

**Justin K. Nichols, Ed.D**

Justin.k.nichols@gmail.com

**CURRICULUM VITA**

**EDUCATION**

*M.S.* Eastern Kentucky University--Richmond, KY  
Physical Education (Concentration area: Sport Administration),  
2018

*Ed.D.* University of Kentucky--Lexington, KY  
Kinesiology & Health Promotion (Concentration area: Sport  
Leadership), 2012

Dissertation: A critical analysis of Football Bowl Subdivision  
coaching contract components.

*M.S.* University of Kentucky--Lexington, KY  
Kinesiology & Health Promotion (Concentration area: Health  
Promotion), 2008

Thesis: Relationship between neighborhood environment and  
physical activity.

*B.A.* Berea College--Berea, KY  
Physical Education (Concentration area: Wellness & Health  
Promotion), 2003

**PROFESSIONAL EXPERIENCE**

2020-Current **University of Kentucky--Lexington, KY**  
Assistant Professor  
Department of Kinesiology & Health Promotion

2013-2020 **University of Kentucky--Lexington, KY**  
Lecturer  
Department of Kinesiology & Health Promotion

2005–2013 **University of Kentucky--Lexington, KY**  
Graduate Assistant/Part-time Instructor  
Department of Kinesiology & Health Promotion

2004-2005	<b>Telford YMCA and Community Center--Richmond, KY</b> Fitness Director Fitness Department
2003-2004	<b>YMCA of the Ozarks--Potosi, MO</b> Assistant Program Director Programming Department
2001-2003	<b>Berea College--Berea, KY</b> Seabury Center Supervisor Seabury Center Weight Room

### **CERTIFICATIONS**

American Red Cross First Aid  
 American Red Cross CPR/AED  
 CITI Human Subjects Protection Education Program  
 CITI Responsible Conduct of Research  
 National Federation of State High School Associations Certification  
 Quality Matters ®: Applying the QM Rubric  
 Quality Matters ®: Higher Education Peer Reviewer

### **TEACHING**

#### **University of Kentucky**

- Independent Study (KHP 695 KHP 695DL)
- Sport Manager Lab (KHP 686 & KHP 686DL)
- Supervision of Sport & Fitness Personnel (KHP 685)
- Leadership, Theory, and Practice in Sport and Fitness organizations (KHP 683)
- Contemporary Sport Leaders (KHP 682)
- Research Techniques Applied to Kinesiology & Health Promotion (KHP 644)
- Management of Sport (KHP 573/473 & KHP 473DL)
- Tests & Measurements in Physical Education & Exercise Science (KHP 445)
- Individual Sports: Tennis, Badminton, and Golf (KHP 260)
- Outdoor Education Through Activities (KHP 162)
- Intermediate Tennis (KHP 133)
- Intermediate Weight Training (KHP 121)
- Beginning Weight Training (KHP 120)
- Racquetball (KHP 114)
- Competitive Basketball (KHP 100)

#### **Berea College**

- Motor Development Across Lifespan (PED 315)

## **Advising**

### Academic Advising

Josephine Angeny, Spring 2022, Formalized Option in Sport Leadership  
Nick Gutmann, Spring 2022, Formalized Option in Sport Leadership  
Thomas Beisner, Spring 2022, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Tashaw Manning, Spring 2022, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Brock Doud, Fall 2021, Formalized Option in Sport Leadership  
Timothy Blount, Fall 2021, Formalized Option in Sport Leadership  
Lucca Francechini, Fall 2021, Formalized Option in Sport Leadership  
Lauren Fulks, Fall 2021, Formalized Option in Sport Leadership  
Kevin Gallagher, Fall 2021, Formalized Option in Sport Leadership  
Angela Hempsted, Fall 2021, Formalized Option in Sport Leadership  
Courtney Love, Fall 2021, Formalized Option in Sport Leadership  
Casey Overfield, Fall 2021, Formalized Option in Sport Leadership  
Christin Sherrard, Fall 2021, Formalized Option in Sport Leadership  
Liya Yang, Fall 2021, Formalized Option in Sport Leadership  
Cameron Wheeler, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Oraj Anu, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Luke Andrews, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Tyler Bosma, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Jenna Gearing, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Sean Harney, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Adam Fogel, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Alford Harris, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Daniel Harris, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Matt Peare, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Ahmad Wagner, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Bradley Calipari, Fall 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Kameron Roach, Spring 2021, Formalized Option in Sport Leadership  
Jack Hoehl, Spring 2021, Formalized Option in Sport Leadership  
Michael Thomas, Spring 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Brennan Fields, Spring 2021, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Zachary Kammin, Fall 2020, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Jaren Shelby, Fall 2020, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Isaiah “Zeke” Lewis, Fall 2020, Graduate Certificate in Sport, Fitness, and Rec. MGT  
Michael Porter, Fall 2020, Graduate Certificate in Sport, Fitness, and Rec. MGT

