers' Society, Lexington, KY. Spring 2023

**Integrating Performance Psychology in Medicine.**

Presented at Surgery Grand Rounds, College of Medicine, University of Kentucky, Lexington, KY. Spring 2023.

**Creating Policy in Athletic Training: Accessing Sport Psychology and Mental Health**

**Services.** Guest lecture, presented virtually, in *AT 521 – AT Administration*, School of Kinesiology, University of Michigan. Spring 2023.

**A Holistic Approach to High Performance.**

Guest lecture, presented virtually, in *AES 313 – Topics in Human Performance*, School of Kinesiology, University of Michigan, Spring 2023.

**Developing Excellence, Today and Beyond.**

Invited lecture, presented at the 2023 Kentucky Youth Soccer Learning University, Lexington, KY, Spring 2023

**A Holistic Approach to Wellness and High Performance.**

Guest lecture, presented virtually, in *KINS 762 – Psychosocial Aspects of Healthcare*, Department of Kinesiology, University of Wisconsin – Eau Claire, Spring 2023.

**Addressing Student-Athlete Suicide.**

Co-panlist with Rachel Buehner, Ben Birkby, Chris Peters, & Vanessa Shannon and presented as a continuing education workshop sponsored by the Kentucky Counseling Association, Spring 2022.

**Creating Policy in Athletic Training: Accessing Sport Psychology and Mental Health**

**Services.** Guest lecture, presented virtually, in *AT 521 – AT Administration*, School of Kinesiology, University of Michigan. Spring 2022.

**An Introduction to Sport Psychology in Sports Medicine.**

Guest lecture, presented to Clark County High School, Clark County, KY. Spring 2022.

**Interprofessional Collaboration and Communication in Improving Healthcare Outcomes.**

Guest lecture, presented virtually, in *HSC 105 – Introduction to Health Professions*, Department of Health Sciences, Rider College, Spring 2022.

**Coaching and Cohesion in Coaching Sports.**

Guest lecture, presented virtually, in *APK 6410 – Group Dynamics in Sport*, College of Education, Florida State University, Fall 2021.

**Pathways for Psychology Majors: Introducing Sport Psychology.**

Invited lecture to Camp Towanda Psychology Interns, Honesdale, PA, Summer 2021.

**Careers in Sport and Exercise Psychology.**

Guest lecture for *PSY 350 – Careers in Psychology*, Department of Psychology, University of Kentucky, Spring 2021.



**Integrating Performance Psychology in Medicine.** Presented at Surgery Grand Rounds, College of Medicine, University of Kentucky, Lexington, KY. Spring 2019

**Developing Process to Optimize Outcomes: An Approach to Holistic Coaching in Youth Sport.** Invited workshop, presented at the 2023 Kentucky Youth Soccer Learning University, Lexington, KY, Spring 2020.

**Doing Sport Psychology in a Clinical Psychology World.** Guest lecture, presented virtually, for *PSY 838 – Practicum in Clinical Psychology*, Department of Psychology, Eastern Kentucky University, Fall 2020.

**Preparing for a Faculty Position in Sport and Exercise Psychology.** Co-panelist with Dr. Candace Hogue & Dr. Jed Blanton. Presented at the Midwest Sport and Exercise Psychology Symposium, Lexington, KY, 2019.

**What is it Like to be a Director of Sport Psychology?** Co-panelist with Chelsi Day & Vanessa Shannon. Presented at the Midwest Sport and Exercise Psychology Symposium, Lexington, KY, Spring 2019.

**Careers in Sport and Exercise Psychology.** Guest lecture for *PSY 350 – Careers in Psychology*, Department of Psychology, University of Kentucky, Spring 2019.

**Preparing for a Faculty Position in Sport and Exercise Psychology.** Co-panelist with Jed Blanton & Candance Hogue. Presented at the Midwest Sport and Exercise Psychology Symposium, Lexington, KY, Spring 2019..

