**UK Counseling Psychology Program Telesupervision Formal Policy (Revised 3/7/22)**

(Adapted with permission from University of Northern Colorado’s Policy)

**Short-Term Change in Response to Coronavirus**

**Coronavirus (COVID-19) response.** Short-term program changes have been designed to address the current COVID-19 pandemic. In response, our program has temporarily approved students to engage in learning experiences that utilize telesupervision, telepractice/telehealth, and distance education delivery. This temporary approval is in response to university, local, state, and/or federal guidance to minimize exposure and transmission of COVID-19 and will no longer be permitted once the restrictions from the pandemic have been lifted.

During the COVID-19 pandemic, the following apply to all clinical practicum activities. Telesupervion, telepractice/telehealth, and distance education delivery is permitted in accordance with following generally accepted best practices; university policy and procedures; local, state and federal laws; APA Ethical Principles and Code of Conduct, 2002, 2010, 2017; and organizational policies and procedures. Not complying will any of the aforementioned areas may result in failure of the course and/or dismissal from the program.

Please inform the practicum instructor if your practicum site changes the modality of services (e.g., in-person to telehealth).

Below in *italics and highlighted* are the telesupervision guidelines and expectations for practica in doctoral programs as outlined by APA (SoA, 2017; Standard II.B.3; IR C-13 D.). In regular font below the italics are the guidelines of our program and *formal policy*addressing our utilization of this supervision modality, including but not limited to:

* *An explicit rationale for using telesupervision;*
* Telesupervision is utilized when in-person contact is restricted and/or not available for regular on-going opportunities based on the circumstances (e.g., COVID-19 pandemic) to ensure appropriate training/learning experiences that are needed to provide clinical services.
* *How telesupervision is consistent with their overall aims and training outcomes;*
  + Provides opportunities related to training, monitoring, and evaluating clinical services provided by the trainee to develop expected profession wide competencies as a future counseling psychologist.
* *How and when telesupervision is utilized in clinical training;*
* Telesupervision is utilized when in-person contact is restricted or not available for regular on-going opportunities based on the circumstances (e.g., COVID-19 pandemic). The digital platforms used (e.g., Zoom) are HIPPA compliant and supported by the university information technology office.
* *How it is determined which trainees can participate in telesupervision;*
  + Trainees must meet the minimal level of achievement for each course and the prerequisites for each respective course that may employ telesupervision. All courses utilizing telesupervision must follow: generally accepted best practices; university policy and procedures; local, state and federal laws; APA Ethical Principles and Code of Conduct, 2002, 2010, 2017; and organizational policies and procedures.
* *How the program ensures that relationships between supervisors and trainees are established at the onset of the supervisory experience;*
  + Training site agreements are established at the onset of the training experience. These agreements include signatures by the supervisor and trainee.
* *How an off-site supervisor maintains full professional responsibility for clinical cases;*
  + Affiliation and site agreements are established with each training site to ensure off-site supervisor maintains professional responsibility for clinical services.
* *How non-scheduled consultation and crisis coverage are managed;*
  + Agreements are established with each site and supervisor to ensure proper clinical services. Agency supervisors and students agree to abide by Professional/Ethical/Legal standards set forth by APA and the Kentucky regulations pertinent to Psychology, and all are compliant with HIPAA standards.
* *How privacy and confidentiality of the client and trainees are assured;*
  + Only HIPPA compliant approved digital platforms are used. Supervisors and students agree to abide by Professional/Ethical/Legal standards set forth by APA and the Kentucky regulations pertinent to Psychology, and must comply with HIPAA standards, as well as university policies.
* *The technology and quality requirements and any education in the use of this technology that is required by either trainee or supervisor.*
  + Trainee and supervisor must agree to abide by Professional/Ethical/Legal standards set forth by APA and the Kentucky regulations pertinent to Psychology, and must comply with HIPAA standards. All university policies and procedures must be followed. Trainee and supervisor must follow best practice guidelines in utilizing technology related to providing clinical services. For example:
    - American Psychological Association (2013). Guidelines for the practice of telepsychology. *American Psychologist, 68,*791–800. doi: 10.1037/a0035001.
    - Cooper, S. E., Campbell, L. F., & Barnwell, S. S. (2019). Telepsychology: A primer for counseling psychologists. *The Counseling Psychologist*, *47*(8), 1074-1114.
    - Martin, J. N., Millán, F., & Campbell, L. F. (2020). Telepsychology practice: Primer and first steps. *Practice Innovations, 5(2),*114-127. [http://dx.doi.org/10.1037/pri0000111](https://nam04.safelinks.protection.outlook.com/?url=http%3A%2F%2Fdx.doi.org%2F10.1037%2Fpri0000111&data=04%7C01%7Cjoe.hammer%40uky.edu%7C1fafe14fbbcc4770d33608d9f30e5b0d%7C2b30530b69b64457b818481cb53d42ae%7C0%7C0%7C637808065260331623%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=fQXHMYszdAzPKOWK93GPnUCK0tIWhyasBJYqYKinpYM%3D&reserved=0)

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