### Doctoral Committee Member (Dissertation)

Sy Bridenbaugh, External Reviewer, Spring 2021 (Educational Policy Studies & Evaluation)-  
*complete*  
Rasheed Flowers, Member, Fall 2020 (Educational Policy Studies & Evaluation)-*in progress*

### Master’s Committee Member (Non-Thesis Track)

Ryan Benjamin, Fall 2021 (Sport Leadership)

Emery Mitchem, Fall 2021 (Sport Leadership)  
Zach Johnson, Fall 2021 (Sport Leadership)  
Bryan Berezowitz, Fall 2021 (Sport Leadership)  
Brayden Berezowitz, Fall 2021 (Sport Leadership)  
Clevan Thomas, Fall 2021 (Sport Leadership)  
Bradley Tucker, Fall 2021 (Sport Leadership)  
Jackson Tipton, Spring 2021 (Sport Leadership)  
Jack Hoehl, Spring 2021 (Sport Leadership)  
Ken Knox, Spring 2021 (Exercise & Sport Psychology)  
Kelsee Henson, Spring 2021 (Sport Leadership)  
Sarah Rainwater, Spring 2021 (Sport Leadership)  
Alexus Mattingly, Spring 2021 (Sport Leadership)  
Janae Carroll, Spring 2021 (Sport Leadership)  
Alexandra Sanchez, Spring 2021 (Sport Leadership)  
Brooke Bridges, Spring 2021 (Sport Leadership)  
Nathan Matthews, Spring 2021 (Sport Leadership)  
Brian Moriarty, Spring 2021 (Sport Leadership)  
Michael Frauenheim, Spring 2021 (Sport Leadership)  
Tyler Jones, Spring 2021 (Sport Leadership)  
Maxwell Smith, Fall 2020 (Sport Leadership)  
Trent Foley, Fall 2020 (Sport Leadership)  
Drake Jackson, Fall 2020 (Sport Leadership)  
Sawyer Smith, Fall 2020 (Sport Leadership)  
Kaite Conway, Spring 2020 (Exercise & Sport Psychology)  
Grant Lanning, Spring 2020 (Exercise & Sport Psychology)  
Christian “Luke” Bettencourt, Spring 2020 (Sport Leadership)  
Troy Squires, Spring 2020 (Sport Leadership)  
Brittany Cervantes, Spring 2020 (Sport Leadership)  
Charles “Sully” Turner, Spring 2020 (Sport Leadership)  
Tori Lomanka, Spring 2020 (Sport Leadership)  
James Clark, Spring 2020 (Sport Leadership)  
Mason Wolfe, Spring 2020 (Sport Leadership)  
Taylor Stapleton, Spring 2020 (Sport Leadership)  
Mason McGehee, Fall 2019 (Sport Leadership)  
Juwan Bronaugh, Fall 2019 (Sport Leadership)  
Evan McKissick, Fall 2019 (Sport Leadership)  
Connor Zimmer, Fall 2019 (Sport Leadership)  
Rakayla Iwais, Spring 2019 (Sport Leadership)  
Austin Kidd, Spring 2019 (Sport Leadership)  
Bridgette Alexander, Spring 2019 (Sport Leadership)  
Tyler Davidson, Spring 2019 (Sport Leadership)  
Lucas Stuart, Spring 2019 (Sport Leadership)  
Austin Hertzler, Spring 2019 (Sport Leadership)  
John “Keirce” Kimbel, Spring 2019 (Sport Leadership)  
Jian Cai, Spring 2019 (Sport Leadership)  
Joelle Amaral, Spring 2019 (Sport Leadership)

