

4. Major Religious Holidays. Students are responsible for notifying the instructor in writing of anticipated absences due to their observance of such holidays no later than the last day for adding a class.
5. Any other circumstances which the instructor finds reasonable cause for nonattendance. (US: 4/23/90)

Students missing work due to an excused absence bear the responsibility of informing the instructor about their excused absence within one week following the period of the excused absence (except where prior notification is required), and of making up the missed work. The instructor shall give the student an opportunity to make up the work and/or exams missed due to an excused absence, and shall do so, if feasible, during the semester in which the absence occurred.  
(US: 11/10/85 and RC: 11/20/87)

If attendance is required or serves as a criterion for a grade in a course, and if a student has excused absences in excess of one-fifth of the class contact hours for that course, a student shall have the right to petition for a "W", and the faculty member may require the student to petition for a "W" or take an "I" in the course.  
(US: 2/9/87; RC: 11/20/87)

## **INFORMED CONSENT for Physical Activity Classes**

The Department of Kinesiology and Health Promotion advises you as a student in its Activity Service Program that according to the American College of Sports Medicine, there are three major categories of individuals who should undergo exercise testing under the supervision of a physician prior to participating in exercise.

A. Those who have major coronary risk factors:

1. History of high blood pressure (above 145/95)
2. Elevated total cholesterol/high density lipoprotein cholesterol ratio (above 5)
3. Cigarette smoking
4. Abnormal resting ECG - including evidence of old myocardial infarction, left ventricular hypertrophy, ischemia, conduction defects, dysrhythmias
5. Family history of coronary or other atherosclerosis disease
6. Diabetes mellitus

B. Those who have symptoms suggestive of possible coronary disease and/or at least one major coronary risk factor (see above).

C. Individuals with disease - those with known cardiac, pulmonary or metabolic disease.

If you fall into any of the categories (A, B, or C) above, you should be tested by a physician before participating in this class.

If you are uncertain if you fall into any of the categories (A, B, or C) above, you should also consult your physician before participating in this class.

If you have any questions, please consult your physician.