**Applied Sport Psychology in Division 1 Athletics: Living in the SEC.** Guest lecture, presented virtually, in *SEPS 600 – Internship in Sport Psychology*, School of Kinesiology, Ball State University, Spring 2019.

**Gaining a Mental Edge in Life and in Athletics: A Guide to Holistic Performance.** Invited workshop, presented to Transylvania University Athletic Department, Lexington, KY, Spring 2019.

**Careers in Sport and Exercise Psychology.** Guest lecture for *PSY 350 – Careers in Psychology*, Department of Psychology, University of Kentucky, Spring 2018.

**Crossing Borders: Understanding and Helping International Student-Athletes.** Guest Lecture, presented virtually, for *SEP 721 - Counseling Student-Athletes*, School of Sport Sciences, College of Applied Human Sciences, West Virginia University. Fall 2018.

**Working in Health Sciences is Performance.** Guest lecture in *COM 311 – Principles of Health Communication*, College of Communication and Information, University of Kentucky, Fall, 2018.

**Public Speaking is Performance.** Guest lecture in *CIS 110 – Composition and Communication I*, College of Communication and Information, University of Kentucky, Fall, 2017.

**Making Room for Psychology in the AT Room.** Guest lecture, presented virtually, in *KINS 3160 – Counseling in Sports Medicine*, School of Kinesiology, University of Connecticut, Spring 2017.

**Sport Psychology in Youth Sport.** Co-facilitator with Ben Birkby and presented as a continuing education workshop sponsored by the Kentucky Counseling Association, Spring 2015.

**Navigating the Referral Process with Injured Athletes.** Workshop presented to the Department of Sports Medicine, Waynesburg University, Spring 2012.

**Understanding Student-Athlete Wellness.** Workshop presented to the Department of Athletics, Waynesburg University, Spring 2012.

**Interdisciplinary Collaboration in Healthcare: Nursing, Athletic Training, Counseling, Exercise Science.** Workshop presented to Allied Health Professionals Network, Waynesburg University, Fall 2011.

## TEACHING EXPERIENCE

### COURSES TAUGHT

#### ***University of Kentucky – Department of Kinesiology and Health Promotion (2014-present)***

- Academic Orientation for KHP Majors (UK 101)\*\*
- Psychology and Sociology of Sport (KHP 300)\*\*
- Introduction to Tests and Measurement (KHP 445)\*\*
- Psychology of Sport and Physical Activity (KHP 547)\*\*
- Group Dynamics in Sport and Physical Activity (KHP 580)\*\*
- Introduction to Kinesiology and Health Promotion (KHP 151)\*
- Psychological Aspects of Sport Injury (KHP 605)\*
- Internship in Sport and Exercise Psychology (KHP 689)\*

\**Developed and Taught*

\*\**Taught*

#### ***West Virginia University – Department of Sport and Exercise Psychology (2010-2014)***

- Professional Issues in Sport Psychology I (SEP 210)
- Professional Issues in Sport Psychology II (SEP 211)
- Sport in North American Society (SEP 271)
- Psychological Perspectives of Sport and Exercise (SEP 272)
- Social Psychology of Sport (SEP 385)
- Psychological Aspects of Sport Injury (SEP 425)
- Selected Topics: Sport Psychology in the Media and Cinema (SEP 493N)

**McGill University – Department of Kinesiology and Physical Education (2008-2010)**

- Ice Hockey (EDKP 250)