Kaiwen Yu, Spring 2019 (Sport Leadership)  
Rasheed Flowers, Spring 2019 (Sport Leadership)  
Lauren Taylor, Spring 2019 (Sport Leadership)  
Zach Campbell, Fall 2018 (Sport Leadership)  
Amy Roemmele, Spring 2018 (Exercise Science)  
Xavier Humphreys, Spring 2018 (Sport Leadership)  
Martin Frantsvog, Spring 2018 (Sport Leadership)  
Lindsey Oettle, Spring 2018 (Sport Leadership)  
Jon Hill, Spring 2018 (Sport Leadership)  
Jeffrey Poole, Spring 2018 (Sport Leadership)  
Mike Missen, Spring 2018 (Sport Leadership)  
Trent Martin, Spring 2018 (Sport Leadership)  
Kyle Burton, Spring 2018 (Sport Leadership)  
Connor Bowen, Spring 2018 (Sport Leadership)  
Ian Kalinowski, Fall 2017 (Sport Leadership)  
Dominique Dunn, Spring 2017 (Sport Leadership)  
Andrew Ortelli, Spring 2017 (Sport Leadership)  
Bradley Wheeler, Spring 2017 (Sport Leadership)  
Chelsea Brown, Spring 2017 (Sport Leadership)  
Chase Heuke, Spring 2017 (Sport Leadership)  
Kiah Seymour, Spring 2017 (Sport Leadership)  
Wayne Martin, Spring 2017 (Sport Leadership)  
Katie Kissel, Spring 2017 (Sport Leadership)  
Kristen Sanford, Spring 2017 (Sport Leadership)  
Ryan Fitzgerald, Spring 2017 (Sport Leadership)  
Devin Kochergen, Spring 2017 (Sport Leadership)  
Lindsey Greenberg, Spring 2017 (Sport Leadership)  
Tim Michl, Spring 2017 (Sport Leadership)  
Michael Thomas, Spring 2017 (Sport Leadership)  
Griffin Joiner, Spring 2017 (Sport Leadership)  
Jackie Clark, Spring 2017 (Sport Leadership)  
Krysta Bradford, Spring 2017 (Sport Leadership)  
Zach West, Spring 2017 (Sport Leadership)  
Joshua Davis, Fall 2016 (Sport Leadership)  
Brittany Mullins, Fall 2016 (Sport Leadership)  
Tate Cox, Fall 2016 (Sport Leadership)  
Taylor Ballinger, Fall 2016 (Sport Leadership)  
Lee Earlywine, Spring 2016 (Sport Leadership)  
Kortez Wilson, Spring 2016 (Sport Leadership)  
Jacob Noger, Spring 2016 (Sport Leadership)  
Steven McFarland, Spring 2016 (Sport Leadership)  
Sidney Marcum, Spring 2016 (Sport Leadership)  
Amy Elkus, Spring 2016 (Sport Leadership)  
Kenneth Poole, Spring 2016 (Sport Leadership)  
Lance Reed, Spring 2016 (Sport Leadership)  
Luke Persall, Spring 2016 (Sport Leadership)

