

The UK Health & Wellness Program is an employee benefit providing health and wellness programming for employees, retirees, and their spouses. Eligible individuals have access to a variety of programs including in person/phone/email consults with dietitians, fitness specialists, and health coaches, plus on-campus fitness membership, events, and more.

Job Responsibilities:

- Supervision of two MoveWell fitness facilities and participants
- Complete fitness orientations for new facility members
- Assist in the general maintenance and cleaning of the facility & its equipment
- Development of exercise programs specific to participants & their overall health goals
- Develop and implement presentations/programs/workshops promoting a culture of health to faculty/staff, retirees, and spouses
- Assist H & W staff in delivery of health promotion programming, nutrition programming, and events such as 5K, chair massage, health screenings, New Employee Orientation, and other events/programs as needed
- Attend monthly staff meetings and regularly scheduled supervisor meetings
- Provide office coverage as scheduled/needed
- Other duties as assigned

Minimum Qualifications:

- Bachelor or Master's Degree in Exercise Science, Exercise Physiology, Health Education/Promotion, or other related field is required
- Current CPR certification; AED & First Aid desired
- Certification through nationally recognized organization (ACSM, CSCS, AFFA, or ACE certification) required
- Experience and interest in the fitness/wellness field
- Strong organizational skills, attention to detail, and multitask
- Excellent interpersonal skills, customer service, ability to work independently and within a team, and strong oral and written communication skills
- Acceptance into UK Graduate School
- Appointment begins the 2nd week of August and ends the first week of May
- Required to work up to 20 hours per week
- Must maintain a GPA of 3.0

Compensation:

- Tuition waiver for graduate hours of study
- Annual Stipend
- Student Health Insurance
- Professional development and training opportunities are available and encouraged

To Apply: Email cover letter, resume and three professional references to Tammy Akin, tr.akin@uky.edu.