**STUDENT ADVISING**

**Doctoral Committee Member** (*Students at the University of Kentucky, unless otherwise indicated*)

- 2017 – **present** Emily Murphy - Ph.D. in Counseling Psychology (Advisor: Dr. Joe Hammer)  
 2020 – **present** Courtney Andrews - Ph.D. in Educational Leadership (Advisor: Dr. Wayne Lewis)  
 2021 – **present** Molly Taylor - Ph.D. in Rehabilitation Sciences (Advisor: Dr. Johanna Hoch)  
 2022 – **present** Elizabeth Ohrnberger - Ph.D. in Rehabilitation Sciences (Advisor: Dr. Phil Gribble)  
 2023 – **present** Bridget Walsh – Ph.D. in Rehabilitation Sciences (Advisor: Dr. Matt Hoch)  
 2016 – 2022 Rena Curvey - Ph.D in Counseling Psychology (Advisor: Dr. Candice Hargons)  
 2017 – 2021 Jon Hill - Ph.D in Kinesiology and Health Promotion (Advisor: Dr. Heather Erwin)  
 2016 – 2019 Shelby Baez - Ph.D in Rehabilitation Sciences (Advisor: Dr. Johanna Hoch)\*  
 2016 – 2019 Julie Burland Ph.D in Athletic Training – *University of Connecticut* (Advisor: Dr. Lindsey Lepley).

**Master’s Thesis Chairperson**

- 2022 – **present** Morgan Findley - M.S. in Sport and Exercise Psychology  
 2022 – **present** Claire Bailey - M.S. in Sport and Exercise Psychology  
 2020 – 2022 Jared Hrabcak - M.S. in Sport and Exercise Psychology  
 2020 – 2022 Erica Hill - M.S. in Sport and Exercise Psychology  
 2019 – 2021 Myles Englis - M.S. in Sport and Exercise Psychology  
 2018 – 2020 Travis Sheadler - M.S. in Sport and Exercise Psychology  
 2018 – 2020 Shannon White - M.S. in Sport and Exercise Psychology  
 2017 – 2019 Trevor Tierney - M.S. in Sport and Exercise Psychology  
 2015 – 2017 Rena Goodwin - M.S. in Teaching and Coaching/Sport Psychology\*\*

**\*Winner – Association for Applied Sport Psychology Dissertation Award (2020)**

**\*\*Winner – American Psychological Association, Division 47 Thesis Award (2018)**

**Master’s Comprehensive Exam Committee Memberships** (*Chairperson unless otherwise indicated*)

- 2023 Isabella Johnson (Sport and Exercise Psychology, University of Kentucky)  
 Megan Monfredi (Sport and Exercise Psychology, University of Kentucky)  
 William Nalty (Member, Sport Leadership, University of Kentucky)  
 Casey Overfield (Member, Sport Leadership, University of Kentucky)  
 Sara Parson (Sport and Exercise Psychology, University of Kentucky)  
 Kaylee Palomino (Sport and Exercise Psychology, University of Kentucky)  
 Steven Strobis (Sport and Exercise Psychology, University of Kentucky)  
 2022 Alisha Barnes (Sport and Exercise Psychology, University of Kentucky)  
 Natalie Gurnett (Sport and Exercise Psychology, University of Kentucky)  
 Allison Lugin (Sport and Exercise Psychology, University of Kentucky)  
 Maddox Patterson (Sport and Exercise Psychology, University of Kentucky)  
 Mikaela Thompson (Sport and Exercise Psychology, University of Kentucky)  
 2021 Michelle Arnold (Sport and Exercise Psychology, University of Kentucky)  
 Savanajh Black (Sport and Exercise Psychology, University of Kentucky)

	Christian Brown (Sport and Exercise Psychology, University of Kentucky)
	Max Duffy (Sport and Exercise Psychology, University of Kentucky)
	Tremain Knox (Sport and Exercise Psychology, University of Kentucky)
	Samantha Leavens (Sport and Exercise Psychology, University of Kentucky)
	McKenzie Watson (Sport and Exercise Psychology, University of Kentucky)
2020	Ninah Bertrand (Sport and Exercise Psychology, University of Kentucky)
	Kaitlyn Conway (Sport and Exercise Psychology, University of Kentucky)
	Natalie Jehn (Sport and Exercise Psychology, University of Kentucky)
	Grant Lanning (Sport and Exercise Psychology, University of Kentucky)
	Abby Snowden (Sport and Exercise Psychology, University of Kentucky)
2019	Connor Bowen (Member, Sport Leadership, University of Kentucky)
	Amy Roemmele (Member, Exercise Physiology, University of Kentucky)
2018	Alycia Carrillo (Sport and Exercise Psychology, University of Kentucky)
	Raegan Geldart (Sport and Exercise Psychology, University of Kentucky)