Eric Bruck, Spring 2016 (Sport Leadership)  
Max Drisko, Fall 2015 (Sport Leadership)  
Sara Jackson, Spring 2015 (Sport Leadership)  
Will Barton, Spring 2015 (Sport Leadership)  
Max Godby, Spring 2015 (Sport Leadership)  
Alan Elliott, Spring 2015 (Sport Leadership)  
Matt Emery, Summer 2014 (Sport Leadership)  
Brian Feeley, Summer 2014 (Sport Leadership)  
Brittany Boyer, Spring 2014 (Sport Leadership)  
Jared Lewellen, Spring 2014 (Sport Leadership)  
Brice Littlepage, Spring 2014 (Sport Leadership)  
Steven Montalvo, Spring 2014 (Sport Leadership)  
Tyler Sargent, Spring 2014 (Sport Leadership)  
Joshua Shipp, Spring 2014 (Sport Leadership)  
Jennifer Svoboda, Spring 2014 (Sport Leadership)  
Chelsee Jarrell, Spring 2014 (Sport Leadership)  
Ashley Crider, Spring 2013 (Sport Leadership)  
Joshua Harbolt, Spring 2013 (Sport Leadership)  
Byron Hensley, Spring 2013 (Sport Leadership)  
Thomas Strause, Spring 2013 (Sport Leadership)  
Patrick Dove, Fall 2013 (Sport Leadership)  
Jared Foglesong, Fall 2013 (Sport Leadership)  
Nate Hibbits, Fall 2013 (Sport Leadership)  
Spencer Bridges, Fall 2012 (Sport Leadership)  
Gary “Clark” Robinson, Fall 2012 (Sport Leadership)

## **Course Development**

### University of Kentucky

- KHP 118: Walk/Jog (distance learning format)
- KHP 320: Risk Management & Legal Issues in Sport (new course)
- KHP 321: Sales, Sponsorship, & Fundraising in Sport (new course)
- KHP 322: Sport Facility & Event Management (new course)
- KHP 473: Management of Sport (major course change + distance learning format)
- KHP 474: Global Sport (new course)
- KHP 475: Sport Leadership & Ethics (new course)
- KHP 476: Research in Sport Management (new course)
- KHP 682: Contemporary Sport Leaders (major course change)
- KHP 683: Leadership, Theory, & Practice in Sport and Fitness Organizations (major course change)
- KHP 684: Diversity in Sport & Fitness Organizations (major course change)
- KHP 686: Sport Manager’s Lab (distance learning format)
- KHP 687: Practicum in Sport Management (distance learning format)
- KHP 688: Event Management in Sport (major course change)
- KHP 695: Independent Study in Kinesiology & Health Promotion (distance learning format)

## **Program Development**

- University of Kentucky College of Education: Department of Kinesiology & Health Promotion's Undergraduate Certificate in Esport Performance and Management (College Level Approval Stage: *approved*)
- University of Kentucky College of Education: Department of Kinesiology & Health Promotion's Undergraduate Track in Sport Industries (First Level Approval Stage: *pending*)
- University of Kentucky College of Education: Department of Kinesiology & Health Promotion's Graduate Certificate in Sport, Fitness, and Recreation Management (August 2019).
- University of Kentucky College of Education: Department of Kinesiology & Health Promotion's formalized option in Sport Leadership (November 2016).

## **SCHOLARSHIP**

### **Peer-Reviewed Professional Presentations (Presented)**

#### **Regional**

**Nichols, J. K.** (2012). A critical analysis of Football Bowl Subdivision coaching contract components. Submitted as a paper presentation for the Midwestern Educational Research Association (MWERA), Evanston, IL, November 2012.

**Nichols, J. K.** (2011). Using a framework of best practices to examine Football Bowl Subdivision coaching contract components. Paper presentation for the 2011 conference of the Mid-West Education Research Association (MWERA), St. Louis, MO October 2011.

**Nichols, J. K.,** Bradley, K. (2009). Using an evaluation framework to examine the NCAA men's basketball and football National Championship systems. Paper presentation for the 2009 conference of the Mid-West Educational Research Association (MWERA), St. Louis, MO October 2009.

**Nichols, J. K.,** Miller, K. H. (2008). Relationship between neighborhood environment and physical activity. Oral presentation for the Kentucky Association for Health, Physical Education, Recreation and Dance (KAHPERD) Conference, Louisville, KY.

**Nichols, J. K.,** Miller, K. H. (2008). Relationship between neighborhood environment and physical activity. Poster presentation for the American Alliance for Health Education (AAHE), Cincinnati, OH.