***Performance Psychology Internship Supervisor (Each student represents minimum 300 hours of supervised work)***

In progress	Claire Bailey
In progress	Morgan Findley
In progress	Kathryn Gallenstein
In progress	Graysen Jennings
In progress	Emily Magnone
In progress	Tori Orcutt
In progress	Lauren Poole
In progress	Lexi Shacklett

**Completed**

2023	Connor Gavigan***
	Isabella Johnson***
	Megan Monfredi***
	Sara Parson
	Kaylee Palomino***
	Steven Strobis***
2022	Alisha Barnes***
	Marisa Bosco***
	Natalie Gurnett***
	Jared Hrabcak***
	Allison Lugin***
	Mikaela Thompson***
	Maddox Patterson***
2021	Michelle Arnold***
	Savanajh Black
	Christian Brown***
	Rena Curvey (née Goodwin)***
	Max Duffy***
	Tremain Knox***

2020 Samantha Leavens\*\*\*  
Trevor Tierney\*\*\*  
McKenzie Watson  
Emily Murphy\*\*\*  
Ninah Bertrand\*\*\*  
Kaitlyn Conway\*\*\*  
Natalie Cornu\*\*\*  
Grant Lanning\*\*\*  
2019 Abby Snowden  
Ben Birkby\*\*\*  
Shannon White\*\*\*  
Shelby Baez\*\*\*  
2018 Alycia Carrillo  
Raegan Geldart\*\*\*

\*\*\*Denotes 400+ hours as required for Certified Mental Performance Consultant (CMPC®)

## APPLIED PERFORMANCE PSYCHOLOGY EXPERIENCE

2014-present University of Kentucky Athletic Department  
Men's and Women's – NCAA Division 1

2016-2018 Miami University Athletic Department  
Men's Ice Hockey – NCAA Division 1

2017-2018 Morehead State University Athletic Department  
Men's and Women's – NCAA Division 1

2014-2017 Asbury University Athletic Department  
Men's and Women's – NAIA

2010-2014 West Virginia University Athletic Department  
Women's – NCAA Division 1  
Men's – ACHA Division 1 Club

2012-2014 Waynesburg University Athletic Department  
Men's and Women's – NCAA Division III

2011-2013 Pittsburgh Pirates Major League Baseball Club  
Consulted on development of psychological testing and player profiling  
Interpreted test results across various psychological domains.

## PROFESSIONAL SERVICE

### SERVICE TO DEPARTMENT, COLLEGE, AND UNIVERSITY

- 2021-**present** Faculty Performance Review Committee, Department of KHP, UK
- 2020-**present** Chair Advisory Committee, Department of KHP, UK
- 2018-**present** Faculty Advisor, Sport and Exercise Psychology Club, UK
- 2023 Faculty Search Committee, **Chair**, Department of KHP, UK
- 2022 Outstanding Teaching Awards Selection Committee, UK
- 2016-2022 Faculty Search Committee, Member, Department of KHP, UK
- 2020 Faculty Search Committee, **Chair**, Department of KHP, UK
- 2016-2018 Ad/Hoc Peer Review of Teaching, Member, Department of KHP, UK
- 2015-2018 Faculty Director – KHP and Wellness Living Learning Community, UK
- 2014 Graduate Student Representative, Department of Sport Sciences, WVU
- 2013 Vice President, Sport and Exercise Psychology Club, WVU
- 2012 Orientation Week Representative, Department of Sport Sciences, WVU
- 2011-2012 Volunteer Instructor, Professional Issues in Sport Psychology I & II, Department of Sport Sciences, WVU
- 2008-2009 Graduate Student Representative, Department of Kinesiology, McGill University
- 2004-2007 Freshman Orientation Week Leader, Mount Saint Vincent University (MSVU)
- 2003-2007 Department of Psychology, Student Club, MSVU
- 2003-2007 Volunteer Teaching Assistant/Tutor, Department of Psychology, MSVU
- 2007 Peer Mentor, Department of Psychology, MSVU

### SERVICE TO THE PROFESSION

#### Committee Memberships

- 2023-**present** Member, CMPC Certification Council, Association for Applied Sport Psychology
- 2023-**present** Grant Reviewer – Subject Matter Expert, National Athletic Training Association
- 2022-**present** Member, Graduate Program Accreditation Council, Association for Applied Sport Psychology
- 2015-**present** Conference Session Chair, Association for Applied Sport Psychology Annual Meeting
- 2014-**present** Conference Submission Reviewer, Association for Applied Sport Psychology Annual Meeting
- 2014-**present** Guest Lecturer – See “Invited Presentations and Workshops”
- 2014-**present** Teaching Sport and Exercise Psychology Special Interest Group, Association for Applied Sport Psychology
- 2014-**present** Performance Consulting in Collegiate Sport Special Interest Group, Association for Applied Sport Psychology
- 2012-**present** Psychology of Injury Special Interest Group, Association for Applied Sport Psychology
- 2018-**present** Subject Matter Expert, Association for Applied Sport Psychology Certification Council
- 2014-2018 Section Editor for Psychology of Injury Special Interest Group
- 2018 Continuing Education Workshop Leader, Kentucky Psychological Association

2010-2014 Across Land and Sea (ALAS), Association for Applied Sport Psycholog

### Conference Leadership

- 2018 Faculty Advisor, Midwest Sport and Exercise Psychology Symposium (MSEPS), Lexington, KY  
2009 Planning Committee President, Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS), Montreal, Qu, Canada

### Ad Hoc Journal Reviewer

- 2016-present Research Quarterly for Exercise and Sport  
2015-present Journal of Sport and Health Sciences  
2014-present International Journal of Sport Psychology

### SERVICE TO THE COMMUNITY

- 2019-2020 Faculty Advisor – National Auto Sports Association Psyching Team, Indianapolis, IN  
2018-2020 Faculty Advisor, Run the Bluegrass Psyching Team, Lexington, KY  
2015-2018 Coaching Education, Kentucky High School Athletics Association  
2004-2017 Workshop Leader - One-to-One Elite Goaltending Mentorship Program

## PROFESSIONAL MEMBERSHIP

- 2009-present Association for Applied Sport Psychology (AASP)  
2011-present American Counseling Association (ACA)  
2012-present American Psychological Association (APA) – Division 47, Exercise and Sport Psychology  
2008-2015 Canadian Sport Psychology Association (CSPA)

## IN THE MEDIA

- 2023 Sport Psychology Professor on Player Mentality in Stanley Cup, NBA Playoff Upsets. *UKNOW: University of Kentucky News*. Retrieved from: [https://uknow.uky.edu/campus-news/sport-psychology-professor-player-mentality-stanley-cup-nba-playoff-upsets?j=611685&sfmc\\_sub=251377153&l=21\\_HTML&u=22436033&mid=10966798&jb=2004](https://uknow.uky.edu/campus-news/sport-psychology-professor-player-mentality-stanley-cup-nba-playoff-upsets?j=611685&sfmc_sub=251377153&l=21_HTML&u=22436033&mid=10966798&jb=2004)
- 2023 The Psychology of the Underdog and Upsets – A Discussion with Marc Cormier of the University of Kentucky. *A Little More Conversation with Ben O'Hara-Byrne. A Global News Radio Program*. Retrieved from: <https://podcasts.apple.com/us/podcast/a-little-more-conversation-with-ben-ohara-byrne/id1604604064?i=1000611404014>
- 2023 Q&A with UK Sport Psychologist Marc Cormier: How Student-Athletes Handle High-Pressure Situations. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/professional-news/qa-uk-sport-psychologist-marc-cormier-how-student-athletes-handle-high-pressure>