### **Peer-Reviewed Professional Presentations (Accepted)**

**Nichols, J. K.,** Beighle, A., Erwin, H. (2009). Physical activity levels of children in and out of school. Poster presentation for the Research Consortium at the 124th annual conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Tampa, FL April 2009.

### **Other Professional Presentations**

**Nichols, J.K.** (2021). Name, image, and likeness. WRFL Radio Campus Voices, Lexington, KY October 2021.

**Nichols, J.K.** (2019). How will Kentucky proceed into the future of activity? Presentation for Kentucky Association for Health, Physical Education, Recreation, and Dance (KAHPERD) Lonnie Davis Student Leadership Conference, Frankfort, KY November 2019.

**Nichols, J.K.** (2019). Sport as an agent of change. Presentation for University of Kentucky's College of Education Diversity, Equity, and Inclusiveness Symposium, Lexington, KY September 2019.

### **GRANTS**

#### **Funded (Total: \$72,000)**

**Nichols, J.K.** (2019). Let's Make a Difference: A Campus Partnerships Initiative. Seaton Room 148 Funded for 05/19 – 08/19. (University of Kentucky Facilities Management: \$15,000)

**Nichols, J.K.,** Parker, S.R. (2018). Our Path Forward & UK Online Initiative. Funded for 11/18—07/20. (University of Kentucky Online: \$50,000)

**Nichols, J.K.** (2014). eLearning Innovation Initiative. Funded for 05/14 – 04/15. (University of Kentucky Analytics & Technology and Center for the Enhancement of Learning & Teaching: \$4,000).

**Nichols, J.K.** (2014). Course Development Grant. Funded for 12/14 – 05/16. (University of Kentucky Analytics & Technology: \$3,000).

### **SERVICE**

#### **University of Kentucky**

##### University

- Undergraduate Council Committee, Member (2021)
- University of Kentucky Club Softball Faculty Representative (2021)
- University Appeals Board, Member (2017-present)



- UK Education Abroad & Exchanges Scholarship Review Committee (2020-present)
- Sexual Misconduct Appeals Board, Member (2017-2019)

#### College

- College of Education Undergraduate Recruitment, Retention, and Student Success Committee, Chair, (2020-2021)
- College of Education Undergraduate Recruitment, Retention, and Student Success Committee, Member, (2019-present)
- College of Education Graduation Marshall, (2018, 2019)
- College of Education Dean Search Committee, Member, (2018)
- College of Education Outstanding Staff Awards Committee, Chair, (2017)
- College of Education Courses & Curricula Committee, Member, (2013-2017)
- College of Education Courses & Curricula Committee, Chair, (2015-2017)
- College of Education Workgroup 3: Safety and Buildings, Member, (2014-2015)

#### Department

- Director of Graduate Certificate in Sport, Fitness, and Recreation Management, (2020-present)
- Co-coordinator of Undergraduate Certificate in Esport Performance and Management, (2020-present)
- Chair's Advisory Committee, Member, (2018-present)
- Department of Kinesiology & Health Promotion Department Chair Search Committee, Member, (2018)
- Director of Life Fitness, (2017-2021)
- Co-developer for Rank II Certification Proposal in Teacher Leadership for Physical Education, (2017-2018)
- Alumni Association Homecoming for Kinesiology & Health Promotion, Volunteer, (2014)
- Assistant Director of Program and Curriculum Development for Sport Leadership Emphasis, (2013-present)
- Recruiter for Sport Leadership emphasis, (2013-present)
- Inventory and Surplus Coordinator, (2005-2015)

#### Community

- Partners for Youth Grassroots Grant Review Chair, (2021)
- Partners for Youth Grassroots Grants Review Committee, (2015-2017, 2019-present)
- Julius Marks STEM Day Volunteer (2019-2020)
- Berea College's Forum 40404: Alumni Voices, (2019)

### **Professional Service, Regional and National Level**

### Memberships in Professional Organizations

- Delta Epsilon Iota Honor Society (DEI)
- National Federation of State High School Associations (NFHS)

### Service to Professional Organizations

- Session Chair; Administration, Organization, & Leadership Paper Session; for the 2009 Mid-West Educational Research Association (MWERA) Annual Conference, St. Louis, MO., October 2009.