- 2023 UK Sport Psychologist Talks About the Mental Impact of Fans, of Witnessing Damar Hamlin Injury. *Northern Kentucky Tribune*, Retrieved from: <https://www.nkytribune.com/2023/01/uk-sports-psychologist-talks-about-the-mental-impact-on-fans-athletes-of-witnessing-damar-hamlin-injury/>
- 2023 UK Sport Psychologist Discusses Mental Health Impact of Damar Hamlin Incident. *LEX18*. Retrieved from: <https://www.lex18.com/news/covering-the-nation/uk-sports-psychologist-discusses-mental-health-impact-of-damar-hamlin-incident>
- 2023 Focus on NFL Players' Mental Health Following Damar Hamlin Hospitalization. *ABC Denver 7*. Retrieved from: <https://www.denver7.com/news/national/focus-on-nfl-players-mental-health-following-damar-hamlins-hospitalization>
- 2023 After a Week in Which Football Really Was About Life and Death, Is It time to Cheer Again? *Buffalo News*, Retrieved from: [https://buffalonews.com/news/local/after-a-week-in-which-football-really-was-about-life-and-death-is-it-time/article\\_a8bae2fc-8e49-11ed-8b35-9305ba2e354f.html](https://buffalonews.com/news/local/after-a-week-in-which-football-really-was-about-life-and-death-is-it-time/article_a8bae2fc-8e49-11ed-8b35-9305ba2e354f.html)
- 2023 Health Experts Stress the Importance of CPR in Wake of Damar Hamlin Collapse. *WKYT*. Retrieved from: <https://www.wkyt.com/2023/01/03/health-experts-stress-importance-cpr-wake-damar-hamlin-collapse/>
- 2023 Sports Talk with Dr. Marc Cormier. *700WLW Cincinnati*. Retrieved from: <https://www.iheart.com/live/700wlw-1713/>
- 2023 UK Sport Psychologist Discusses Mental Health Impact of Damar Hamlin Incident. *Yahoo! Entertainment*, Retrieved from: <https://www.yahoo.com/entertainment/uk-sports-psychologist-discusses-mental-201455565.html>
- 2022 Q&A With UK Sport Psychologist Marc Cormier: What it Takes to “Win it All”. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/campus-news/qa-uk-sport-psychologist-marc-cormier-what-it-takes-win-it-all>
- 2022 Sport Psychology Professor Receives National Teaching Excellence Award. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/professional-news/sport-psychology-professor-receives-national-teaching-excellence-award>
- 2021 Sport and Exercise Psychology's Cormier Wins UK Outstanding Teaching Award. *UKNOW: University of Kentucky News*. Retrieved from: <https://education.uky.edu/sport-and-exercise-psychologys-cormier-wins-uk-outstanding-teaching-award/>
- 2021 Sport Psychology's Cormier Named Top Early Career Practitioner. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/professional-news/sport-psychology-s-cormier-named-top-early-career-practitioner>



- 2020 Episode 19 – Performance Psychology with Marc Cormier, Alycia Carrillo, and Ken Knox. *One 2 Kentucky Blue Podcast*. Retrieved from: <https://podcasts.apple.com/us/podcast/episode-19-performance-psychology-marc-cormier-alycia/id1501548935?i=1000478472186>
- 2020 Episode 16 – Marc Cormier. *One 2 Kentucky Blue Podcast*. Retrieved from: <https://soundcloud.com/user-416736699/episode-16-marc-cormier>
- 2019 Q&A With Sport Psychologist Marc Cormier: What it Takes To “Win it All”. *UKNOW: University of Kentucky News*. Retrieved from: <https://uknow.uky.edu/campus-news/qa-uk-sports-psychologist-marc-cormier-what-it-takes-win-it-all>
- 2016 Mind Games. Psychological Training Aids Jockeys. *Blood Horse* (Print – Issue No. 41, October 8, 2016)