### Reviewing

- Revision Reviewer; Borland, J.F., Kane, G.M., and Burton, L.J. (2015). *Sport leadership in the 21<sup>st</sup> century*. Burlington, MA: Jones & Bartlett Learning. For the 2<sup>nd</sup> edition Revision Plan November 2016.
- Presentation Reviewer for the 2016 National Youth at Risk (NYAR) Conference, Savannah, GA., March 2016

### Other Related Service & Employment

- Whitaker Bank Kentucky High School Athletic Association Boy's Sweet 16 basketball, Volunteer, (2016-2018)
- Scott County (KY) Youth Football, Volunteer (2016)
- Knox County (Knoxville, TN) Public Schools Instructional Technology summer consultant via Technology Express, (2004-2016)
- Oakdale High School (Oakdale, TN) Graduation Speaker, (2015)
- Model Laboratory High School (Richmond, KY) Assistant Athletic Director, (2011-2012)
- Model Laboratory High School (Richmond, KY) Boys Golf Coach, (2011-2012)
- Crawford Middle School (Lexington, KY) Middle School Girls' Volleyball Coach, (2009-2011)
- Lexington Horsemen Arena League Football, Volunteer, (2009)
- Berea College (Berea, KY) Men's Assistant Track & Field Coach, (2005-2006).
- Veteran's Administration Medical Center (Lexington, KY), Volunteer, (2004-2005)

### Skills

- Proficient in Microsoft Office including Word, Excel, Power Point, Publisher, and Outlook
- Proficient in Blackboard Learning Management Systems
- Proficient in Canvas Learning Management Systems
- Proficient in Zoom Web-conferencing Systems
- Proficient in University of Kentucky Curriculum System
- Proficient in University of Kentucky eCATS System

## DEVELOPMENT

### Workshops

- UK Office of Planning and Institutional Effectiveness & Center for the Enhancement of Learning and Teaching Program Development Workshop, (2018, Fall)
- UK College of Education Distance Learning Boot Camp (2017, Summer)
- UK Appeals Board Training (2017, Summer)
- UK Sexual Misconduct Appeals Board Training (2017-2018, Summer)
- Course and Program Approval at UK, CPE, and SACS (2015, Spring)
- What Does an Online Course Look Like? (2015, Spring)
- Quality Matters Introduction (2015, Spring)
- Backward Design (2015, Spring)
- Overview of Technologies for Hybrid & Online Teaching (2014, Summer)
- Designing Multimedia Assignments for Students (2014, Summer)
- Project-Based Learning (2014, Summer)
- The CATs & CoLTs of Active Learning (2014, Summer)
- Multimedia Production for Faculty (2014, Summer)
- Building Better Presentations: Assertion Evidence Practice (2014, Summer)
- Using Blogs & Wikis to Foster Collaborative Learning (2014, Summer)
- Active Learning with Google Apps (2014, Summer)
- Synchronous Online Meetings (2014, Summer)
- Teaching & Learning with Social Media (2014, Summer)
- Facilitating Effective Online Discussions (2014, Summer)
- Universal Design of Learning (2014, Summer)
- Developing Effective Learning Outcomes (2014, Summer)
- Course Activity & Assessment Planning (2014, Summer)
- Quality Matters Course Design Rubric (2014, Summer)
- Online Skills Development (2014, Summer)
- Ignite Event Preparation (2014, Fall)

## AWARDS

### University of Kentucky

- University of Kentucky Football's *Big Blue Thank You*, (2021)
- University of Kentucky Football's *Professors at Practice: Extra Yard for Teachers*, (2018)
- College of Education's *Teacher Who Made a Difference*, (2015, 2017-2020)
- Hackensmith Award for Outstanding Graduate Student, (2011-2012)